

What is Permanent Supportive Housing (PSH)? PSH is an evidence-based practice that combines affordable rental housing with community-based services to address the treatment, rehabilitative, and recovery support needs of participants.

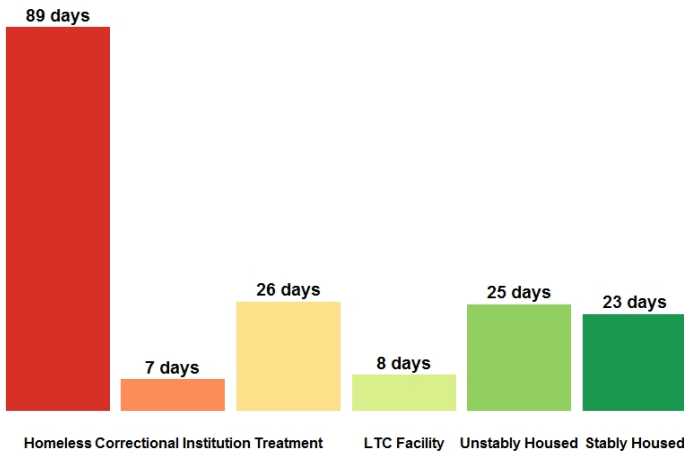
Background

- More than three decades of research show supportive housing reduces utilization of emergency, crisis, and institutional care and improves housing stability for highly vulnerable people.
- Supportive housing is a critical resource to ensure Virginia’s compliance with the Olmstead decision for individuals with disabilities. Lack of housing is the most common barrier to state hospital discharge.
- DBHDS analysis concluded that 5,000 units of PSH are needed to address critical housing and support needs of the most vulnerable homeless and institutionalized individuals with serious mental illness.

Before PSH: Homelessness, Hospitalizations, and Incarcerations

PSH Prioritization

- Individuals being discharged from a state hospital receive first priority for any open PSH slot.
- Individuals leaving a supervised residential program (group home, assisted living facility)
- Individuals experiencing long-term homelessness
- Individuals frequently using crisis, local hospital, or criminal justice systems due to unstable housing



PSH providers are effectively targeting highly vulnerable individuals with multi-system involvement reflecting failed interventions and poor outcomes.

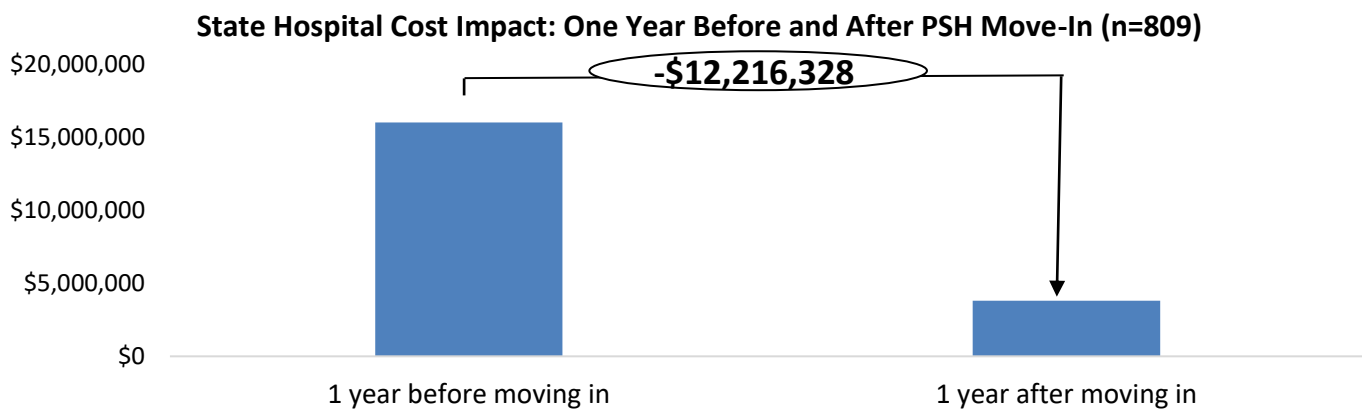
In the 180 days before PSH individuals spent, on average:

- 89 days in homeless shelters or on the streets
- 7 days in jail or prison
- 26 days in a treatment setting
- 25 days in unstable housing arrangements
- 23 days in stable housing

Only 18% spent even one night in stable housing.

After PSH: Positive Outcomes and State Hospital Costs Avoided

- 20 PSH programs operate in every DBHDS region and have housed 1,129 individuals.
- 89% remain stably housed for at least one year.
- 202 individuals have been directly discharged from a state hospital to PSH.
- State hospital utilization by PSH participants decreased 76% the year after move-in, resulting in avoided costs of \$12.2 million.



DBHDS PSH Program Structure and Funding

- PSH participants hold a standard lease for a rental unit from a private landlord.
- PSH funds pay a long-term rental subsidy and the individual pays approximately 30% of their income to rent.
- Average annual rental subsidy is approximately \$9,000 per household. Actual subsidy costs are driven by rental housing market conditions in each community. DBHDS uses HUD Fair Market Rent standards to cap subsidy payments.
- Housing stabilization services have an average annual per household cost of \$3,000. These services include locating housing, coordinating with clinical services, administering rental assistance, and preventing evictions.
- One-time housing costs (e.g., security deposits, furnishings) average approximately \$1,000 per household.
- Total annual PSH cost per household is approximately \$13,000. This includes subsidies, staffing, one-time costs, and program administration.
- Clinical services are provided by CSBs and private providers. These services include psychiatry, case management, Assertive Community Treatment, peer support, skill-building services, and psychosocial rehabilitation. These services are funded through existing mechanisms such as Medicaid, state and local mental health funds, and federal grants.
- DBHDS also administers PSH for Pregnant or Parenting Women (PPW) with SUDs (75 slots) and oversees Auxiliary Grant in Supportive Housing (AGSH) providers (120 slots).

Year	Population	Prior Year Base Budget	New Funding	New Base Budget
FY 2021	SMI	\$17,083,710	\$3,000,000	\$20,083,710
FY 2022	SMI	\$20,083,710	\$14,000,000	\$34,083,710

Provider	AGSH	PSH SMI	PSH PPW	Date Established	Provider	AGSH	PSH SMI	PSH PPW	Date Established
Arlington CSB		✓		FY 2016	Northwestern CSB		✓	✓	FY 2019
Blue Ridge Behavioral Healthcare	✓	✓	✓	FY 2018	Pathway Homes (Alexandria, Fairfax, Prince William)		✓		FY 2016
Chesapeake IBH		✓		FY 2020	Piedmont CSB	✓	✓		FY 2020
Danville-Pittsylvania		✓		FY 2018	Rappahannock – Rapidan CSB		✓		FY 2018
District 19 CSB		✓		FY 2018	Rappahannock Area CSB		✓		FY 2020
Hampton-Newport News CSB		✓	✓	FY 2016	Region Ten CSB		✓		FY 2018
Harrisonburg-Rockingham CSB		✓		FY 2020	Richmond BHA		✓	✓	FY 2017
Henrico MHDS		✓		FY 2018	Southside CSB	✓	✓		FY 2020
Mt. Rogers CSB	✓	✓		FY 2018	Valley CSB		✓		FY 2019
Norfolk CSB		✓		FY 2016	Virginia Beach CSB		✓		FY 2017