

Cross Systems Mapping Statewide Initiative (2008-2013)

Final Report

Office of Forensic Services, DBHDS

BACKGROUND:

In 2008, then Governor Tim Kaine issued an Executive Order establishing the Commonwealth Consortium for Mental Health and Criminal Justice Transformation. In May of 2008, the first major training under the auspices of the Consortium was held in Virginia Beach with nearly 400 participants from around the state in attendance. The conference kicked off the Commonwealth Consortium's Cross Systems Mapping Initiative (XSM Initiative).

Cross-Systems Mapping has three primary objectives:

- 1) To develop a comprehensive picture of how people with mental illness and co-occurring disorders flow through the criminal justice system along five distinct intercept points (using the Sequential Intercept Model): Law Enforcement and Emergency Services, Initial Detention/Initial Court Hearings, Jails and Courts, Re-entry, and Community Corrections/Community Support.
- 2) To identify gaps, resources, and opportunities at each intercept for individuals in the target population.
- 3) To develop a list of priorities and action steps designed to improve system and service level responses for individuals in the target population.

Policy Research Associates (PRA) developed the one and a half day Cross Systems Mapping workshop as a means to increase understanding and enhance collaboration among relevant local stakeholders and help them to develop locally viable strategic plans for improving criminal justice and behavioral health systems response. In August 2008, 22 carefully chosen community criminal justice and behavioral health leaders completed a two day Cross Systems Mapping "Train the Trainer" program to become certified Cross Systems Mapping workshop facilitators. The training was then repeated in December 2010, bringing the total number of certified Cross Systems Mapping workshop facilitators to 40.

The Sequential Intercept Model provides the framework used in delivering the Cross Systems Mapping workshop. The XSM Workshop effectively assists localities to 1) develop a cross-systems map that identifies how people with mental illness and co-occurring substance use disorders come in contact with and flow through the local criminal justice system; 2) educate participants regarding utilization of best and evidence based practices; 3) identify available local resources as well as gaps in services and processes, and to identify and agree upon local priorities for change; and 4) by utilizing an action planning matrix, create a detailed and effective plan to achieve attainable short-term goals that incur little or no cost, as well as longer term goals for systems change. By improving understanding, communication and awareness of systems gaps, and establishing an integrated plan to address those gaps, communities are able to better utilize resources, enhance access to more impactful services, and improve public safety through better systems integration.

Since the start of the XSM initiative, 40 workshops have occurred covering 98 of Virginia's 134 localities. 73% of Virginia's localities have participated in a cross systems mapping with approximately 1,400 community behavioral health and criminal justice stakeholders in attendance. Thirty three out of 40 Community Service Boards (CSB's) have participated in a Cross Systems Mapping.

During the Cross Systems Mapping workshop, communities review the Sequential Intercept and work together to identify gaps in service at each of the five intercepts. Based on these gaps, five top priorities are identified by the community to address in a subsequent Action Plan.

Below is an overview of the most frequently cited gaps and the most frequently cited priorities for change since the first workshop in January 2009:

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GAPS IN INTERCEPT 1: LAW ENFORCEMENT/EMERGENCY SERVICES

- › Develop or expand CIT training (for dispatch, law enforcement officers or other first responders)
- › Improve communication between CSB and law enforcement
- › Improve/increase access to or availability of behavioral health services and/or resources
- › Establish secure drop off/CIT Assessment Site
- › Decrease law enforcement time spent/improve law enforcement ECO process
- › Improve CSB crisis response
- › Decrease wait time at CSB for crisis services
- › Expand capacity at existing drop off/CIT Assessment Site
- › Reduce need for psyche beds/# of TDO's

GAPS IN INTERCEPT 2: INITIAL DETENTION/INITIAL HEARINGS

- › Improve communication between CSB, jail, courts and family members
- › Develop screening process for identifying persons with behavioral health disorders
- › Develop or improve behavioral health services available in jail
- › Provide behavioral health training for magistrates and jail staff
- › Provide behavioral health training to pretrial services
- › Increase access to behavioral health services for pretrial agencies
- › Develop pretrial diversion program

GAPS IN INTERCEPT 3: JAILS/COURTS

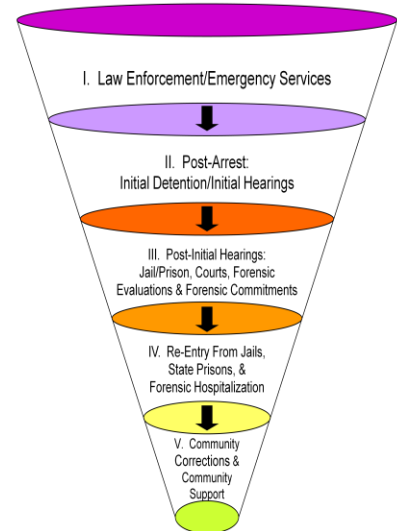
- › Improve communication between jails, courts, CSB, and pretrial services
- › Improve early identification of individuals with mental illness or substance abuse disorders
- › Improve/expand behavioral health training for jail staff
- › Increase behavioral health treatment services in jail
- › Decrease wait time for court ordered forensic evaluations and treatment (competency, NGRI)
- › Implement/utilize peer support in jail
- › Develop mental health courts/dockets

GAPS IN INTERCEPT 4: REENTRY

- › Improve coordination between jail release and CSB follow-up appointments
- › Develop/improve discharge planning at the jail and re-entry case management
- › Improve coordination of benefits prior to discharge
- › Improve access to psychotropic medications and continuity of care upon release
- › Collect and communicate data about individuals coming out of jail with behavioral health needs
- › Implement formal linkage to resources
- › Provide/improve transportation available to inmates upon release
- › Provide/improve affordable, sustainable housing available to inmates upon release

Sequential Intercepts

Best Clinical Practices: The Ultimate Intercept



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GAPS IN INTERCEPT 5: COMMUNITY CORRECTIONS/COMMUNITY SUPPORT

- > Develop/increase communication about community resources
- > Improve access to CSB services
- > Provide behavioral health training for probation officers
- > Increase utilization of faith-based resources
- > Utilize peer-run community supports
- > Improve access to employment opportunities
- > Develop/increase short and long term housing options
- > Improve access to transportation

MOST FREQUENTLY CITED PRIORITIES FOR CHANGE (LOW COST/NO COST)

- > Provide training to MH professionals, Law Enforcement, Jail Staff, Magistrates, Other Court officials on the identification of mental illness, resources in the community, and diversion options.
- > Increase communication between CSBs, Jails, and Courts.
- > Develop or expand CIT Program (assessment site, etc).
- > Expand or improve discharge planning
- > Develop specialty courts and dockets
- > Resources to promote stability such as transportation, housing, and employment services
- > Develop/expand re-entry services and resource dissemination
- > Improve data collection on this population across all agencies
- > Develop and/or utilize a uniform screening that identifies persons with mental illness, SA, veteran's status, etc. at all points in the criminal justice process
- > Increase accessibility of mental health services in the community.
- > Develop or expand peer support resources for ex-offenders.

XSM Workshops

Mappings	Location	Dates
1.	Prince William	1/9/09 & 1/15/09
2.	Virginia Beach	2/26/09 & 2/27/09
3.	Martinsville/Henry/Patrick	3/18/09 & 3/19/09
4.	Richmond City	4/28/09 & 4/29/09
5.	Newport News	5/7/09 & 5/8/09
6.	Chesapeake	5/14/09 & 5/15/09
7.	Williamsburg/James City/York/Poquoson	5/18/09 & 5/19/09
8.	Winchester/Clarke/Frederick/Page/Shenandoah/Warren	5/28/09 & 5/29/09
9.	Petersburg/Dinwiddie	6/4/09 & 6/11/09
10.	Hampton	9/17/09 & 9/18/09
11.	Suffolk	9/24/09 & 9/25/09
12.	Charlottesville & Albemarle	9/24/09 & 9/25/09
13.	Chesterfield County (review)	11/13/09
14.	Roanoke City/Roanoke County/Salem	11/12/09 & 11/13/09
15.	Fredericksburg/Stafford/Spotsylvania/King George	1/7/10 & 1/8/10

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16.	Lynchburg/Campbell/Bedford	1/28/10 & 1/29/10
17.	Henrico County	3/25/10 & 3/26/10
18.	Prince George/Surry/Hopewell	6/29/10 & 6/30/10
19.	Alexandria	11/9/10 & 11/10/10
20.	Staunton, Waynesboro and Augusta County	3/9/11 & 3/10/11
21.	Portsmouth	4/28/11 & 4/29/11
22.	CVRJ	8/28/11 & 8/29/11
23.	NRV	9/21/11 & 9/22/11
24.	Fairfax	10/6/11 & 10/7/11
25.	Cumberland CSB	10/27/11 & 10/28/11
26.	Planning District 1	11/9/11 & 11/10/11
27.	Culpepper	2/15/12 & 2/16/2012
28.	Harrisonburg-Rockingham	6/6/12 & 6/7/12
29.	Mt Rogers CSB	8/23/12 & 8/24/12
30.	Mecklenburg/Halifax	9/13/12 & 9/14/12
31.	Pittsylvania/Danville	10/18/12 & 10/19/12
32.	Northern Neck	12/6/12 & 12/7/12
33.	Middle Peninsula	1/22/13 & 1/23/13
34.	Eastern Shore	2/14/13 & 2/15/13
35.	Fauquier, Rappahannock County	3/26/13 & 3/27/13
36.	Norfolk	4/11/13 & 4/12/13
37.	Loudoun	5/14/13 & 5/15/13
38.	Piedmont CSB (Franklin County)	6/20/13 & 6/21/13
39.	Western Tidewater CSB (Southampton County)	7/18/13 & 7/19/13
40.	Hanover CSB	8/13/13 & 8/14/13