



Virginia Department of Behavioral Health
and Developmental Services

IFSP-Funding Application Quick Tips Fall 2025

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- For program guidelines and answers to frequently asked questions, you can review the [Program Guidelines](#) and [Understanding IFSP-Funding: Frequently Asked Questions](#).
- For instructions to help you get started completing an application, you can review our [IFSP-Funding Portal User Guide](#), our [IFSP-Funding Portal Quick Reference Guide](#), and our upcoming online training video.
- For phone assistance from a live operator, please contact the [My Life, My Community](#) helpline (operated by SeniorNavigator), at **844-603-9248** on Mondays through Fridays, from 9 a.m. to 4 p.m.
- [Sign up for the IFSP email list](#) to receive all notifications about the IFSP-Funding Program.

Reminders and Tips

- **Remember: Submission of your application does not guarantee funding.**
- **The IFSP will communicate all general updates directly to individuals and families via our Constant Contact email list** (linked above). Please check your Spam or Junk Mail folders if you feel that you are not receiving Constant Contact updates. If you have unsubscribed from our email list, you will not receive notifications.
- **All email notifications about application submission, approval, or denial will be sent directly to individuals and families to the email address of the responsible party identified in the application.** Please check your Spam or Junk Mail folders if you feel that you are not receiving these messages.

