

## **VA HIGHLANDS LHRC**

FINAL Minutes

April 11, 2023

12:00

Southwestern Virginia Mental Health Institute

### **MEMBERS PRESENT**

Stephanie Rutledge, PhD, LPC– Chairperson

Nancy Munsey – Member

Amelia Bland Waller, JD (retired) – Member

### **Members Absent**

None

### **OTHERS PRESENT**

Matthew Woodlee, LMFT - SWVMHI

Heather Perry – DBHDS Human Rights Advocate

Mykala Sauls – DBHDS Human Rights Advocate

Laura Dickerson – Goodwill Industries

Lisa Dishner, RN – Carilion Clinic

Heather Crookshank, BCBA – Blue Mountain Therapy

Jolene Bilbey, ABA – Blue Mountain Therapy

Tiffany Hairston – A Greater Destiny

Regina Riddick

Anita Kablinger, MD – Carilion Clinic

Abhishek Reddy MD – Carilion Clinic

Cassie Staples – DePaul Community Services

### **CALL TO ORDER**

The meeting was called to order by Stephanie Rutledge, chairperson, at 12:07 PM.

### **ROLL CALL/ATTENDANCE**

Those in attendance make introductions. Chair welcomes attendees.

### **APPROVAL OF AGENDA**

A motion to approve the agenda as is was made by Amelia Bland Waller and Nancy Munsey seconded, and unanimously approved by all members in attendance.

### **APPROVAL OF MINUTES**

A motion to approve the VA Highlands LHRC minutes from August 9, 2022 was made by Nancy Munsey, seconded by Amelia Bland Waller, and unanimously approved by all members in attendance.

### **PUBLIC COMMENTS**

Matt Woodlee, LMFT, provided an update about SWVMHI including information on bed numbers across the state, police drop offs and the utilization of alternative transportation.

### **CHAIR ANNOUNCEMENTS**

None

### **ADVOCATE REPORT AND TRAINING**

Heather Perry provided an advocate report and information regarding the dLCV Human Rights Complaint Process Survey. See attached.

### **OLD BUSINESS:**

None

### **NEW BUSINESS**

None

### **CLOSED SESSION**

Upon a motion made by Stephanie Rutledge and seconded by Amelia Bland Waller, the committee entered closed session pursuant to Virginia Code §2.2-3711, a.15 and §2.2-37.05.5 for the purpose of discussion of treatment plans.

SWVMHI Restriction Review (12:25p)

Roanoke-Catawba LHRC Applicant Interview - (12:35p)

Catawba LHRC Applicant Interview- (12:50p)

Blue Mountain Therapy/Felts Residential- BTP with Restrictions - (1:15)

A Greater Destiny- Restriction - (1:35)

Carilion- Research Review - (1:48)

DePaul Restriction Review – (2:10)

### **RETURN TO OPEN SESSION**

Upon reconvening in open session, each member certified that, to the best of each member's knowledge, only private business matters, lawfully exempted from statutory open session requirements and identified in the motion by which the closed session was convened, were considered in the closed session, namely to review an Individual's restrictive plan.

A motion to accept items and recommendations discussed during closed session was made by Amelia Bland Waller, seconded by Stephanie Rutledge. Accepted unanimously by all members in attendance.

### **MEETING ADJOURNED**

The meeting was adjourned at 2:48p. The next meeting will be held on August 8<sup>th</sup>, 2023 at Southwestern Virginia Mental Health Institute.