



IFSP Coordinated Regional Council Meeting

Thursday, March 25 at 6:30 PM



Joining from a tablet? Scan this QR code to join the meeting, or use this link: <https://dbhds.zoomgov.com/j/1618203770>

Meeting ID: **161 820 3770**

Passcode: **IFSPcc325!**

The Individual and Family Support Program invites you to attend our first Coordinated Regional Council meeting!

Connect with your IFSP Regional Council to learn more about:

- Mental health resources and supports from experts in Virginia and in your community
- Signs and symptoms of mental illness
- How to create a crisis plan

Guest presenter: Sarah Wilson, Assistant Director



Do you need an accommodation to participate?

Email us: ifspcommunity@dbhds.virginia.gov



Virginia Department of
Behavioral Health &
Developmental Services

