

Behavioral Health & When to Submit a RST Referral Developmental Services

Regional Support Team Referral

Performance Contract

The CSB shall notify the community resource consultant (CRC) and regional support team (RST) in the following circumstances to enable the RST to monitor, track, and trend community integration and challenges that require further system development:

- a.) within five calendar days of an individual being presented with any of the following residential options:
 - an intermediate care facility,
 - ii. a nursing facility,
 - iii. a training center, or a
 - group home with a licensed capacity of five beds or more;
- b.) if the CSB is having difficulty finding services within 30 calendar days after the individual's enrollment in the waiver; or
- c.) immediately when an individual is displaced from his or her residential placement for a second time.

Settlement Agreement		Actions Needed
For individuals with DD in the community who:		Contact your CRC for consultation and submit RST
1.	Are having difficulty finding services in the	referrals to the secure RST Mailbox
	community within 3 months of receiving a	(<u>rst.referrals@dbhds.virginia.gov</u>):
	slot.	 Prior to or immediately after a service has not
2.	The PST recommends and, upon his/her	been identified within 3 months of receiving a
	review, the CRC also recommends that an	waiver slot.
	individual residing in his or her own home, his	2. Within five calendar days of an individual being
	or her family's home, or a sponsored	presented with any of the following residential
	residence be placed in a congregate setting	options:
	with five or more individuals.	a. an intermediate care facility,
3.	, , ,	b. a nursing facility,
	review, the CRC also recommends an	c. a training center, or a
	individual residing in any setting be placed in	d. group home with a licensed capacity of
	a nursing home or ICF.	five beds or more.
4.	There is a pattern of an individual repeatedly	3. Immediately when family expresses any interest
	being removed from his or her current	in a setting considered to be less integrated.
	placement.	(timing of referral is key to RST making
		recommendations for more integrated options)
		4. Immediately when an individual is displaced
		from his or her residential placement for a
		second time.
		Immediately if the individual is moving before the next scheduled RST meeting. Please submit
		and identify the referral as being late for that
		,
		reason. 6. Immediately once the SC is notified that a
		person has already moved to a less integrated
		setting. Please submit and identify the referral
		as being late due to the lack of notification.
		as being late due to the lack of hotification.