



Virginia Department of  
Behavioral Health &  
Developmental Services






# Crisis Services

Division of Developmental Services

Heather Norton, Director

**DBHDS Vision: A life of possibilities for all Virginians**

# Who Does REACH Serve?

-  ...both children and adults
-  ...persons with a developmental disability, including an intellectual disability
-  ...who have a co-occurring mental health illness or behavioral disorder
-  ...who are at risk for a crisis event or are in the midst of a crisis
-  ...the support system surrounding individuals receiving services from REACH

# REACH's Mission

## To Educate

- Providers
- Family
- Health Care staff
- Schools
- Mental Health Professionals
- Law enforcement
- Members of the person's natural circle of support

## To Assess

- Crisis situations
- Mental health symptoms
- Behavioral function
- Environment
- The support system surrounding the Individual
- Medical issues impacting behavior

## To Provide Crisis Services

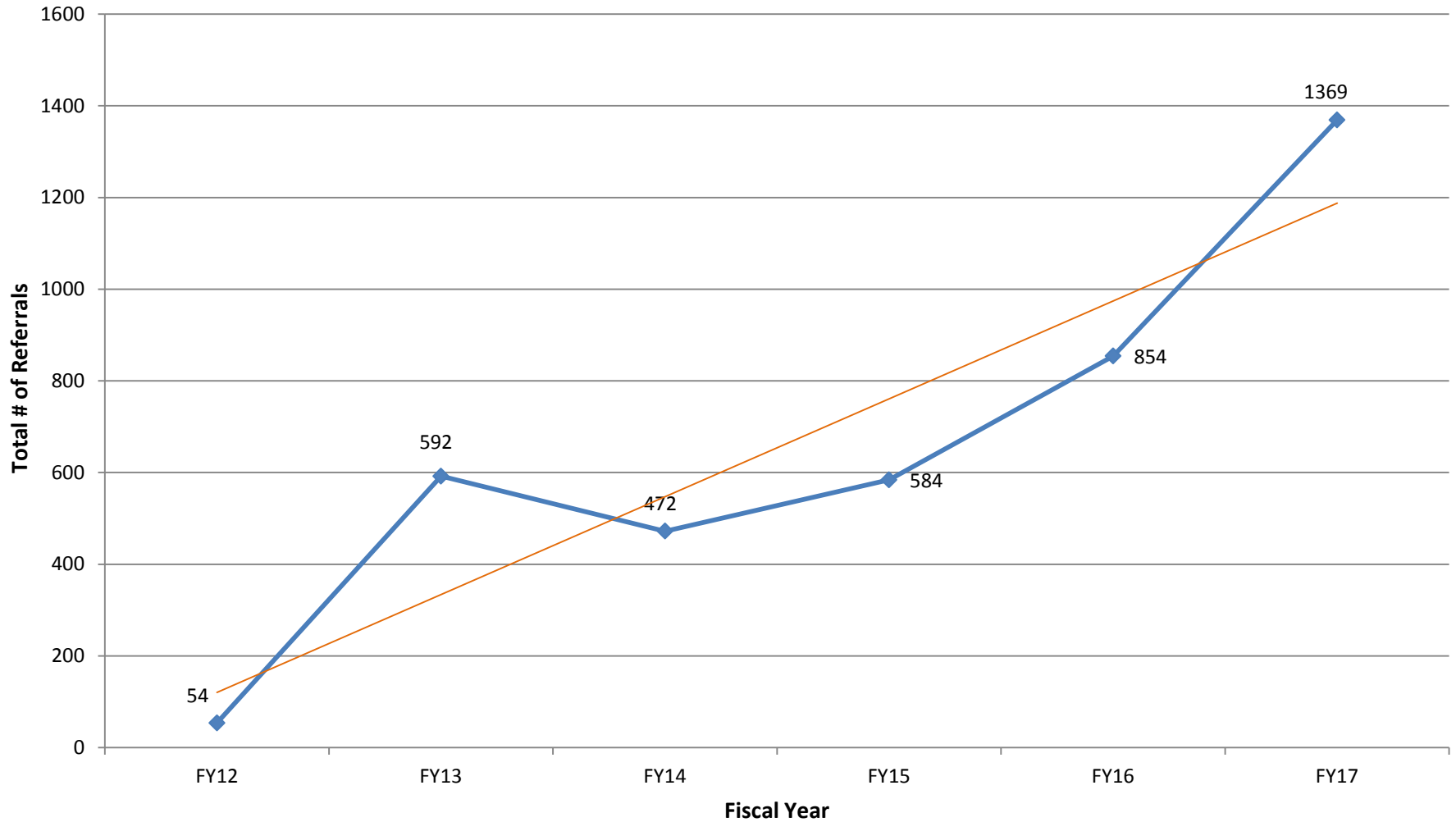
- 24/7 crisis response
- Stabilization services
- Coaching and mentoring for the person's system of support
- Making environmental changes that support the person

## To Habilitate

- Teach effective coping skills
- To develop stress tolerance skills
- To teach functional skills for increased independence
- To identify individual interests and learn to access these

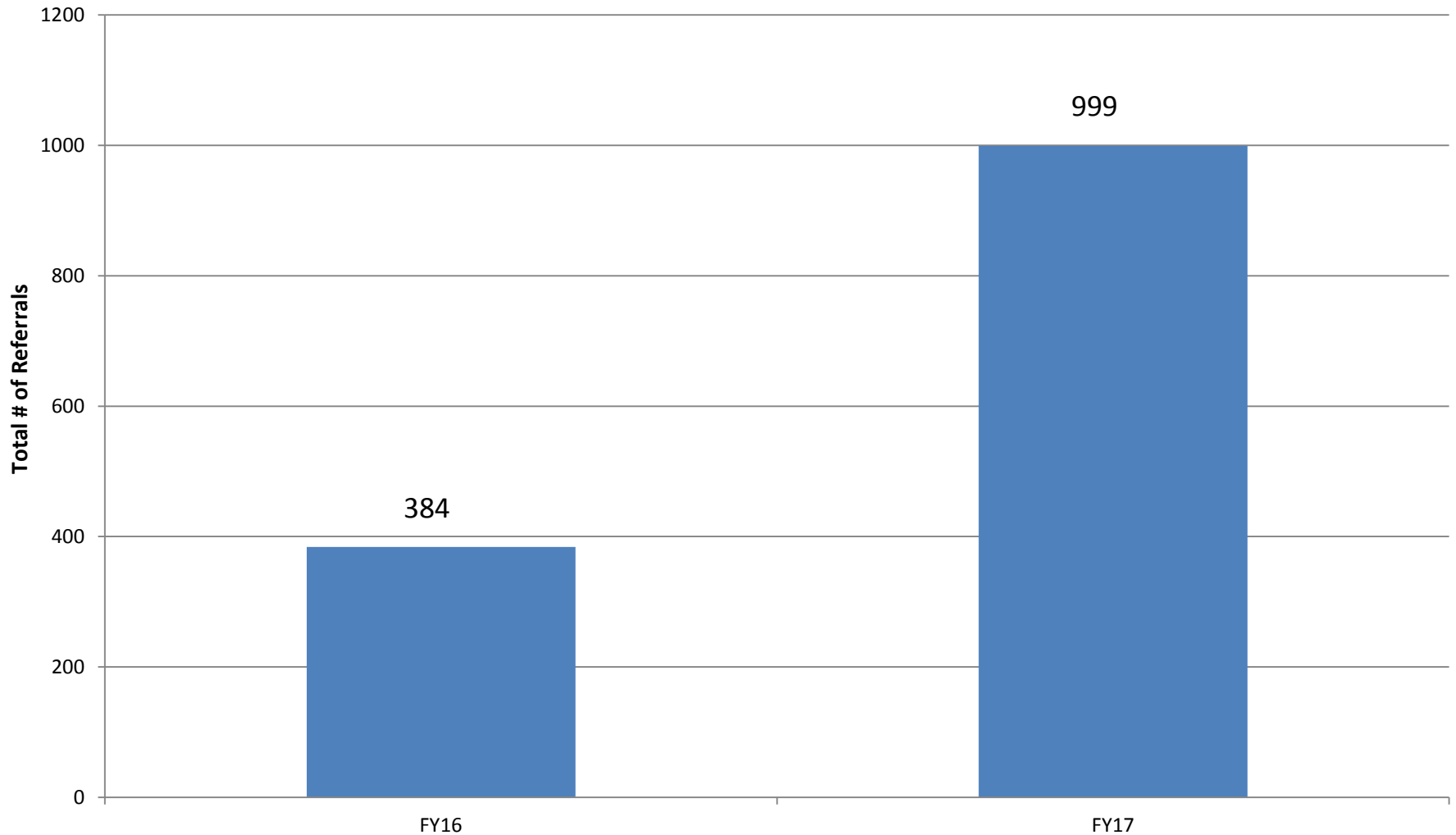
# Adult Crisis

Total Number of Referrals by Fiscal Year



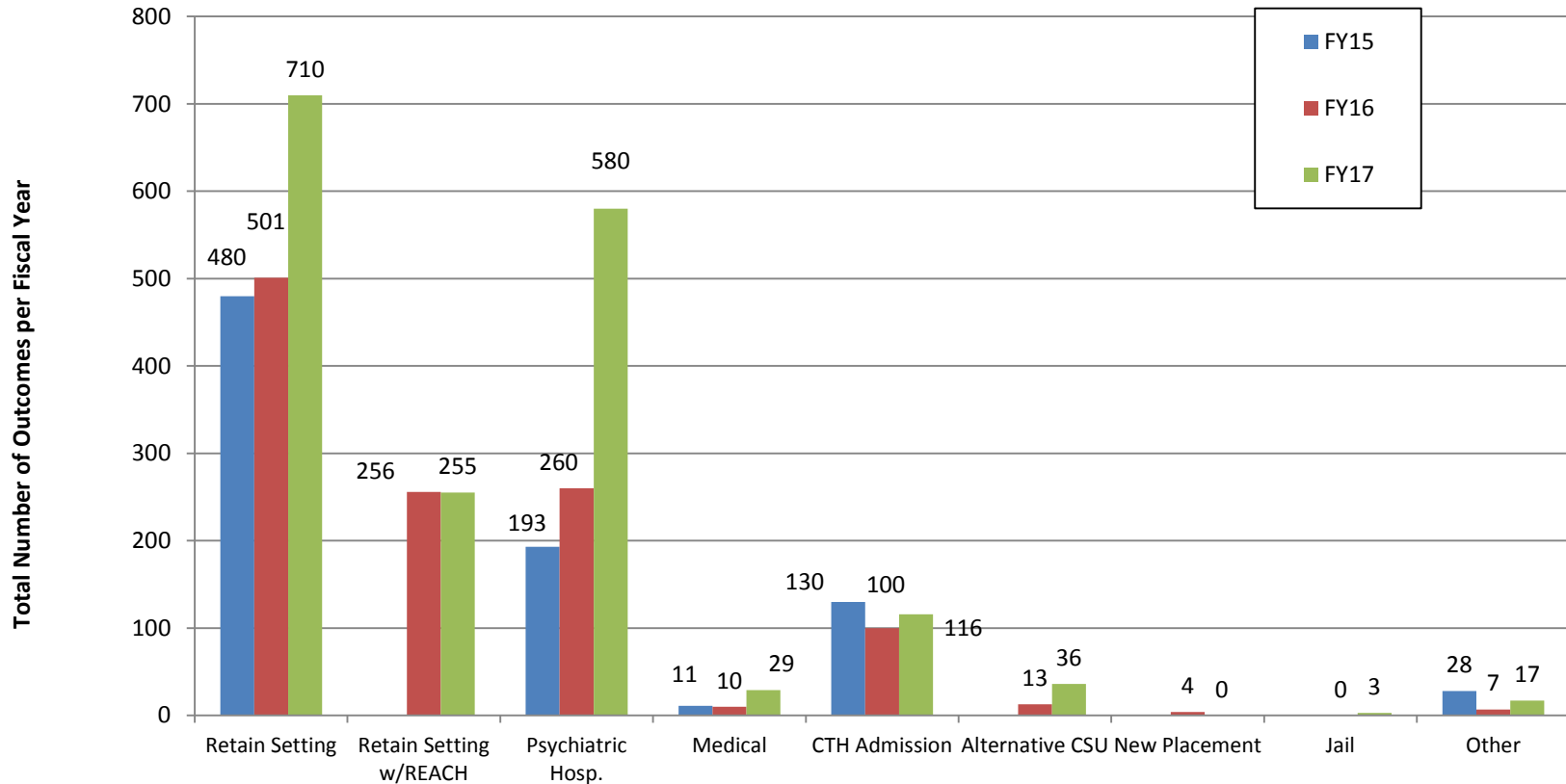
# Child Crisis

Total Number of Referrals by Fiscal Year



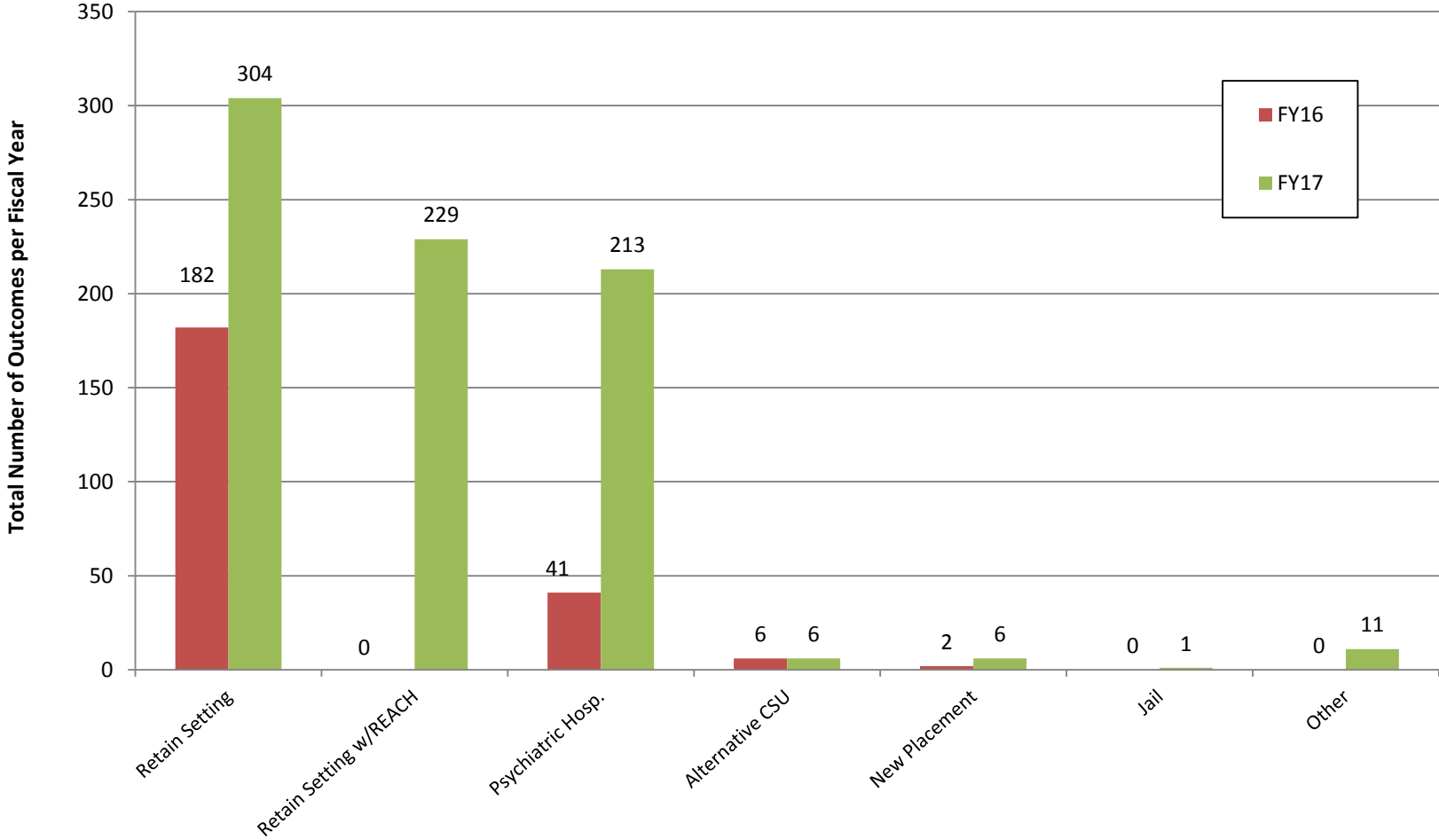
# Outcome of Crisis Assessments (Adult)

Outcome of Crisis Assessment by Fiscal Year



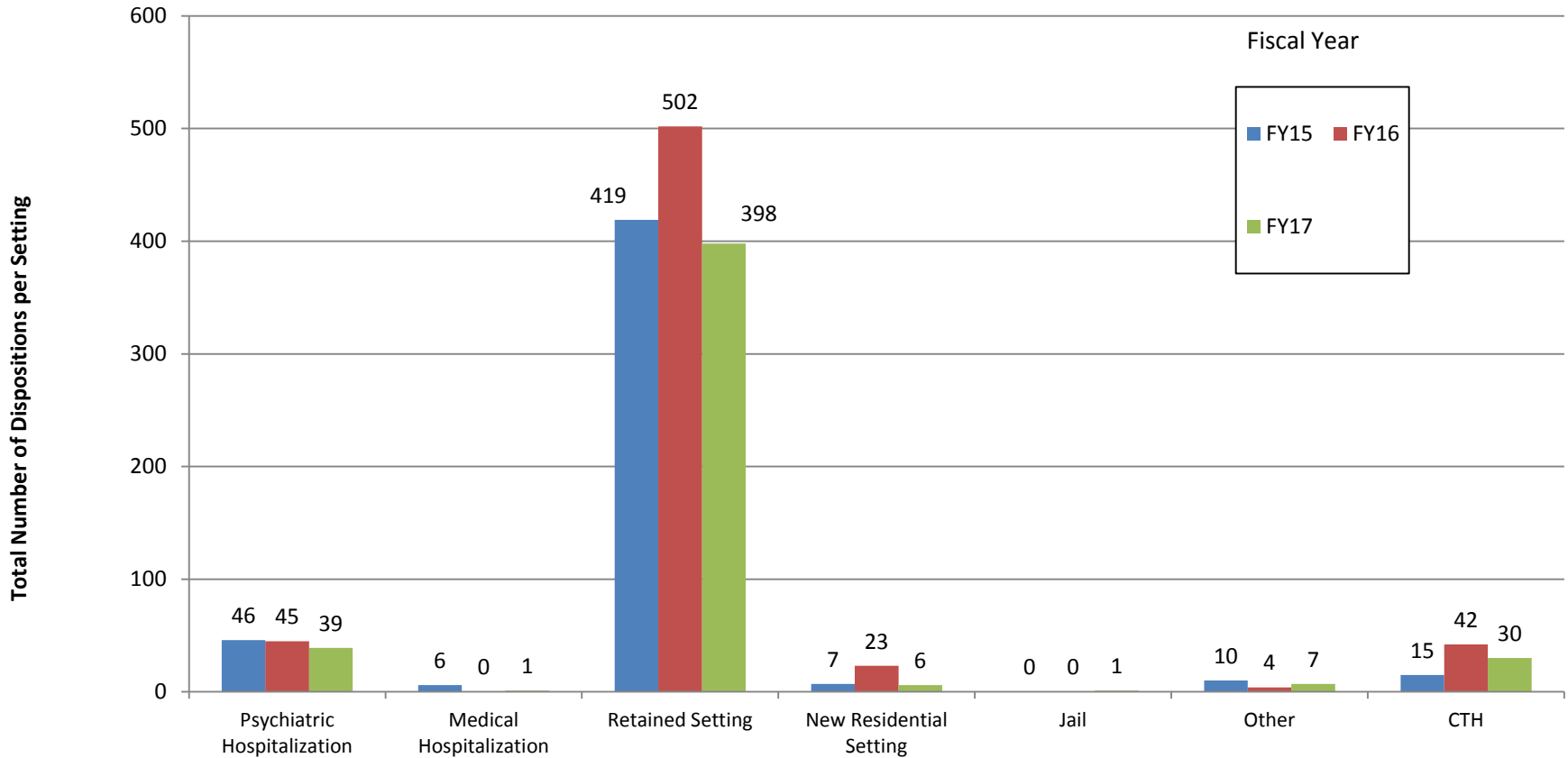
# Outcome of Crisis Assessment (Child)

## Outcome of Crisis Assessment by Fiscal Year



# Mobile Support Outcome (Adult)

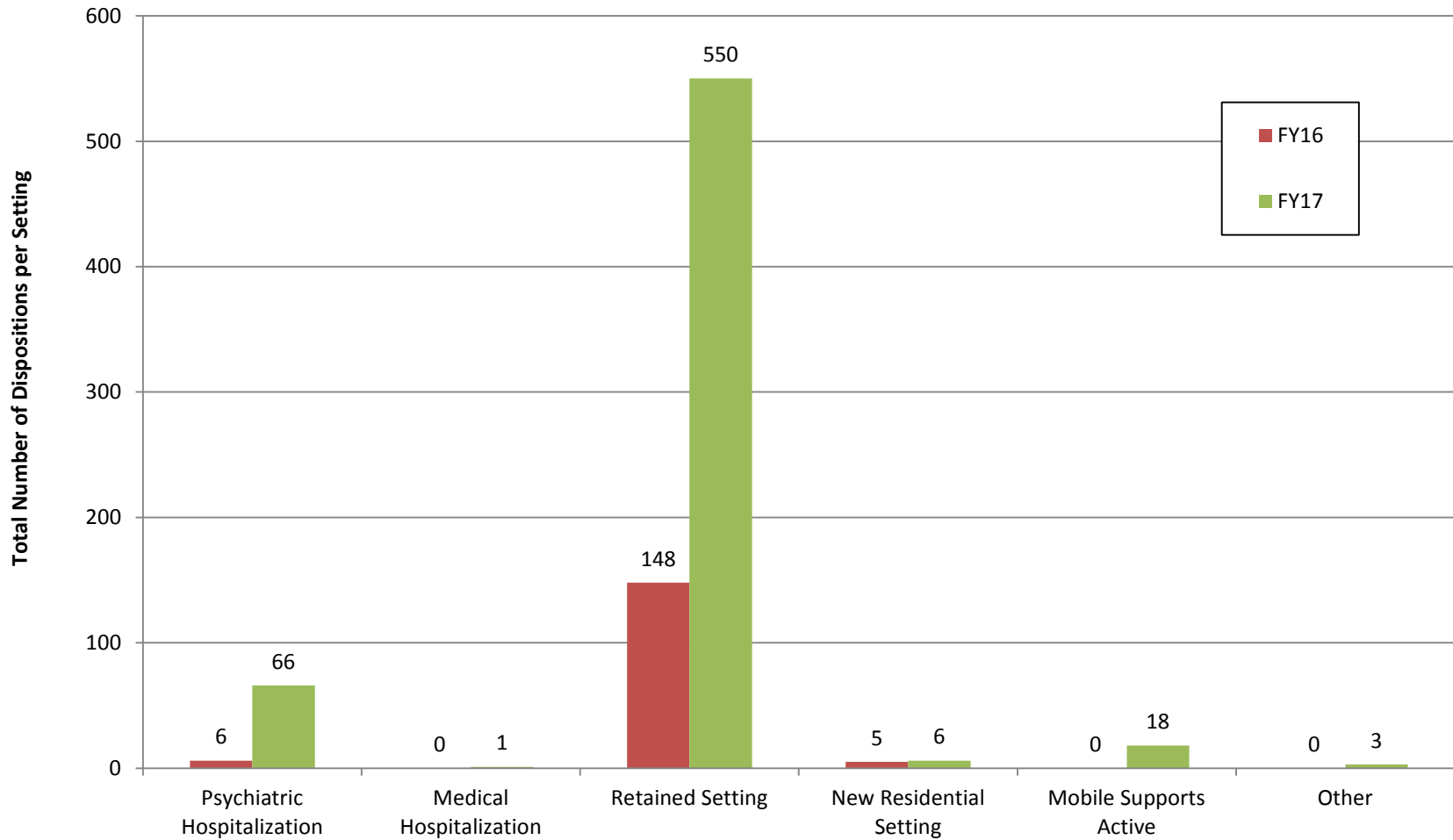
## Disposition at Conclusion of Mobile Supports by Fiscal Year





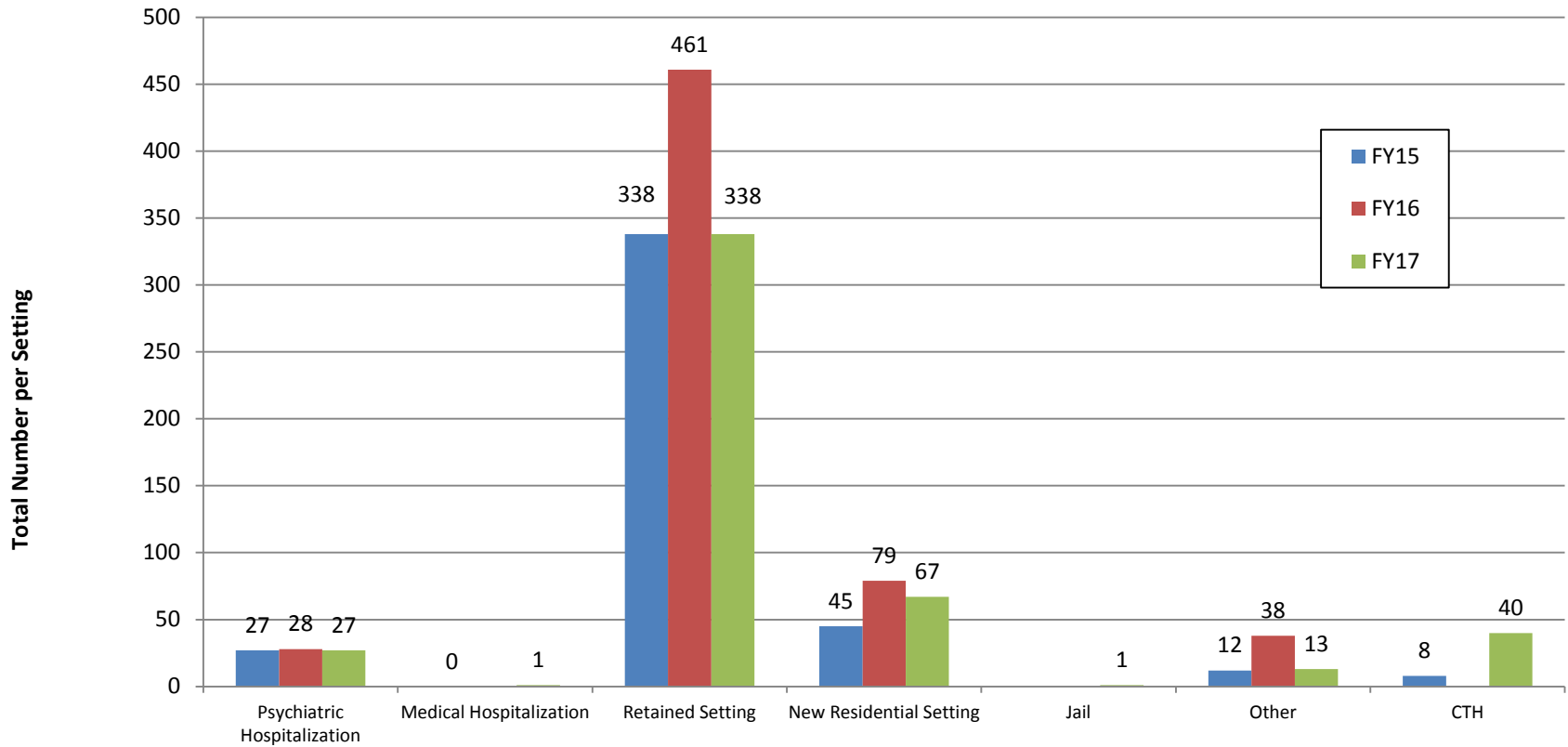
# Mobile Support Outcomes (Child)

## Disposition at Conclusion of Mobile Crisis by Fiscal Year



# CTH Outcomes (Adults)

## Disposition from CTH by Fiscal Year



# Independent Reviewer Concerns

*“The Commonwealth should study and determine the root causes of the significant increase in admissions of individuals with IDD to state operated psychiatric facilities. Studies found two related factors: an unexpected high rate of families refusing REACH services and not all CSB ES Teams informed REACH of individuals with IDD being screened for psychiatric admission.”*

- Emergency Services System
- Psychiatric Hospitalizations
  - Adult
  - Children
- Refusal of services

# Next Steps Children's Crisis

- Hospital Data Review
  - Reasons for increased admissions
    - Age of parent caregiver
    - Size of child (obesity and GMO)
    - Increase in survival rate of preemies
    - Fetal Alcohol/Drug impact
    - DSS/Foster Care
    - Single natural parent households
    - Abuse /Neglect and trauma
    - Bullying
    - Looking at CSA data – are more kids remaining in state in comparison
- Children's Therapeutic Homes
- Increase consistency
  - Training
  - Documentation
  - Processes

# Next Steps Adult Crisis

- Hospital Data Review
  - Vet data and theories
- Adult Transitional Homes
- Increase consistency
  - Training
  - Documentation
  - Processes
- Partnership with BH Acute Care Team
  - Hospitalizations
- Behavioral Provider Development