

ALL IN!

DBHDS Monthly Update from Commissioner Ferguson

December 2014

WELCOME

Welcome to the December 2014 edition of ALL IN! This month is always busy month for DBHDS and its staff. We are preparing for the release of the Governor's budget on December 17 and getting ready for the fast-approaching legislative session. All the while, other work at the department continues and staff are working extremely hard I am grateful to all the staff throughout the Commonwealth's mental health hospitals, training centers and central office who are working to maintain the quality services that people served by our system so richly deserve. Below, please find several updates on programs, leadership and data during the past month that you may find of interest.

UPDATES and INFORMATION

Update on Crisis Response and Child Psychiatry Services for Children – In fiscal year 2013, new funding from the General Assembly supported services in three regions, I, III and IV through a competitive proposal process. In fiscal year 2014, additional funding allowed for Regions II and V to be funded. With the additions of Regions II and V, all regions in the Commonwealth are now providing these services which include crisis stabilization, crisis clinicians, child psychiatry and other interventions to increase access and avert hospital and residential services. In fiscal year 2014, 2,189 children received child psychiatry services. Three types of child psychiatry interventions have been used to extend child psychiatry resources outside the office:

- Face-to-Face: 1,329 children
- Tele-Psychiatry: 592 children
- Consultation: 268 children

Fiscal year 2013 and 2014 data for the three regions that are in their second year show that more children are receiving child psychiatry services; 520 children in fiscal year 2013 compared to 1,377 in fiscal year 2014. Child crisis response and child psychiatry services allow children to stay in their home communities to receive needed services. Data indicate that most children were living with their parents and attending school at the beginning and end of crisis services.

Top Performer on Key Quality Measures by The Joint Commission – Three of Virginia's state-operated mental health hospitals have been named Top Performer on Key Quality Measures by The Joint Commission, the leading accreditation body of health care organizations. The Joint Commission recognized Catawba Hospital, Eastern State Hospital, and Piedmont Geriatric Hospital for exemplary performance. Congratulations to these three hospitals and to their skilled and talented staffs!



*DBHDS staff displaying the Joint Commission award for exemplary performance, including:
(L-R) DBHDS Assistant Commissioner Daniel Herr, DBHDS Chief Deputy Commissioner Kathy Drumwright,
Catawba Director Walton "Mitch" Mitchell, Piedmont Geriatric Hospital Director Steve Herrick, Ph.D,
and DBHDS Medical Director Jack Barber, M.D.*

Implementing Behavioral Health Wellness Best Practices in Virginia Communities – DBHDS Behavioral Health Wellness has sponsored 5 Regional trainings for the CSBs to be trained in “How to Develop a Logic Model” and “Environmental Approaches”. Utilizing a Logic Models is a best practice that links needs assessment data to evidenced-based programs, practices and strategies. As a result, CSBs will implement effective prevention efforts based on local needs. The Environmental Approach training is building the capacity of the CSBs to implement population level change strategies in partnership with their local community coalitions. These trainings align with the shifting prevention paradigm as identified by SAMHSA- to population and community level change strategies complemented by strategies that target individuals and families at higher risk. These trainings are being conducted by OMNI Institute, a nonprofit social science agency with the mission of advancing the public and nonprofit sectors through integrated evaluation research, capacity building and technology solutions in addressing critical social problems that cut across the fields of public and behavioral health and systems improvement. OMNI is also working with DBHDS Behavioral Health Wellness to develop a state level evaluation plan and evaluation plans for each CSB. The goal of these efforts is to build a performance driven prevention system at the state and CSB levels that will be able to demonstrate the impact of our efforts through measurable outcomes.

Electronic Health Record System (EHRS) Go Live Update – On November 12, more units at Western State Hospital (WSH), including 1 Hickory, 2 Hickory, and the Admissions Office, successfully implemented the OneMind EHRS. This implementation proved to be a tremendous milestone in the overall OneMind implementation as the number of beds in the two units is nearly triple the amount in the Dogwood unit which previously went live on September 9, 2014. Keeping in line with the guiding principles of the OneMind EHRS Implementation there was an emphasis on “proactively drawing from leaders and recommended practice to achieve improved outcomes.” The outcomes were indeed improved from Dogwood thanks largely to the input of the end users and leadership in Dogwood and WSH and the efforts of the OneMind Development and Implementation Team. Due to the quick learning and diligence of the staff in 1 Hickory, 2 Hickory, and the Admissions Office, the numbers being reported daily while the Command Center was up and running at WSH increasingly impressed everyone. Some numbers highlighting the success of the go live can be found below. Impressive numbers during go-live included:

- 1,504 Assessments Completed
- 4,988 Total Medications Charted
- 273 Med and 606 Non-Med Orders Entered
- 98% Overall MAK Scan Rate
- 100% MAK Scan Rate for Days 3-7 of Live
- 3 Admissions in OneMind by AO and 2 Hickory
- 1 Discharge from 2 Hickory

New Leadership Staff

State Mental Health Hospital Leadership Changes – David “Dave” Lyon, the current Eastern State Hospital Director, will be assuming a new role in central office. In this new role, Dave will be responsible for several critical functions including monitoring hospital operations in the key aspects of quality care, safe, effective, and efficient operations, and overseeing hospital/community interface as it relates to use of private and public inpatient beds, community integration, barriers to discharge, and the regional use of DAP and LIPOS funds. To ensure continuity of leadership, the current Director of Catawba Hospital, Walton “Mitch” Mitchell, will become the acting director at Eastern State Hospital. Also, Charles Law, Assistant Director and Chief Operations Officer for Catawba Hospital and Emergency Coordination Officer for DBHDS, will be the acting director at Catawba Hospital. These leadership changes will be effective December 10, 2014. I am looking forward to working with Dave, Mitch and Charles in these new roles. I am very grateful to the staff at Eastern State and Catawba for their patience during this time of transition and most especially for their daily commitment to the individuals and communities they serve.

Director of Recovery Services – Since beginning my tenure as Commissioner, establishing an Office of Recovery Services has been a critical priority. It is essential that we incorporate the voice of persons served in our service delivery, in our policy development and in our strategic planning. Becky Sterling has been selected as DBHDS’ new Director of Recovery Services. Ms. Sterling comes to DBHDS from the Middle Peninsula-Northern Neck CSB where she worked as the Consumer Recovery Liaison. Ms. Sterling has invaluable experience with our state’s mental health system and passionate dedication to the expectation of recovery for the individuals we serve. In the past few years, she has served, and continues to serve, on a number of advisory bodies, including Governor McAuliffe’s Taskforce on Mental Health and Safety, Governor Kaine’s Community Integration Advisory Commission, co-chairing the DBHDS Adult Behavioral Health Services Transformation Team, and the DBHDS Recovery and Support Workgroup. Ms. Sterling received her B.S. in Recreation from Virginia Commonwealth University. She is also a licensed nursing home administrator and certified peer support specialist.

On the Road

I am really enjoying all that I am learning and all of the dedicated people I am able to meet while travelling the Commonwealth. I will really miss spending as much time on the road in the coming month – the approaching holidays and legislative session means I will need to spend the bulk of my time in Richmond. I will look forward to more travels around March when I will have more opportunities to see firsthand the great work being done around the Commonwealth. I’m looking forward to it!

- November 1: CCCA Symposium on Children’s Mental Health in Waynesboro
- November 1: Region 10 Recovery Conference in Charlottesville
- November 3: Veterans Summit at Virginia War Memorial in Richmond
- November 5: Presentation before Joint Commission on Healthcare in Richmond
- November 5: Symposium of the Virginia Coalition of Private Provider Associations in Richmond
- November 20: Senate Finance Committee Retreat in Staunton
- November 20: Senate Finance Committee Tour of Western State Hospital in Staunton

Stay Connected!

- **Waiver Updates Email List** – If you would like to be added to the email list to receive waiver redesign communications, please send your email address and your stakeholder status (e.g., self advocate, family member, provider agency representative, advocacy organization, etc.) to waiverupdates@dbhds.virginia.gov.
- **ALL IN! Email List** – Anyone interested in being included on this list can simply send his or her email address using the link [here](#).
- **Innovations** – If you would like to highlight an innovative program or service for future editions of ALL IN!, please send your submission (no more than two paragraphs) to the link [here](#).

November News Stories of Interest

- Letter to the Editor from Commissioner Ferguson to the Daily Progress -- [Behavioral treatments differ](#)
- Southwest Virginia Today -- [Southwest Va. residents' stories of mental illness recovery offer hope](#)
- MedPage Today -- [Nasal Naloxone Price Set to Jump](#)
- Daily Press -- [Virginia Lt. Gov. Ralph Northam calls for Medicaid expansion](#)
- News Advance -- [Group finds no agreement on state-run centers for the disabled](#)
- News Virginian -- [Local groups, volunteers recognized](#)
- Daily Progress -- [Vital Signs: Overhauling waiver program will help get services to people with disabilities](#)
- News Virginian -- [Center offers new treatment for children's mental health](#)

RECENT FACTS & FIGURES

Temporary Detention Order (TDO) Exception Report – Links to the latest TDO exception report data are provided here: [August](#) and [September](#).

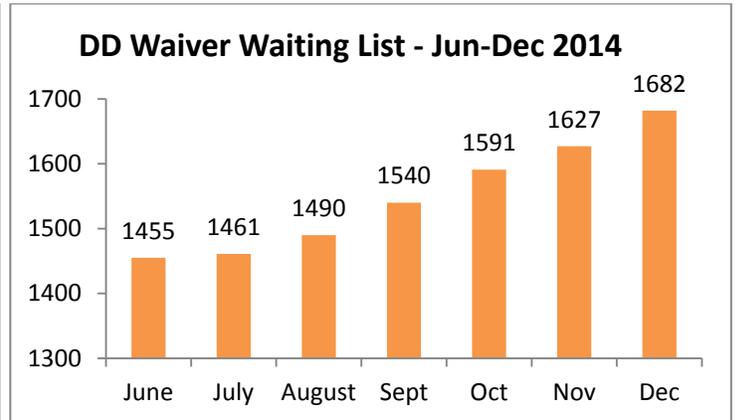
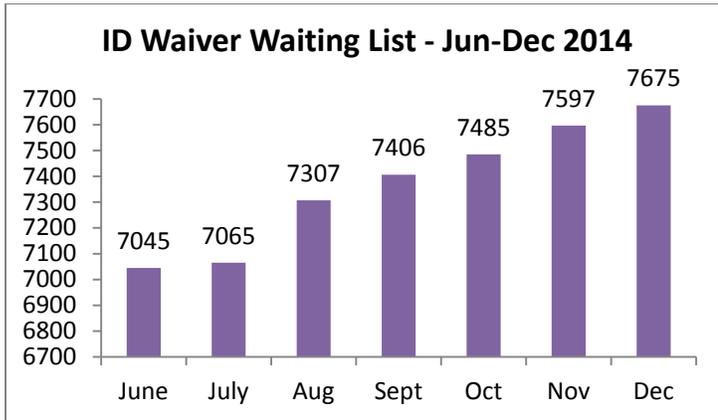
Training Center Census (December 8, 2014)

| Name | July 1, 2012 Census | July 1, 2013 Census | Dec 31, 2013 Census | Dec 8, 2014 Census |
|-------------------------------|------------------------|------------------------|------------------------|-----------------------|
| SVTC - Closed 6/30/2014 | 201 | 114 | 57 | 0 |
| NVTC - Closure: By 6/30/2016 | 153 | 135 | 115 | 85 |
| SWVTC - Closure: By 6/30/2018 | 173 | 156 | 150 | 138 |
| CVTC - Closure: By 6/30 2020 | 350 | 301 | 285 | 267 |
| SEVTC - Remains open | 106 | 84 | 81 | 74 |
| Total | 983 | 790 | 688 | 564 |

ID and DD Waiver Enrollment and Waiting Lists (December 9, 2014)

| | ID Waiver | DD Waiver |
|-----------------------|---------------|--------------|
| Total Slots | 10,192 | 1,013 |
| Urgent Waitlist | 4,671 | |
| Non-Urgent Waitlist | 3,004 | |
| Total Waitlist | 7,675 | 1,682 |

Waiting List Totals from Previous ALL IN! Newsletters



Mental Health Hospital, Hiram Davis and VCBR Census (December 8, 2014)

| Name | Nov. 2014 |
|--|--------------|
| Catawba | 105 |
| Central State Hospital | 211 |
| Eastern State Hospital | 274 |
| Northern Virginia Mental Health Institute | 123 |
| Southern Virginia Mental Health Institute | 54 |
| Southwest Virginia Mental Health Institute | 158 |
| Western State Hospital | 239 |
| Piedmont Geriatric Hospital | 116 |
| Commonwealth Center for Children and Adolescents | 42 |
| Hiram Davis Medical Center | 69 |
| Virginia Center for Behavioral Rehabilitation | 356 |
| Total | 1,747 |

I also want to take a moment during this busy time to wish you all a merry, bright and peaceful holiday season. May you and your loved ones have great joy and good health in 2015.

HAPPY HOLIDAYS and HAPPY NEW YEAR!

Debra Ferguson, Ph.D.
 Commissioner
 Virginia Department of Behavioral Health & Developmental Services