**Support Instructions** detail the observable actions the Direct Support Professional (DSP) is taking in order to support the person in each particular Support Activity so that the individual receives the right amount and type of support in a consistent way by all who support them. Support Instructions for skill building Support Activities must clearly identify the skill and how the DSPs will support the person to attain the skill. Support Instructions must be unique to each person, based on their own preferences, abilities, and participation in the activity in the manner the person wants and in the way it works best for that person.

**Ex:** John prefers to clean his own place at the table after a meal. Staff need to clear the dishes for him then place a damp cleaning cloth on the table in front of John. No cleaning supplies should be used because John has sensitive skin. John may wait up to 30 seconds before he places his hand on the cloth and begins wiping. Give him that time before reminding him it’s time to start cleaning his place at the table. When he stops wiping, wait 10 seconds before reminding him to look for places he missed if he missed any. When he completely wipes his place at the table, let him know he did a good job. Disinfect the table after John leaves. Record supports provided, his response to supports, and how many reminders you gave before he completely cleaned his place at the table. Skill – Cleaning his place at the table.

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| **Outcome**: Enter the outcome from the Part V Plan for Supports | |
| **Support Activity**  Enter the support activity from the Part V Plan for Supports | **Support Instructions**  Detail the observable actions the Direct Support Professional (DSP) is taking in order to support the person; if skill-building name the skill; include the person’s preferences and participaton. |
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Signatures –

Individual: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Substitute Decision Maker: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Provider (Plan writer): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_