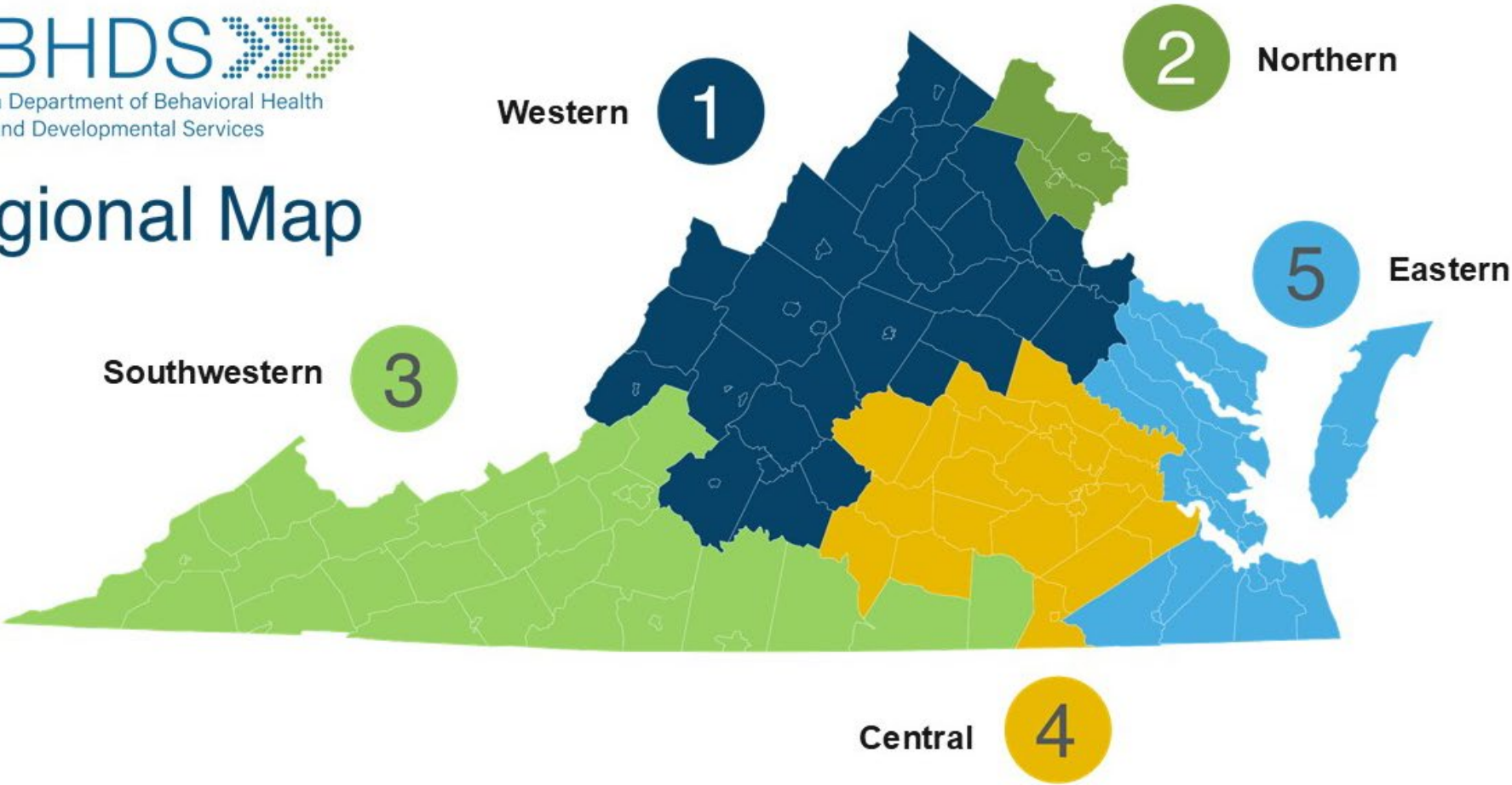


The Individual and Family Support Program (IFSP) Regional Map

Updated January 2026
City/County Breakdown on Page 2



Regional Map



You can click below the name of each region to go to its IFSP Regional Facebook page!

Table 1 City/County Breakdown by Region

Western (Region 1)	Northern (Region 2)	Southwestern (Region 3)	Central (Region 4)	Eastern (Region 5)
<u>@IFSPWesternRegion</u>	<u>@IFSPNorthernRegion</u>	<u>@IFSPSouthwesternRegion</u>	<u>@IFSPCentralRegion</u>	<u>@IFSPEasternRegion</u>
Albemarle	Alexandria	Bland	Amelia	Accomack
Alleghany	Arlington	Botetourt	Buckingham	Chesapeake
Amherst	Fairfax	Bristol	Charles City	Essex
Appomattox	Falls Church	Buchanan	Charlotte	Gloucester
Augusta	Loudoun	Brunswick	Chesterfield	Hampton
Bath	Manassas	Carroll	Colonial Heights	Isle of Wight
Bedford	Manassas Park	Craig	Cumberland	James City
Buena Vista	Prince William	Danville	Dinwiddie	King and Queen
Campbell		Dickenson	Emporia	King William
Caroline		Floyd	Goochland	Lancaster
Charlottesville		Franklin	Greensville	Mathews
Clarke		Galax	Hanover	Middlesex
Covington		Giles	Henrico	Newport News
Culpeper		Grayson	Hopewell	Norfolk
Fauquier		Halifax	Lunenburg	Northampton

Western (Region 1)	Northern (Region 2)	Southwestern (Region 3)	Central (Region 4)	Eastern (Region 5)
<u>@IFSPWesternRegion</u>	<u>@IFSPNorthernRegion</u>	<u>@IFSPSouthwesternRegion</u>	<u>@IFSPCentralRegion</u>	<u>@IFSPEasternRegion</u>
Fluvanna Frederick Fredericksburg Greene Harrisonburg Highland King George Lexington Louisa Lynchburg Madison Nelson Orange Page Rappahannock Rockbridge Rockingham Shenandoah		Henry Lee Martinsville Mecklenburg Montgomery Norton Patrick Pittsylvania Pulaski Radford Roanoke Russell Salem Scott Smyth Tazewell Wise Wythe	New Kent Nottoway Petersburg Powhatan Richmond City Prince Edward Prince George Surry Sussex	Northumberland Poquoson Portsmouth Richmond County Southampton Suffolk Virginia Beach Westmoreland Williamsburg York

Western (Region 1)	Northern (Region 2)	Southwestern (Region 3)	Central (Region 4)	Eastern (Region 5)
<u>@IFSPWesternRegion</u>	<u>@IFSPNorthernRegion</u>	<u>@IFSPSouthwesternRegion</u>	<u>@IFSPCentralRegion</u>	<u>@IFSPEasternRegion</u>
Spotsylvania Stafford Staunton Warren Washington Waynesboro Winchester				