

ALL IN!

DBHDS Monthly Update from Commissioner Ferguson

February 2015

WELCOME

Welcome to the February 2015 edition of ALL IN! We are approaching the middle of the 2015 General Assembly Session. There have been long hours and a great deal of work involved, but through presentations and conversations with senators, delegates and their staffs, DBHDS has been able to communicate the goals, pressure points and needs of our system. As an example, since the new laws were enacted last July, we have had approximately 150,000 emergency contacts, 35,000 emergency evaluations, and 12,000 temporary detention orders (TDOs) issued. Once our December TDO Exception Report is finalized, we will have six months of data to analyze trends and assess what can be done to make the system better in terms of effectiveness and efficiency. The image below gives you a sense of the pressure that Virginia's psychiatric emergency system is under every day. As we seek to improve not only our emergency response system but also our whole behavioral health and developmental disability systems, data such as these guide and inform our decision making and strategic direction.

VIRGINIA'S PSYCHIATRIC EMERGENCY SYSTEM

EVERY 24 HOURS ACROSS THE COMMONWEALTH THERE ARE:



And while the Session is underway in Richmond, the work continues throughout Virginia's state hospitals, training centers, community services boards and private providers to ensure people receive the very best services we can possibly give them. I hope you will feel informed and encouraged by this sampling of updates below.

UPDATES and INFORMATION

Governor McAuliffe Launches GAP to Help Uninsured Virginians Struggling with Serious Mental Illness – In January, Governor McAuliffe announced federal approval and the launch of the Governor's Access Plan, or GAP. This plan targets an estimated 20,000 Virginians who are uninsured and have been diagnosed with a serious mental illness. The GAP plan provides critical treatment to individuals with serious mental illness, including major depression, bipolar disorder, psychotic disorders, schizophrenia, and post traumatic stress disorder. As of February 5, 1,686 people have applied, and 209 have already been approved for GAP coverage. Enrollment numbers are steadily increasing every day. Next month's ALL IN! will have the latest numbers.

Community Innovation Funding – The Office of Recovery Services will be offering [Community Innovation Funding](#) to promote Virginia’s Peer Run, Peer Led organizations. Funds will be used to increase the ability of organizations to overcome hurdles that hinder their developmental and to encourage innovative approaches that support people through the process of recovery from mental illness or addiction. Please contact [Becky Sterling](#), Director of the Office of Recovery, for more information.

SystemLEAD Participants Announced – In an effort to retain a top notch workforce, DBHDS developed and launched [SystemLEAD](#), a long-term leadership development initiative designed to give early and mid-career professionals broad exposure to the competencies necessary to be successful leaders in the DBHDS system. A university-based leadership certificate program will teach core leadership concepts and frameworks. Recognized leaders from across the Commonwealth will present on the nature of management, and policy formulation, development, and implementation. Subject matter experts will offer deep dives into the key issues and priority areas that the system is currently working to address. We are excited to announce that the first class of emerging leaders has been selected. From 83 excellent applications, 25 highly qualified participants have begun the initial tasks in the nine month program. Our inaugural class members are listed below. Please join me in congratulating them and wishing them well as they begin SystemLead.

- Jana Braswell, Central Office, Forensics
- Paula Gaudino, Northern Virginia Mental Health Institute, Rehabilitation Services/Health Information
- Kimberly King, Central Virginia Training Center, Community Integration
- Susan Tinsely, Central Office, Information Technology & Services
- Kevin Howard, Central Office, Fiscal and Grants Management
- Stacy Pendleton, Central Office, Human Resources
- Edward Gonzalez, Central Office, Tidewater
- Stella Stith, Central Office, DD Community Integration
- Josie Wade, Southwest Virginia Mental Health Institute, Nursing
- LaDonna Walters, Central Office, Human Rights
- Kathy Brown, Central Office, Internal Audit
- Natalie Hall, Central State Hospital, Nursing
- Caroline Thompson, Southwest Virginia Mental Health Institute, Recovery Rehabilitation
- Marcie Stout, Central Office, Information Technology & Services
- Kimberly Frazier, Central State Hospital, Human Rights
- Brandi Justice, Southwest Virginia Mental Health Institute Forensic Services/Psychology
- Julie Truitt, Central Office, Office of Substance Abuse Services Monitoring & Oversight
- Angela Bright, Central Office, DD PreAuthorization
- Jenni Schodt, Central Office, DD Community Integration
- Bethany Marcus, Southeastern Virginia Training Center, Psychology
- Michelle Sirmans, Eastern State Hospital, Quality and Risk Management
- Andrea Moran, Piedmont Geriatric Hospital-Psychosocial Rehabilitation
- Karen Moten, Central Office, Quality Management
- Millicent McFadden, Piedmont Geriatric Hospital-Psychology
- Stephanie Pechura, Virginia Center for Behavioral Rehabilitation, Administration

DBHDS Awards Funds for Wraparound Services – In January 2014, DBHDS awarded funding to five communities to improve wraparound services. These sub-grants are aimed at improving mental health services and support for children who struggle with serious mental disorders as well as their families. These grants will also further develop and expand current community resources. Funding for the awards is through September 30, 2016. Below are the five sub-grant organizations and highlighted accomplishments for the first year of funding.

- **Alexandria Community Policy and Management Team (serving the City of Alexandria)** – Hired a youth coordinator, started an advocacy and support group for youth, launched community-based Peer Parent coaching services and began offering High Fidelity Wraparound services to families.
- **Fairfax-Falls Church Community Policy and Management Team (serving the City of Fairfax, City of Falls Church, Fairfax County)** – Hired six Family Support Partners to partner with Intensive Care Coordinators to offer High Fidelity Wraparound services and started a local family support organization.
- **Loudoun County Department of Mental Health, Substance Abuse, and Developmental Services (serving Loudoun County)** – Working on establishing a Family Support Organization to partner with Intensive Care

Coordinators in the provision of High Fidelity Wraparound services and developed an internet based collaborative platform to support information exchange among the High Fidelity Wraparound team.

- **Region Ten Community Services Board (serving the City of Charlottesville, Albemarle County** – Developed High Fidelity Wraparound model that is now being implemented by four Intensive Care Coordinators and two Family Support Partners.
- **United Methodist Family Services (serving City of Richmond, Goochland County, Chesterfield County, City of Colonial Heights, Henrico County** – Six Family Support Partners hired to partner with Intensive Care Coordinators to provide High Fidelity Wraparound Services and established a monthly coaching support group to build capacity for Intensive Care Coordination statewide.

Mental Health First Aid (MHFA) – During the holiday season, the Prevention Staff at Henrico Area Mental Health & Developmental Services organized a [PSA](#) on suicide prevention. This process was possible because of funding for Region Four Suicide Prevention Plan, which was provided by the General Assembly for Suicide Prevention and Mental Health First Aid (MHFA). The PSA shows the phone number of the suicide prevention help line (1-800-273-TALK) and the different personality characteristics that people possibly contemplating suicide or in crisis may display. After completing the development, Henrico Prevention Staff negotiated with Regal Cinemas Virginia Center 20 for the venue. The PSA ran from December 12, 2014 through January 8, 2015, and it was viewed 3,600 times on the big screen and 10,800 times in the lobby for 86,227 grand total impressions.

The next Mental Health First Aid trainings are February 17, 2015 and February 24, 2015 at the James Monroe Building in Richmond. Contact [Mike Olsen](#) for more information.

DBHDS Survey on ID/DD Waiver Redesign – Recently, the DBHDS Division of Developmental Services and CSB representatives conducted a week-long validation survey to verify the validity of proposed individual levels and service packages that are fundamental in the ID/DD Waiver redesign. The survey was conducted with guidance from the Human Services Research Institute (HSRI). Of the approximately 140 records that were received, 136 records were able to be used to verify the assignment of levels and scope of the service packages. HSRI provided positive initial feedback about the survey process and will prepare a final report with any recommendations for consideration by DBHDS. Verification of the underlying assumptions for the waiver redesign will allow continued progress in development of the proposed amended waivers.

February News Stories of Interest

- DBHDS Press Release -- [Governor McAuliffe Launches GAP to Help Most Vulnerable Virginians Struggling with Serious Mental Illness](#)
- The Conversation -- [Outsider art can refashion how we think about mental illness](#)
- Washington Post -- [Crisis intervention training expanded to deputies at adult detention center](#)
- Washington Post -- [Overdose deaths from heroin galvanizing leaders in Maryland and Virginia](#)

RECENT FACTS & FIGURES

Training Center Census (February 5, 2015)

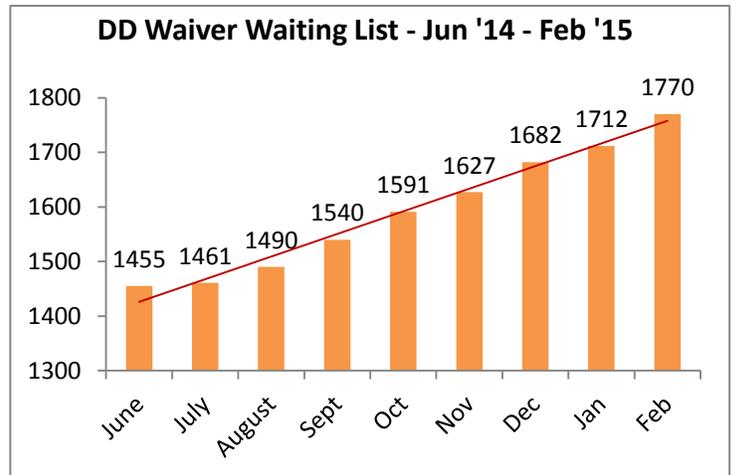
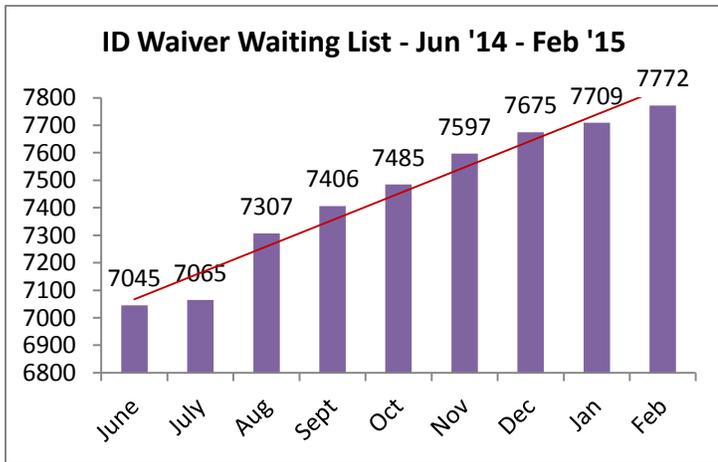
Name	July 1, 2012 Census	July 1, 2013 Census	Dec 31, 2013 Census	Feb 5, 2015 Census
SVTC - Closed 6/30/2014	201	114	57	0
NVTC - Closure: By 6/30/2016	153	135	115	76
SWVTC - Closure: By 6/30/2018	173	156	150	132
CVTC - Closure: By 6/30 2020	350	301	285	257

SEVTC - Remains open	106	84	81	72
Total	983	790	688	537

ID and DD Waiver Enrollment and Waiting Lists (January 31, 2015)

	ID Waiver	DD Waiver
Total Slots	10,192	1,013
Urgent Waitlist	4,740	
Non-Urgent Waitlist	3,032	
Total Waitlist	7,772	1,770

Waiting List Totals from Previous ALL IN! Newsletters



Mental Health Hospital, Hiram Davis and VCBR Census (February 2, 2015)

Name	Feb 2015
Catawba	97
Central State Hospital	230
Eastern State Hospital	279
Northern Virginia Mental Health Institute	125
Southern Virginia Mental Health Institute	66
Southwest Virginia Mental Health Institute	160
Western State Hospital	232
Piedmont Geriatric Hospital	118
Commonwealth Center for Children and Adolescents	42
Hiram Davis Medical Center	66
Virginia Center for Behavioral Rehabilitation	366
Total	1,781

Stay Connected!

- **Waiver Updates Email List** – If you would like to be added to the email list to receive waiver redesign communications, please send your email address and your stakeholder status (e.g., self advocate, family member, provider agency representative, advocacy organization, etc.) to waiverupdates@dbhds.virginia.gov.

- **ALL IN! Email List** – Anyone interested in being included on this list can simply send his or her email address using the link [here](#).
- **Innovations** – If you would like to highlight an innovative program or service for future editions of ALL IN!, please send your submission (no more than two paragraphs) to the link [here](#).

The 2015 calendar year is off to a great start with lots of opportunities to shape our system for the better. I'm looking forward to resuming my travels and visiting the incredibly talented and devoted staff in our hospitals and communities throughout the Commonwealth. Seeing firsthand the work in the field and visiting with the people we are privileged to serve never ceases to inspire me and reaffirms for me our mission of a life of possibilities for all Virginians. As always, I would like to thank you for your commitment and dedication to the thousands of individuals we serve and their families. Your work is at the heart of what we do. We could not do it without you.

Let's **BE BOLD** Virginia! I'm **ALL IN!**

Debra Ferguson, Ph.D.
Commissioner
Virginia Department of Behavioral Health & Developmental Services