

TRI-CITY LHRC
Approved Minutes
March 2, 2023
6:00 PM
Central State Hospital
23617 W. Washington St., Bldg. 43
Petersburg, VA 23803
ZoomGov for Public/Providers

MEMBERS PRESENT (Sub-Committee)

Danielle Hunt – Chairperson

Juanita Coleman – Member

MEMBERS ABSENT

Laurel Borrel - Member

OTHERS PRESENT

Tony Davis, MS – DBHDS Human Rights Advocate

Jennifer Barker – Central State Hospital

Dr. Claire Bowman – Piedmont Geriatric Hospital

CALL TO ORDER

At 6:30 PM The meeting was called to order by Danielle Hunt.

ROLL CALL/ATTENDANCE

Introductions were made and the attendees were welcomed by Danielle Hunt.

APPROVAL OF AGENDA

At 6:34 PM A motion was made by Danielle Hunt and seconded by Juanita Coleman to postpone the approval the previous agendas until the next quarterly meeting due to convening as a sub-committee. Daniel Hunt also made a motion to revise the current agenda by removing a previously submitted restriction plan from Central State Hospital due to the individual being discharged. All members unanimously voted “Yes” to pass the motion to postpone the agenda approvals and current agenda revision.

APPROVAL OF MINUTES

At 6:35 PM A motion was made by Danielle Hunt and seconded by Juanita Coleman to review the minutes from the past meetings during the next quarterly meeting when all members are present to vote. All members unanimously voted “Yes” to pass the motion to postpone the approval of past meeting minutes.

PUBLIC COMMENTS

None

CHAIR ANNOUNCEMENTS

None

ADVOCATE REPORT

Tony Davis, Human Rights Advocate presented the Advocate's report.

- Quarterly ANE and complaint statistics
- Summary of current Variances
- Updates
- Upcoming Events

OLD BUSINESS

Review of previous business was postponed by Danielle Hunt until the next quarterly meeting due to convening as a sub-committee.

NEW BUSINESS: CLOSED SESSION

At 6:50 PM Danielle Hunt motioned, and seconded by Juanita Coleman, to convene in closed session, and the sub-committee entered closed session pursuant to Virginia Code §2.2-3711, a.15 and §2.2-37.05.5 for the purpose of discussion of restrictions. The sub-committee heard the following business:

- PGH Phone Restriction TW – 6:51 PM
- CSH Visitation Restriction DT – 7:10 PM

RETURN TO OPEN SESSION

At 7:20 PM Upon a motion made by Danielle Hunt and seconded by Juanita Coleman, and unanimously approved by all members in attendance, the sub-committee returned to open session. Each member then certified, to the best of each member's knowledge, only private business matters, lawfully exempted from statutory open session requirements and identified in the motion by which the closed session was convened, were considered in the closed session, namely, to review restrictive plans.

At 7:21 PM Danielle Hunt moved to approve the PGH Telephone Restriction and CSH Visitation Restriction without recommendations, and it was seconded by Juanita Coleman. The restrictions were approved by the sub-committee and will receive final review at the next quarterly LHRC meeting.

NEW BUSINESS (Open Session)

At 7:21 PM Tony Davis presented the LHRC Bylaws and reviewed them with the committee.

At 7:31 PM Danielle Hunt moved to adopt the LHRC Bylaws, and it was seconded by Juanita Coleman. The LHRC Bylaws were adopted by the sub-committee and will receive final review at the next quarterly LHRC meeting.

MEETING ADJOURNED

At 7:32 PM Danielle Hunt declared the meeting adjourned. Tony Davis reminded the Members and attendees of the next meeting date of May 18, 2023, at 6 PM, Central State Hospital in the Advocate's office.

Advocate Report, State Facilities

Quarterly ANE and complaint statistics

For the quarter ending 12/31/2022:

Facility	Abuse Cases*	Complaint Cases*
WSH	10 (1)	19 (2)
CCCA	13 (4)	4 (0)
NVMHI	8 (1)	14 (0)
SWVMHI	2 (1)	18 (1)
Catawba	10 (2)	5 (2)
SVMHI	4 (1)	1 (0)
CSH	21 (2)	13 (0)
HDMC	0	0
PGH	0	6 (0)
VCBR	10 (0)	42 (8)
ESH	19 (4)	33 (0)
SEVTC	5 (2)	1 (0)

*Cases in parentheses are substantiated.

Similar community information may be located by reviewing minutes from Local Human Rights Committees in your area via the Commonwealth Calendar: <https://commonwealthcalendar.virginia.gov/>

Summary of current Variances for Facilities

- Central State Hospital has 4 variances all of which were approved by the SHRC on 11/3/2022 to continue for another 3 years. There are no new variances pending.
- Western State Hospital has 2 variances which expire in 2024. There is one variance pending for SHRC approval in April.
- Virginia Center for Behavioral Rehabilitation has 2 variances which will expire in 2024. There are no variances currently pending.

DBHDS Updates

FY 2022 Accomplishments – In FY 2022, a total of 210,947 *unduplicated* individuals received services in the public behavioral health and developmental services system: 210,078 received services from CSBs, 5,856 received services in state hospitals and centers, and many received services from both. In addition, private providers delivered services to thousands and thousands more people and families throughout the Commonwealth.

Also during FY 2022, DBHDS determined its main objectives for a new strategic plan, the North Star Plan. The plan which is intended to help DBHDS successfully move forward in today's rapidly evolving healthcare environment to better serve the people and providers

who depend on Virginia's behavioral health and developmental services system, and to advance the Governor's vision to make Virginia the best place to live, work and raise a family:

1. **Strengthen workforce systemwide** – Develop a robust, strong, well-trained, and sustainable workforce.
2. **Expand the comprehensive system of care** – Increase access, grow capacity, and ensure quality of care in the most integrated setting across a comprehensive continuum of care for individuals with mental health disorders, substance use disorders, and developmental disabilities.
3. **Modernize systems and processes** – Modernize Systems and processes that leverage best practices to drive and sustain high-quality service outcomes.

Below are just some of the major accomplishments during FY 2022:

Community Services

Mental Health

- As of FY 2022, all nine phases of System Transformation Excellence and Performance (STEP-VA) received initial funding.
- DBHDS and DMAS' partnership, *Project Behavioral Health Redesign for Access, Value, and Outcomes*, implemented the following services:
 - July 1, 2021 – Assertive Community Treatment (ACT), Partial Hospitalization Programs (PHP), Intensive Outpatient Programs (IOP).
 - December 1, 2021 – Multisystemic Therapy (MST), Functional Family Therapy (FFT) Residential Crisis Stabilization Units, 23-hour Crisis Observation, Mobile Crisis, and Community Based Crisis Stabilization.
- The Virginia Mental Health Access Program (VMAP) served a total number of 1,422 unique patients in FY 2022, and had a total number of 1,664 consult calls, and registered 315 new providers.
- There are currently 863 individuals in active certified peer recovery (CPRS) workforce, and 862 people took the DBHDS 72-hour peer recovery specialist training in FY 2022, bringing to total people trained since 2017.
- Lock and Talk Virginia Lethal Means Safety Initiative distributed over 18,000 medication safety devices and over 17,500 gun locks.
- Trained 138 individuals in Applied Suicide Intervention Skills Training (ASIST) as of June 2022, bringing the total trained to 3,983.
- Trained 205 individuals in SafeTALK (Suicide Alertness for Everyone) as of June 2022, bringing the total trained to 2,744.
- Trained 86,152 individuals in the Mental Health First Aid (MHFA) course to date.
- In FY 2022, reported the following findings from a two-year pre/post study for Assertive Community Treatment (ACT): State hospitalization usage for all ACT served individuals admitted in FY 2019 was reduced by 51 percent, representing a cost avoidance of \$14,294,084 for this population.
- Served 21,048 infants and toddlers through Early Intervention/Part C.

Substance Use Disorders

- Federal State Opioid Response (SOR) grant accomplishments:
 - An average of 1,553 clients per quarter received MAT services.
 - An average of 2,253 clients per quarter received non-MAT services, including counseling, psychiatry, contingency management, and other therapeutic support.
 - 30,736 SOR-funded naloxone kits were distributed to local health departments, community members, CSBs, and first responders.
 - 37,835 individuals received SOR-funded recovery services.
 - 35 hospitals offer peer recovery services in emergency departments.
- During the 1st quarter of 2021 approximately 1,500 individuals were trained via Lay Rescuer and Training of Trainers, and 31 individuals trained as Non-First Responder Master Trainers for REVIVE!
- DBHDS partners with VDH to coordinate the distribution of Naloxone. Comprehensive Harm Reduction (CHR) sites, and the sites have distributed 11,332 doses of Naloxone, which is about 6 percent of overall distribution.
- This year, all 40 CSBs, in partnership with their local community coalitions, implemented individually based prevention programs that served 51,061 individuals.
- CSBs implemented strategies to reduce access to opioids through proper disposal and storage, including distribution of over 16,000 drug deactivation packets, lockboxes, and smart pill bottles.
- Over 50,000 people engaged in drug take back events this year.

Cross Disability Services

- 988 launched in Virginia on July 16, 2022. DBHDS proactively prepared for this initiative through partnering with National Suicide Prevention Lifeline Providers in the Commonwealth to operationalize Virginia's call center. Through this process Virginia increased its in state answer rate from 55 percent to 85 percent.
- The child Regional Education Assessment Crisis Services Habilitation (REACH) program received 1,389 referrals. The adult REACH program received 1,973 referrals.
- Invested \$34 million to establish and sustain 25 permanent supportive housing (PSH) providers across the state to serve more than 2,000 individuals with SMI.
- Invested \$1.6 million to serve 75 households with a pregnant or parenting woman with substance use disorders.

Developmental Services

- On May 23, 2022, the federal court submitted an order extending the anticipated end of the Consent Decree to December 31, 2023.

- Virginia has met 183 compliance indicators (58 percent) and is in sustained compliance with 79 of the 122 provisions (65 percent) as of the end of FY 2022.
- Developed and implemented over 20 statewide and regional quality improvement initiatives as part of the DD quality management system.
- Performed 8,643 repairs to 6,535 pieces of durable medical equipment and assistive technology items (such as wheelchairs). Also completed 79 custom adaptations.
- At the end of FY 2022 the dental team was serving 1559 individuals with DD without using restraints or general anesthesia through the Health Support Network program.
- Distributed \$4,008,000 to applicants for supports through the Individual and Family Support Program (IFSP) to provide financial assistance to individuals and families on the DD waiver waitlist.

Licensing and Human Rights

- On November 3, 2021, DBHDS went live with a new online-based licensing system, CONNECT to allow providers to submit electronically all required paperwork such as initial applications, license renewal applications, service modifications, corrective action plans and variances.
- During FY 2022, DBHDS processed 815 licensing complaints.
- Licensing specialists processed 1,509 application modifications during FY 2022 and completed 2,023 total unannounced inspections.
- DBHDS Human Right staff:
 - reviewed 941 human rights complaints involving licensed community programs with 11 percent resulting in a violation, and 10,237 allegations of abuse, neglect, or exploitation reported in community programs with 10 percent being substantiated following investigation and staff review.
 - reviewed 790 human rights complaints involving state operated hospitals and centers with 11 percent, resulting in a violation, and 537 allegations of abuse, neglect or exploitation with 16 percent being a violation following investigation.

Facility Services

- Five state hospitals temporarily closed to civil admissions in July 2021 in an effort to bring patient to staff ratios to a safer level to reduce serious incidents and injuries and through intensive recruiting and retention efforts and contract staffing, 193 beds have so far been reopened across the state hospital system.
- With the exception of a six-bed female unit, the Virginia Center for Behavioral Rehabilitation (VCBR) has occupied all new living units (six total) in its expansion project.
- Catawba Hospital achieved Joint Commission deemed status as a Behavioral Health Hospital during FY 2022.
- The Commonwealth Center for Children and Adolescents achieved Joint Commission accreditation as a Behavioral Health Hospital in June 2022.

- VCBR continues to lead the nation in the number of individuals successfully discharged from a sexually violent predator civil commitment facility.
- Provided oversight and support to 12 jail diversion programs.
- Provided oversight and support to the 38 CSBs and 38 crisis intervention teams (CIT) assessment sites.
- In FY 2022, DBHDS oversaw the use of \$62.4 million in discharge assistance program (DAP) funds, served 1,637 individuals, of which approximately 619 were new discharges from state hospitals, served 1,337 individuals with individual DAP plans/funding. DAP is a major tool for overcoming barriers to discharge for individuals in state mental health hospitals who are clinically ready to leave but unable to do so due to the lack of needed community services.
- Community Integration Projects in FY 2022 included:
 - Supported 145 assisted living facility beds in three locations.
 - Supported 110 transitional group home beds in locations throughout the state. All of these beds are used exclusively for individuals discharging from state hospitals.
 - Served 130 individuals in transitional group homes.
 - Served 170 individuals in assisted living facilities.

Administrative Services

- The Direct Support Professional Career Pathways Program aim is to increase the overall competency level of staff, leading to a more positive workplace environment and improving recruitment and retention of staff. Since the program began, 670 certificates have been awarded, and 213 employees have completed two certificate programs.
- There were a combined 90 employees in Virginia Public Sector Leadership VPSL I, II and III during FY 2022 and 701 since these programs began. This program also nurtures high potential employees and builds on retention and succession planning activities.
- Implemented 163 enhancements to the Millennium Electronic Health Record (EHR) application.
- Completed the implementation of a new virtual visitation platform for all 12 DBHDS facilities to allow family members and friends visit with those in our facilities remotely.
- Completed four facility audits, five CSB audits, and the IT general security controls audit, two IT system security audits, two facility physical security control audits and a physical security control audit of Central Office.
- Investigated and issued reports on 12 cases from the Office of the State Inspector General's Fraud, Waste, and Abuse Hotline.
- Executed and managed 235 contracts totaling more than \$164 million of contractual obligations on behalf of DBHDS.
- In December 2021, the first DBHDS DEI Strategic plan for FY 2021-2025 was approved as guidance for all DEI procedures, protocols and initiatives for the agency.

News Articles

- [**HRCSB excited about Youngkin's behavioral health plan**](#) By Colby Johnson, WHSV, December 16, 2022
- [**Fauquier Free Clinic now offers free virtual mental health therapy to uninsured and underinsured patients**](#) By James Jarvis, Rappahannock News, December 16, 2022
- [**New telehealth initiative bridges gaps for mental health care**](#) By Cathy Dyson, Free Lance-Star, December 16, 2022
- [**Virginia senators announce \\$1 million in funding for mental health lifeline**](#) By Ezra Hercyk, WSET, December 16, 2022
- [**Kaine & Collins introduce bill to support children's access to mental health care**](#) By Kaylee Shipley, WSET, December 18, 2022
- [**Opioid settlement could bring more than \\$5 million to Fredericksburg localities**](#) By Cathy Dyson, Free Lance-Star, December 17, 2022
- [**Court's behavioral health docket 'A growing experience'**](#) By Mike Gangloff, AP (Roanoke Times/Free-Lance Star), December 17, 2022
- [**Disability advocate honored in Fairfax ceremony**](#) By InsideNova.com, December 17, 2022
- [**Editorial: Youngkin proposal reflects proper scope, ambition for mental health reform**](#) By Virginian Pilot/Daily Press Editorial Board, December 17, 2022

Trainings for Providers & Facilities

<https://dbhds.virginia.gov/quality-management/human-rights/training-resources-for-providers/>

SHRC Meetings

<https://dbhds.virginia.gov/wp-content/uploads/2023/01/2023-SHRC-Meeting-Schedule.pdf>

LHRC Trainings

2023 LHRC Trainings are currently in development.