

Regional Support Teams

Supporting Individuals in the Most Integrated Settings

Purpose, Membership, Referral

*Information for **DD Case Managers***

4-18-13

Office of Developmental Services

Regional Support Teams

- DOJ Settlement Agreement
- Role of Regional Support Team (RST)
- Target Population
- Membership
- Referral Process
- Reporting
- Additional information and contacts

“The Commonwealth will create
five Regional Support Teams...”

*from Settlement Agreement signed
August 23, 2012*

SA Section IV. D.3.

Operational March 2013

Role of Regional Support Team

To provide recommendations and assistance in resolving barriers to the most integrated community setting consistent with an individual's needs and informed choice.

SA Section III.E.2. and IV.D.3.

Individuals with ID/DD who:

- Live in training centers
- Meet ID or DD wait list criteria
- Live in a nursing home or ICF

SA Section III. B. 1. a - c.

RST Membership

- One in each of 5 regions
- Co-coordinated by Community Resource Consultants (CRCs) and Community Integration Managers (CIMs)
- Includes diverse experience in ID/DD services
- Includes diverse group of professionals with expertise with complex medical and behavioral supports

SA Section IV.D.3.

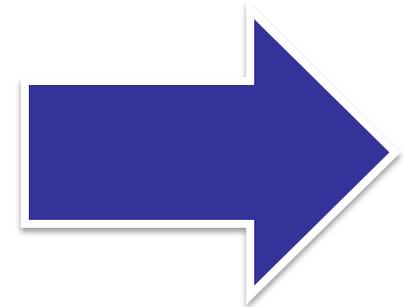
RST Membership*

CIM/CRC Co-Facilitators
Office of Licensing Specialist
Human Rights Advocate
Training Center Social Work Director
START Director
Medical Representative (from TC)
Medical Representative (from community/CSB)
ID Director
CSB SC Supervisor
DD Case Management Provider
Additional experts based on need

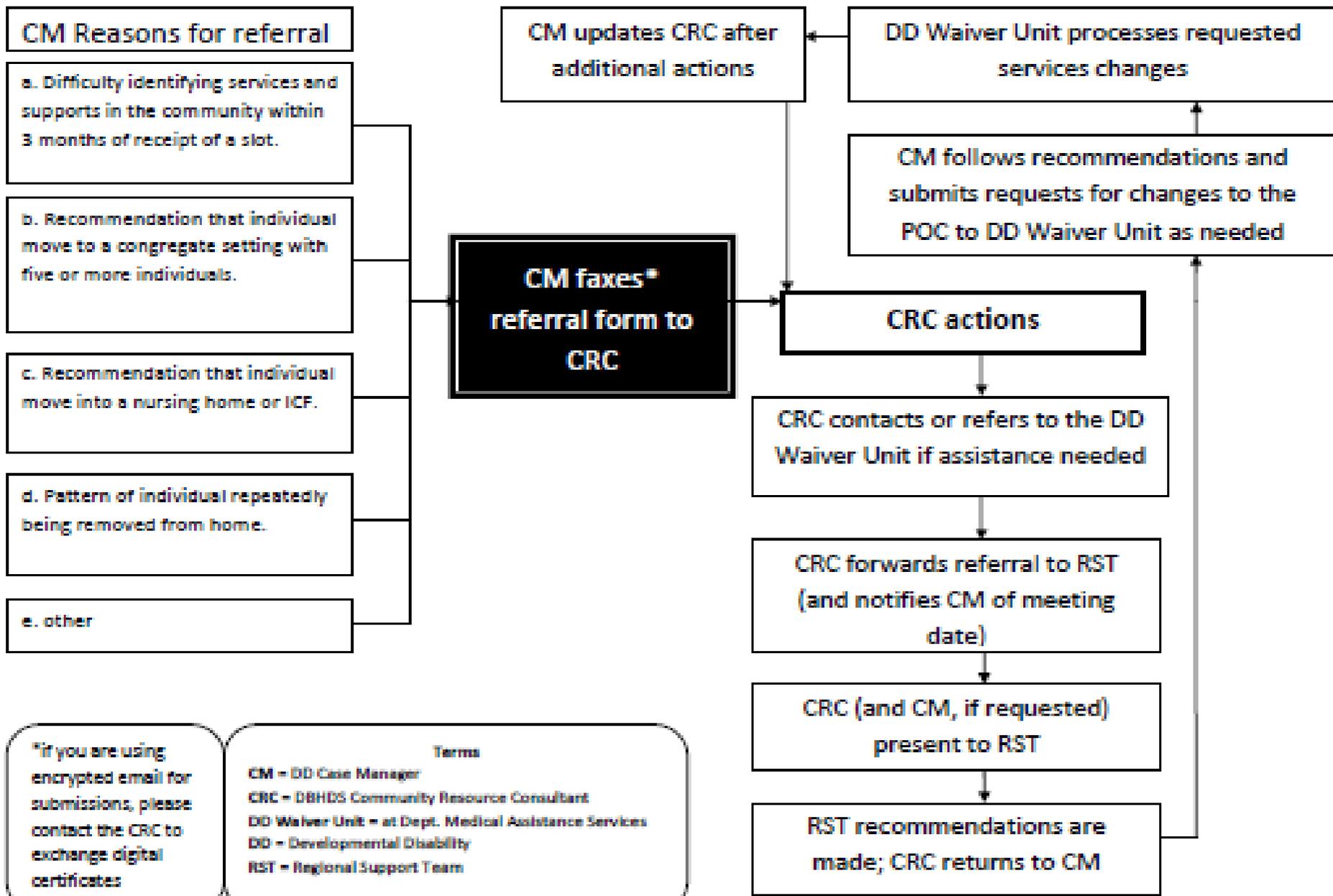
*per region

RST Referral Process

DBHDS CRCs receive referrals from CMs



Developmental Disabilities Regional Support Team Referral Process

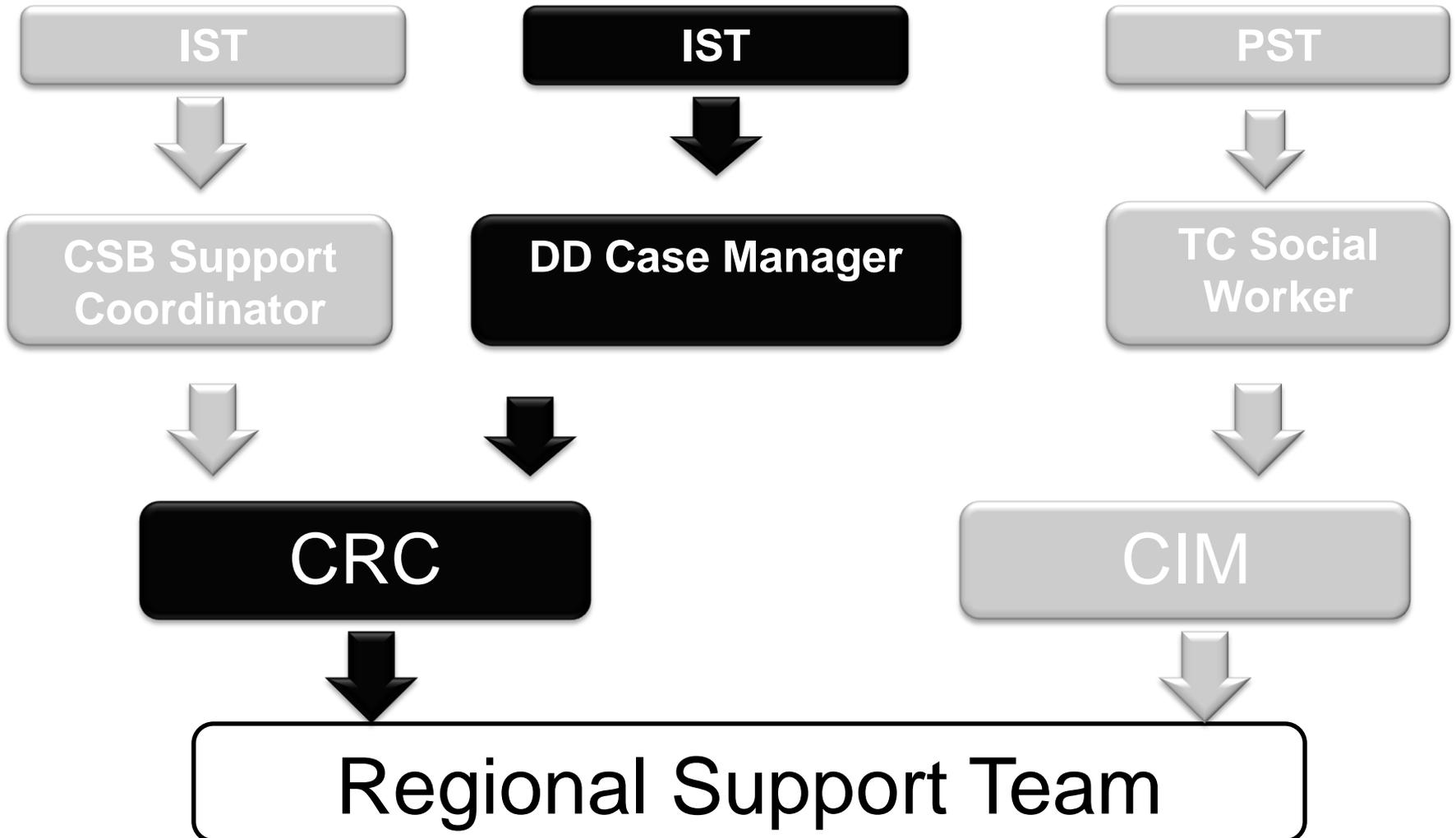


*if you are using encrypted email for submissions, please contact the CRC to exchange digital certificates

Terms

- CM = DD Case Manager
- CRC = DBHDS Community Resource Consultant
- DD Waiver Unit = at Dept. Medical Assistance Services
- DD = Developmental Disability
- RST = Regional Support Team

RST Referral Process



Case Managers (CMs):

- support Individual Support Teams in resolving barriers/gaps in services and supports
- provide informed choice of providers
- complete and send referrals to CRCs

SA Section III.C.5.

DMAS:

- provides technical support to CMs and CRCs
- assists CMs and CRCs in resolving barriers to services and supports before referring to RST
- processes requested changes in services resulting from RST process

SA Section III.E.1-2.

Referrals to CRCs, then to RSTs occur if:

a. the Individual Support Team (IST) is unable to locate services and supports within 3 months of enrollment into Waiver.

Section III.E.3.a.

Referrals to CRCs, then to RSTs occur if:

b. the IST recommends an individual living in his/her own home, a family home or sponsored home move to a group home with 5 or more individuals.

Section III.E.3.b.

Referrals to CRCs, then to RSTs occur if:

c. The IST recommends that an individual move into a nursing home (NH) or Intermediate Care Facility (ICF).

Section III.E.3.c.

Referrals to CRCs, then to RSTs occur if:

d. there is a pattern of an individual being removed from his or her home.

Section III.E.3.d.

Referrals to RSTs from CRCs also occur:

e. whenever [a CRC] believes that external review is needed to identify additional steps towards more integrated settings and informed choice.

Section III.E.2.

Role of Regional Support Team

Notification of RST Referral

The Regional Support Team (RST) will review your selection of services to assure you have received information about all options available to you, especially supports and services in the most integrated settings. The RST is composed of a variety of professionals with expertise serving individuals with developmental disabilities, including individuals with complex behavioral and medical needs. No action is required on your part. Any suggestions the RST offers will be shared with your support coordinator/case manager to be shared with you. If you would like an opportunity to speak with the RST, please let your support coordinator/case manager know.

Please complete the sections below so that the RST may confirm that you have been offered the following opportunities before making your choices.

The following types of residential options were discussed with me (check all that apply):

- Own Home Leased Apartment Family Home
 Other: _____

I selected the following support options to interview: _____

I have chosen to pursue _____ **as my type of residential option.**

The following types of employment/day options were discussed with me (check all that apply):

- Self Employment Individual Supported Employment Group Supported Employment
 Career Training/Education Prevocational Services Day Support
 Volunteer Retirement Other: _____

I selected the following options to interview & tour: _____ -

RST Referral Process: Community

Regional Support Team Referral Form Community Resource Consultant

Region: [REDACTED]	Date of request: [REDACTED]	Individual's unique ID: [REDACTED]
Submitted by: [REDACTED]	Agency: [REDACTED]	Phone: [REDACTED]
Notification and Choice		
Notification form completed and on file?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Types of residential options discussed (check all that apply):	<input type="checkbox"/> Own Home <input type="checkbox"/> Leased Apartment <input type="checkbox"/> Family Home <input type="checkbox"/> Sponsored Home <input type="checkbox"/> Group Home (4 or fewer) <input type="checkbox"/> Group Home (5 or more) <input type="checkbox"/> ICF <input type="checkbox"/> Nursing Home <input type="checkbox"/> Training Center <input type="checkbox"/> Other: [REDACTED]	
Individual/family selected residential option:	[REDACTED]	
Types of employment/day options discussed (check all that apply):	<input type="checkbox"/> Self Employment <input type="checkbox"/> Individual Supported Employment <input type="checkbox"/> Group Supported Employment <input type="checkbox"/> Career Training/Education <input type="checkbox"/> Prevocational Services <input type="checkbox"/> Day Support <input type="checkbox"/> Volunteer <input type="checkbox"/> Retirement <input type="checkbox"/> Other: [REDACTED]	
Individual/family selected day services option:	[REDACTED]	
Chance to talk with other individuals with ID/DD who live and work successfully in the community or with their family members provided?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
List any desired options that are unavailable:	[REDACTED]	
Describe any additional information provided by the	[REDACTED]	

RST Referral Form

Referrals provide information on:

- Individuals preferences & good life
- Supports needed and planned
- Actions taken by IST/CM
- CRC agreement with referral
- Notification of informed choice and opportunities for integrated settings

RST Referral Process

Members of the Individual Support Team or DMAS may be invited by CRC or the RST to assist with some discussions.

RST Actions:

- Reviews good life and confirms informed choice.
- Reviews options explored/considers alternatives
- Assures information about community integration and opportunities provided
- Considers individual needs and preferences and most integrated settings

RST reporting

RST recommendations and resolutions documented on the referral form by the CRC.

Data on reasons for referral, barriers, recommendations and resolution collected.

Additional information

<http://www.dbhds.virginia.gov/Settlement.htm>

Check this website periodically for updates.

Contacts

Gail Rheinheimer, Community Resource Manager

(540) 981-0697 Gail.Rheinheimer@dbhds.virginia.gov

Community Resource Consultants

<http://www.dbhds.virginia.gov/ODS-Contacts.htm>

Sam Pinero, DD Waiver Manager at DMAS

(804) 786-2149 Samuel.Pinero@dmas.virginia.gov

