

# VIRGINIA'S NATIONAL CORE INDICATORS (NCI) PROJECT

Comparison of Virginia  
Data (FY 2018 & 2019) with  
National Data (FY 2018)

**DECEMBER 2019**

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This report includes a comparison of information from Virginia data collected in Fiscal Year 2018 (July 1, 2017 - June 30, 2018), Fiscal Year 2019 (July 1, 2018 - June 30, 2019), and national data collected in Fiscal Year 2018 (July 1, 2017 - June 30, 2018).

Information in this report is from a sample of adults with intellectual and developmental disabilities (IDD) who use services from developmental disabilities Waivers.

The information is from the Adult In-Person Survey. The survey has three sections:

- **BACKGROUND:** completed by support coordinators, case managers, or social workers
- **SECTION 1:** only the person who uses services can respond
- **SECTION 2:** the person or a proxy can respond

Virginia participates in the National Core Indicators (NCI) project as part of the state's effort to measure the quality of IDD services and systems performance.

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For more information about NCI in Virginia, visit our website at: [www.vcu.edu/partnership/nci](http://www.vcu.edu/partnership/nci)

# DESCRIPTIVE INFORMATION

	VIRGINIA		NATIONAL
	2018 N= 813	2019 N= 807	2018 N= 25,671
Average age	44	43.5	42
Male/Female	61/39	58/42	58/42
Limited/Full guardianship	45%	44%	36%
Behavioral supports	55%	55%	47%

# DISABILITY INDICATORS

	VIRGINIA		NATIONAL
	2018	2019	2018
<b>INTELLECTUAL DISABILITY (ID):</b> Severe & profound levels	29%	25%	24%
<b>MOBILITY:</b> Always needs assistance	13%	10%	9%
<b>EXPRESSION:</b> Uses gestures, signs, other	24%	26%	22.5%
Autism Spectrum Disorder	19%	24%	19%
Seizure disorder/Neurological condition	35%	32.5%	27%
Autism spectrum disorder & seizure disorder	6%	7%	5%

# WORK IN COMMUNITY

	VIRGINIA		NATIONAL
	2018 N= 75	2019 N= 82	2018
Paid community job	9.5%	10.5%	16%
Average income in 2 week period	\$209	\$207	\$284
Average time worked in 2 week period	29 hours	26 hours	29 hours
Makes minimum wage or above	74%	86%	90%

# CHOICE IN WORKING

	VIRGINIA		NATIONAL
	2018	2019	2018
Not working, would like to work	47%	52%	55%
<b>OF THOSE WHO WOULD LIKE TO WORK...</b>		N= 211	
Have employment as goal in plan	33%	35%	42%
Have employment supports & services	19%	23%	28%
Participate in employment training	15%	19%	27%
Participate in postsecondary education	2%	2.8%	2.5%
Volunteers	53%	51%	35%

# BEHAVIOR CHALLENGES

	VIRGINIA		NATIONAL
	2018	2019	2018
People who need some or extensive support to manage behavior	<b>56%</b>	<b>55%</b>	<b>47%</b>
<b>BEHAVIOR SUPPORT NEEDS IN GROUP HOMES</b>			
With 1-3 people	<b>62%</b>	<b>64%</b>	<b>62.5%</b>
With 4 or more people	<b>65%</b>	<b>64.5%</b>	<b>63%</b>
<b>WHO HAD PAID COMMUNITY JOBS?</b>			
People who need behavior support	<b>10%</b>	<b>10%</b>	<b>12%</b>
People who do NOT need behavior support	<b>9.5%</b>	<b>11%</b>	<b>19%</b>

# SUPPORT COORDINATION

	VIRGINIA		NATIONAL
	2018	2019	2018
Person met support coordinator	<b>94%</b>	<b>96%</b>	<b>94%</b>
Person knows they have a service plan	<b>94%</b>	<b>92%</b>	<b>89%</b>
Person helped develop plan	<b>99%</b>	<b>99%</b>	<b>98%</b>
Person knows who to call if problem with support coordinator	<b>74%</b>	<b>68%</b>	<b>N/A</b>

# WHERE PEOPLE LIVE

	VIRGINIA		NATIONAL
	2018	2019	2018
Own home/apartment	8%	7%	20%
Group home: 1-3 person	6%	6%	9%
Group home: 4-6 person	34%	35%	19%
Group home: 7-15 person	6%	5%	3%
Host/Sponsored home	12%	8%	5%
Family or relative's home	33%	37%	40%
Specialized/nursing facility	0%*	2%	4%
<b>AMOUNT OF STAFF SUPERVISION</b>			
24 Hour	67%	67%	48%
Staff supervision - daily on-site	21%	19%	15%
Less than daily	4%	6%	15%
<b>CHOICE</b>			
Chose home	18%	24%	26%
Had some input	45%	40%	31%
Someone else chose	37%	36%	42%

\*No data was collected from specialized or nursing facilities.

Of Virginia's 2019 group home respondents (n=358), 39% reported living in 4-person homes, compared to 18% in 5-person homes, and 18% in 6-person homes.

# HEALTH

	VIRGINIA		NATIONAL
	2018	2019	2018
Excellent/Very good health	70%	64%	68%
Weekly exercise	75%	81%	73%
No health conditions	33%	33%	40%
Mental health diagnosis	60%	53%	47%
Has primary care doctor	99%	99%	97%
Physical exam in last year	81%	82%	86%
Dental visit in last 6 months	36%	33%	50%
Flu vaccine in last year	87%	88%	72%

# HEART HEALTH

	VIRGINIA		NATIONAL
	2018	2019	2018
Overweight/Obese	64%	66%	64%
High blood pressure	23%	24%	22%
High cholesterol	18%	17%	19%
Diabetes	12%	14%	12%

**In the 2018-2019 sample, 24% of respondents had a behavior & mental health diagnosis. Of this group,**

95% received behavior supports

67% took behavior medication

94% took mental health medication

47% had a behavior plan