

CONNECTIONS

The Virginia Acute Psychiatric & Community Services Boards Bed Registry Newsletter!

March 2016

Volume 2, Issue 3

News For You!

Here are the **TOP 3** Updaters in the State:

1. VCU Health System at 8 times day!
2. Southwestern VA Mental Health Institute at 8 times day!
3. Western State Hospital at 7 times a day!

“What mental health needs is more sunlight, more candor, more un-shamed conversation about illnesses that affect not only individuals, but their families as well.”

-Glenn Close

Type of Facility:	Average Daily Updates to the PBR for February 2016:
State Facilities	3.41
Community Hospitals	3.41
Crisis Stabilization Units	2.34



Virginia’s Psychiatric Bed Registry has been in use for 2 years now! The site first launched on March 3, 2014.

Hot Topics:

- Bed Registry Updates
- Mental Health Month
- Reminders

Mental Health Month 2016

- The month of May is Mental Health Month!
- Mental Health Month was started in 1949 by Mental Health America to raise awareness about mental health and what could happen when mental health concerns are not recognized and addressed effectively.
- The hashtag for the month is #mentalillnessfeelslike. This theme focuses on spreading awareness on how individuals experience their own mental health challenges.



Visit mentalhealthamerica.net for more information



How Do You Promote Recovery?

Mental Health Month is an opportunity for providers to expand their understanding of mental health challenges from the perspective of individuals served.

Through recognizing May as Mental Health Month, there are many opportunities to further support recovery for those served by public and private psychiatric facilities.

Offering creative ways for individuals to express themselves is one way to honor those that you serve each day!

Some facilities currently utilize music, art, writing and more to engage individuals and provide a way for further expression.

How do you currently incorporate these into treatment? What are some new methods that could be implemented at your facility to promote recovery?



Quick Reminders



- Please make sure to check your facility users periodically.
 - If staff have left the agency or department that accesses the registry, please make the appropriate changes to name and contact information.
 - When the facility Admin contact needs to change, please contact Deborah Waite and Charlene Smith. The Admin contact is able to change other users as needed otherwise.
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- Please review your facility's updating policies: all staff listed as updaters through the registry should know the procedures regarding how and when to update.
 - If you forget your password to the registry, you can have a reset email sent to you through the link on the login page.

For training or general questions regarding the Psychiatric Bed Registry, please contact:

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**For technical questions or suggestions about the website (e.g., using your login search features, etc.),
please**

contact:

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