

Behavioral Health Telehealth Resources for Providers

Trainings:

<https://smiadviser.org/education?topic=technology&target=&activity=&credit=#breadcrumbs>

<https://catalog.pesi.com/item/telehealth-certification-training-mental-health-professionals-59753?redirecturl=1>

<https://www.cce-global.org/credentialing/bctmh>

<https://telementalhealthtraining.com/>

<https://telehealth.org/telehealth-certification/>

www.dmas.virginia.gov/#/arts

Guidelines:

https://www.zurinstitute.com/resources/hipaa/#telemental_health_top

<https://www.psychiatry.org/psychiatrists/practice/telepsychiatry/toolkit/practice-guidelines>

Best Practices:

<https://www.psychiatry.org/File%20Library/Psychiatrists/Practice/Telepsychiatry/APA-ATA-Best-Practices-in-Videoconferencing-Based-Telemental-Health.pdf>

<https://www.cdphp.com/-/media/files/providers/behavioral-health/hedis-toolkit-and-bh-guidelines/practice-guidelines-telemental-health.pdf?la=en>

Example of Virginia Guidelines for Telehealth Services (From Virginia Board of Medicine):

<https://www.dhp.virginia.gov/medicine/guidelines/85-12.pdf>

Additional Resources:

<https://www.thenationalcouncil.org/integrated-health-coe/>

<https://www.telehealthresourcecenter.org/wp-content/uploads/2018/07/2016.05-Resources-Relevant-to-Trauma-Informed-Care.pdf>

<https://virginiatech.maps.arcgis.com/apps/webappviewer/index.html?id=825546b05bba47048470e1cfa7364de3> – for public wifi near VA Tech.

Coxcharitiesva.org/grants Applications accepted in areas that COX provides services. Application opens Aug 3 for about 30 days

Midatlantic Telehealth ResourceCenter <https://www.telehealthresourcecenter.org/matrc/?Center=MA TRC>

<https://www.matrc.org/check-out-all-the-telehealth-funding-opportunities/>

The local telehealth center is Virginia Telehealth Network, Inc (.<https://www.matrc.org/our-region/virginia/>)

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<https://www.matrc.org/grants-and-other-funding-opportunities> Tips and ideas on how to broaden your thoughts about telehealth, grants, and policies.

HRSA.gov usually provides funds for rural areas but sometimes they do extend the grants for urban areas. <https://www.hrsa.gov/grants/find-funding/hrsa-20-036>

Veterans

For Veterans eligible for Veterans Health Administration services (details on how to access via home or from a VA clinic):

<https://telehealth.va.gov/>

For Military Service Members and dependents with Tricare insurance:

<https://tricare.mil/CoveredServices/IsItCovered/Telemedicine>

For virtual peer and family support and community resource linkages for Military Service Members, Veterans, and their families in Virginia (regardless of Federal benefit eligibility):

The Virginia Veteran and Family Support Program - call 1-877-285-1299 or

visit <https://www.dvs.virginia.gov/virginia-veteran-and-family-support-2>

<https://www.mdedge.com/fedprac/article/225184/coronavirus-updates/trauma-informed-telehealth-covid-19-era-and-beyond>

Child and Family Telehealth Resources

<https://familiesusa.org/resources/advancing-health-equity-through-telehealth-interventions-during-covid-19-and-beyond-policy-recommendations-and-promising-state-models/> (this one is geared towards states/policy makers around how to use telehealth to advance health equity for children and families)

<https://childmind.org/wethriveinside/> Download our tailored resources below or [explore our telehealth services](#) for children and families. (This has a downloadable resources for families)

https://www.veipd.org/main/covid19_ei_tele_updates.html (Resources put together by Early Intervention that include telehealth resources and how to use this platform effectively in early intervention services)

<https://childmind.org/article/telehealth-for-kids/> - written for parents

Prevention Activities and Resources Generated by Virginia CSBs

CSB Events and Activities

Teen Social Distancing Challenge (Roanoke Area Youth Substance Abuse Coalition:

<http://www.virginiapreventionworks.org/middle-high-school-social-distancing-challenge/>)

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Talk Saves Lives presentations about suicide and how to prevent It (Southside Community Services Board and Blue Ridge Behavioral Healthcare: <http://www.virginiapreventionworks.org/talk-saves-lives-online-training/>)

Trauma Informed and Resilience-Oriented Leadership During a Pandemic, Pacific Southwest MHTTC (complete in May, recording of the event available through link.)
<https://mhttcnetwork.org/centers/pacific-southwest-mhttc/event/trauma-informed-resilience-oriented-leadership-during>

Ongoing: Parenting Education Classes provided via phone (Highlands Community Services Board: <https://highlandscsb.org/prevention/>)

Ongoing: Richmond Behavioral Health Authority and the Friends of Prevention Coalition are hosting a series of Facebook Live! Line dancing with KP (Kemel Patton) “the Line Dancing King”. Live Line dancing will occur on the 1st and 3rd Friday of the Month and streamed through our Facebook page: www.facebook.com/fopcrva

Social Media Posts and Resources Created by CSBs

Video: Escape the Vape PSA encouraging Individuals to quit vaping because of the connection to COVID-19 (New River Valley Community Services: <http://www.virginiapreventionworks.org/new-river-valley-community-services-wants-to-share-escape-the-vape-vaping-covid-19-psa/>)

Video Series: Parenting and Mental Health During COVID-19 made In partnership with Chesterfield County Public Schools (Chesterfield Prevention Services: <https://youtu.be/dP6dCN59bKw>)

Newsletter: Building Strong Families monthly newsletter to support families (New River Valley Community Services: http://www.nrvcs.org/wp-content/uploads/2020/04/BSF-newsletter-April_2020_FINAL-WEB.pdf)

Resource: Healthy Coping Mechanisms (Alexandria CSB: <https://www.alexandriava.gov/dchs/info/DCHSConnectInfo.aspx?id=114861>)

Resource: Coping, Mental Health, and Parenting During COVID-19 (Chesterfield County Prevention: <https://www.chesterfield.gov/DocumentCenter/View/15849/Mental-Health-Support-Services-Information-and-Resource-Guide-PDF>)

Resource: Weekly Mental Health Resources and Support for Families and Children (Virginia Beach Behavioral Health: <http://www.virginiapreventionworks.org/title-virginia-beach-prevention-services-covid-19-survival-series/>)

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Resource: Keep Calm, Cope On! strategies for promoting resilience (Harrisonburg-Rockingham Community Services Board: <http://www.virginiapreventionworks.org/keep-calm-cope-on/>)

School stress - 8 ways you can get rid of stress without turning to drugs.

https://www.justthinktwice.gov/article/school-stress-8-ways-deal?utm_medium=email&utm_source=govdelivery

Alcohol, Quarantine and COVID19 Resources, Dr. George F Koob. blog: Alcohol poses different challenges during the COVID-19 pandemic. <https://www.niaaa.nih.gov/directors-blog>.

Podcast: Dissect & Connect podcast (New River Valley Community Services and Montgomery County Prevention Partners: <http://www.virginiapreventionworks.org/latest-episode-of-new-river-valleys-podcast-now-available/>)

Journal: Printable Journal to Provide Support to Individuals (Rappahannock Area Community Services Board: <http://www.virginiapreventionworks.org/rappahannock-area-csb-provides-journal-to-cope-with-covid-19/>)

DD Services:

<https://meet.google.com/linkredirect?authuser=0&dest=https%3A%2F%2Fwww.apa.org%2Fpi%2Fdisability%2Fresources%2Fpublications%2Fnewsletter%2F2013%2F05%2Ftelehealth-psychologists>

JASPER intervention through UCLA for youth with DD: <http://ucla.multimedia-newsroom.com/index.php/2020/02/06/telemedicine-aided-therapy-helps-parents-of-children-with-developmental-disorders/>

SUD Information:

<https://www.ruralhealthinfo.org/toolkits/substance-abuse/2/care-delivery/telehealth>

<https://curbthecrisis.com/> - opioid information and services directory

REVIVE! Opioid Overdose and Naloxone Education Trainings adapted to virtual format (Fairfax-Falls Church Community Services Board: <https://www.fairfaxcounty.gov/community-services-board/news/2020/virtual-revive-training>)

<https://www.apa.org/pi/disability/resources/publications/newsletter/2013/05/telehealth-psychologists>

<https://www.relias.com/blog/telehealth-developmental-disabilities-covid-19>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4312787/pdf/tmj.2013.0379.pdf>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3375593/pdf/nihms-382197.pdf>

Co-occurring Information:

Telehealth during COVID-19 and Beyond Integrative treatment for co-occurring concerns.

<https://www.naadac.org/telehealth-COVID19-mindfulness-webinar>

Treating Co-occurring BH and Addiction during COVID-19. <https://rogersbh.org/resources/treating-co-occurring-mental-health-and-addiction-during-covid-19-considerations-telehealth>

LGBTQ+ Youth

Side by Side – Transitioned their support groups to online throughout the COVID-19 response.

Information about the groups can be found on their website - <http://www.sidebysideva.org/> Links to meetings can be found on their calendar on the main page.