



What is the Individual and Family Support Program?

In Virginia, there are currently over 11,000 people with a developmental disability who are on the state waitlist to receive Home and Community Based Medicaid Waiver Services.

In March 2013, the Department of Behavioral Health and Developmental Services (DBHDS) launched the Individual and Family Support Program (IFSP) to assist those on the state HCSB DD waiver waitlist. The IFSP's target population includes both individuals who have a developmental disability and their families. The goal is to connect them to community resources, supports, and services.

IFSP consists of two major components:

- 1) a funding program which provides direct assistance to families and individuals who are on the waitlist, and
- 2) community and state coordination with the purpose of obtaining additional family supports.

What has the IFSP accomplished?

Since March 2013, IFSP has provided \$13,101,879 in direct assistance funds to 8,942 individuals.

How does DBHDS get input from families and individuals?

DBHDS relies on the IFSP State and Regional Councils to provide guidance and feedback on the state level program activities. The Regional Council is responsible for implementing local activities that help individuals and families obtain the additional supports needed to maintain community living.

Members of both councils serve by appointment from the DBHDS Commissioner.

If you are interested in learning more about either the State or Regional Council, please visit

<http://www.dbhds.virginia.gov/individuals-and-families/developmental-disabilities/community-support-services>.

What's next for IFSP?

DBHDS, in partnership with the IFSP State and Regional Councils, is currently developing a state plan that will identify state program priorities. After the state plan is complete, each of the five DBHDS service regions will begin establishing a local plan for helping communities enhance their local support networks. Additionally, IFSP staff will conduct outreach events in communities across the state to get input from individuals and families.

To learn more about upcoming IFSP events and activities, contact:

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