

Training Area	Training & Options	Mode	Staff to be trained	% of Staff Trained	Frequency of Training	Notes	Competency/Outcomes
Military Cultural Competency (MCC) - Introductory	Center for Deployment Psychology and Veterans Affairs - 75 minute MCC overview training. Access: http://deploymentpsych.org/online-courses/military-culture	Online	All Community Services Board (CSB) staff should have <u>one</u> Introductory MCC training	100%	At Hire/Annual Updates	Course Description: This interactive online training course provides an overview of military culture to include organizational structure, rank, branches of service, core values, and demographics as well as similarities and differences between the Active and Reserve components. It is intended to assist civilian mental health providers in better understanding, communicating and effectively interacting with Service members and their families. CE credits available.	Competencies: 1. To explain the military rank structure and organization and distinguish the primary mission and core values of each branch of service. 2. To describe differences and similarities between Active and Reserve components. 3. To discuss demographic characteristics of Service members. 4. To recognize general and deployment-related military terms. Outcome: Documentation of completed staff trainings. An Increase in identification of military personnel, veterans, and their families.
Military Cultural Competency (MCC) - Introductory	Psych Armor MCC trainings - multiple training options divided into 10 min to 1 hr self-paced online segments: Veteran 101 - DoD (20 minutes); Veteran 101 - Service Branch Overview (20 min); Veteran 101 - Military Culture (30 min); Veteran 101 - Laws and Regulations (10 min); Veteran 101 - Officer vs. Enlisted (35 minutes); Veteran 201 - Military Lingo & Discharges (20 min); Veteran 201 - Timeline of Wars (45 min); Veteran 201 - Profession vs. Occupation (35 min); Veteran 201 - Veterans (20 min); Veteran 201 - Military Families (60 min). Access: http://psvcharmor.org/mil	Online	All CSB staff should have <u>one</u> Introductory MCC training	100%	At Hire/Annual Updates	Course Description: Free, requires online user registration for access. CE credits available.	Competencies: 1. To take a look inside to the lifestyle of service members and their families. 2. To learn about the historic culture and ingrained values of the U.S. Armed Forces. 3. To gain exposure to the latest research and trends on veteran-specific issues. 4. To learn from nationally-recognized subject matter experts. Outcome: Documentation of completed staff trainings. An Increase in identification of military personnel, veterans, and their families.

<p>Military Cultural Competency (MCC) - In-Depth</p>	<p>Psych Armor MCC trainings - training options (in addition to the Veteran 101 and 201 courses) divided into self-paced online segments: 15 Things Veterans Want You to Know (45 min); Invisible Wounds of War Overview (30 min); Comprehensive Post Traumatic Stress Disorder (3 hours); Suicide in the Military (60 minutes); Connecting with the VA (60 minutes); Military Sexual Trauma (60 minutes); Inner Conflict and Survivor's Guilt (60 minutes); Rural Veterans (25 minutes), Building a Military Veteran Practice (20 minutes) and many more! Access: http://psycharmor.org/military-culture/</p>	<p>Online</p>	<p>Direct services staff working with military, veterans, and their families including (but not limited to) medical program staff, emergency services staff, peer staff, case managers, and clinicians</p>	<p>To be determined by individual CSBs.</p>	<p>To be determined by individual CSBs.</p>	<p>Course Description: Free, requires online user registration for access. CE credits available. Psych Armor has an extensive training library including in-depth trainings for healthcare professionals, caregivers and families, employers, volunteers, and educators. Veteran 101 and 201 courses are recommended as prerequisites for the in-depth courses.</p>	<p>Competencies: 1. To take a look inside to the lifestyle of service members and their families. 2. To learn about the historic culture and ingrained values of the U.S. Armed Forces. 3. To gain exposure to the latest research and trends on veteran-specific issues. 4. To learn from nationally-recognized subject matter experts. Outcome: Documentation of completed staff trainings. An Increase in identification of military personnel, veterans, and their families.</p>
<p>Military Cultural Competency (MCC): Understanding Military Ethos and Current Transition Issues Facing Veterans, Service Members and Their Families - In-Depth</p>	<p>Virginia Department of Veterans Services - In-Person training, 90 minutes</p>	<p>In Person, free and available statewide by request to Virginia Department of Veterans Services (DVS). DVS will offer at least annually in each CSB region and by request.</p>	<p>Direct services staff working with military, veterans, and their families including (but not limited to) medical program staff, emergency services staff, peer staff, case managers, and clinicians</p>	<p>To be determined by individual CSBs</p>	<p>To be determined by individual CSBs</p>	<p>Course Description: This training provides an overview of military culture to include organizational structure, rank, branches of service, core values, and demographics as well as similarities and differences between the Active and Reserve components, National Guard and family awareness. It also provides awareness of transition and reintegration needs for veterans and members of the National Guard and Armed Forces Reserves. The training includes an overview of Virginia-specific resources and veteran and family member panel for group discussion and personal stories of combat reintegration, military transition, access to care challenges, and behavioral health recovery. Overall, the training is intended to assist civilian and community services providers in better understanding, communicating and effectively interacting with Service members and their families.</p>	<p>Competencies: 1. To review statistics on the current make up of our U.S. military population. 2. To discuss the characteristics of the OIF/OEF/OND conflicts. 3. To learn about military transitions from deployment and to civilian life, and to discuss challenges that arise from these transitions. 4. To discuss military related mental health issues, treatment options and resources for Veterans and Service Members and families. Outcome: Documentation of completed staff trainings. An Increase in identification of military personnel, veterans, and their families.</p>

<p>Military Cultural Competency (MCC) for Healthcare Professionals - In Depth</p>	<p>Center for Deployment Psychology and Veterans Affairs - 8 hour (4 module) training. Module 1: Self-Assessment and Introduction to Military Ethos; Module 2: Military Organization and Roles; Module 3: Stressors and Resources; 4. Treatment Resources and Tools. Access: http://deploymentpsych.org/military-culture-course-modules</p>	<p>Online</p>	<p>Direct services staff working with military, veterans, and their families including (but not limited to) medical program staff, emergency services staff, peer staff, case managers, and clinicians</p>	<p>To be determined by individual CSBs.</p>	<p>To be determined by individual CSBs.</p>	<p>Course Description: The primary audience for the curriculum is mental health professionals employed by the VA or DoD, but the curriculum is intended to benefit any health care professional who serves members of the military, Veterans, or members of their families, regardless of setting. This includes physicians (including psychiatrists), psychologists, nurses, social workers, and counselors.</p>	<p>Competencies: 1. To identify factors that shape opinions about the military and military service. 2. To analyze potential prejudices and biases that you may hold related to military culture, Service members, and/or Veterans. 3. To evaluate the possible impact of military culture and military ethos on a Service member's, Veteran's, and/or Family member's sense of self, others and worldview. 4. To assess how military ethos impacts clinical presentation and interactions you have had with Service members, Veterans, and their families. 5. To describe how military ethos may contribute to stigma, help seeking, and health behaviors. Outcome: Documentation of completed staff trainings. An Increase in identification of military personnel, veterans, and their families.</p>
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