

MINUTES
OF THE
SUBSTANCE ABUSE SERVICES COUNCIL
JUNE 27, 2018
MARY McMASTERS, M.D., CHAIR
VIRGINIA ASSOCIATION OF COMMUNITY SERVICES BOARDS
RICHMOND, VIRGINIA

MEMBERS PRESENT:

Richard Foy, *Commission on the Virginia Alcohol Safety Action Program*
Katie Weaks, *Department of Alcoholic Beverage Control*
Anna Burton, *Department of Corrections*
Stephanie Arnold, *Department of Criminal Justice Services*
Arthur Mayer, *Department of Juvenile Justice*
Ke'Shawn Harper, *Department of Medical Assistance Services*
Robert Weabley, *Department of Motor Vehicles*
Senator George Barker, *Senate of Virginia*
Marjorie Yates, *Substance Abuse and Addiction Recovery Alliance of Virginia*
Jamie MacDonald, *Virginia Association of Community Services Boards – Prevention*
Sandra O'Dell, *Virginia Association of Community Services Boards*
Henry Harper, *Virginia Foundation for Healthy Youth*
Keith Westbrook, *Legislative Assistant to Del. Delores McQuinn,*
Virginia House of Delegates
Mary McMasters, M.D., *Advocate*

GUESTS:

Paula Margolis, *Joint Commission on Health Care*
Margaret Steele, *Virginia Dept. of Behavioral Health & Developmental Services*
Malcolm King *Virginia Dept. of Behavioral Health & Developmental Services*
Katie O'Connor, *The Virginia Mercury*

STAFF:

Kate Marshall, *Department of Behavioral Health and Developmental Services*
Lisa Street, *Department of Behavioral Health and Developmental Services*

- I. WELCOME AND INTRODUCTIONS.** Dr. McMasters called the meeting to order and asked members and others present to introduce themselves and share what organization they represented.
- II. REVIEW AND APPROVAL OF THE MINUTES OF MAY 30, 2018.** Ms. O'Dell made a motion to approve, seconded by Ms. Burton and accepted by voice vote.
- III. OLD BUSINESS.** No old business reported.
- IV. NEW BUSINESS.**
 - A. Report: Young Adult Substance Abuse Treatment Grant: Malcolm King, Child and Family Program Specialist, Office of Child & Family Services, Virginia Department of

Behavioral Health & Developmental Services, reported that DBHDS' Office of Child and Family Services was awarded a \$3.2 million federal State Youth Treatment Implementation (SYT-I) grant in April 2017. The grant period is October 1, 2017-September 30, 2021. It is a year to year funded project at \$800,000 per year. The project includes the local treatment provider sites of Mount Rogers Community Services Board, Rappahannock-Rapidan Community Services Board, Richmond Behavioral Health Authority, and Western Tidewater Community Services Board. These sites were chosen based on sites that are involved in the 1st Episode Psychosis project and those that have experience in utilizing the identified best practice models identified in the YSAT-I grant. Each site was provided funding based on approved service delivery proposals and will be utilizing the Global Appraisal of Individual Needs (GAIN) Assessment Tool and the Adolescent – Community Reinforcement Approach (A-CRA) Treatment Tool. The proposed outcomes of this project are to:

- Improve substance use and mental health disorder treatment services for transition age youth (ages 16-25) with SUD and/or co-occurring disorders;
- Increase state-wide access to evidence-based assessments, treatment models and recovery services by strengthening the existing infrastructure system;
- Increase use of Best Practice treatment models;
- Address behavioral health disparities among racial and ethnic minorities; and
- Implement state-wide workforce development plan.

B. Report: Summary Points from Presentation: Dr. Mary McMasters led the discussion to summarize points from presentation.

- There's a shrinking workforce, poor communication, need for education, and a need for additional funding.
- Workforce issues in rural area – licensing required for many services, which has narrowed the workforce. Most people didn't learn what they need to know in school, they learned on the job.
- There used to be a wider range of degrees, but was narrowed due to licensing requirements with input from several agencies and became a multi-agency decision.
- Children's non-traditional services increased by 400% in a short period of time when opened to private providers. There were a lot of inappropriate services or not documented in terms of need, that may be one of the reasons for putting in stronger requirements for credentials.
- Defining the problem is important, silo-ing in credentialing – everything has to come from evidence-based practice. Education should also be based on what science says; question of who is really qualified should come from the same core science.

C. Report: Annual Report Content and Recommendations: Dr. Mary McMasters led the discussion to summarize points from the first three SASC meetings that can helpful in preparing the Annual Report to the Governor.

- March 28, 2018
 - Review of relevant legislation
- April 25, 2018

- Definitions
- Opioid crisis isn't a new problem, the problem is addiction.
- Addiction is a disease that affects functioning and it ultimately affects the economy .i.e. when driving drunk you could end up in jail,
- May 30, 2018
 - Focused on treating substance-exposed infants.
 - We are moving from punitive to supportive responses to families. Many professionals don't understand the complexities of addiction. We have to communicate to them.
 - Enabling is a real concept in the disease of addiction and the ARTS programs has helped with that.
 - Alcohol and tobacco are still addictions and still problems.
 - Classes related to substance use disorders are slowly being incorporated into some of the bachelor-level curriculums.
 - Society is going through a cultural shift while focusing on recovery. The way the SA mothers are being treated is encouraging them to seek treatment. If this problem only affected the homeless, it wouldn't get attention. Because it is affecting white-collar and the workforce, it's getting attention.
 - Family First Prevention Services Act, coverage of evidence-based treatment for foster kids, pays for a family to be in residential treatment together. DMAS is assisting with parameters around these funds.
 - Prevention is needed, but funding is also needed – block grant is only source now. The state has never funded substance abuse prevention through state dollars – it has always come through block grant.
 - VA Foundation for Health Youth focused on teen smoking, then obesity, and now substance abuse treatment with no additional funding. There needs to be more resources provided.

Recommendations:

- Support funding for substance abuse prevention and screening.
- Support prevention efforts as early as elementary school.
- Support needs for more mental health resources and counseling in school.
- Support additional funding to support funding in the Healthy Youth Foundation.
- Support peer recovery support services, they come with a passion you can't teach.
- Support workforce training for professionals with a degree, but not have the specific experience, classes or certification – have them take additional classes without enrolling for a degree.
- Support funding for advance practice residencies for physicians to provide intensive clinical training in treating individuals with Substance Use Disorders in a variety of practice and specialty settings.

Discussions for 2019 meetings:

- DBHDS identifying more contractors to review individuals with felonies who are rejected for jobs. There's currently on lone in the State now.
- How can state government attract and retain a workforce?

V. PUBLIC COMMENTS. There were no public comments.

VI. ADJOURNMENT. Ms. Hopkins made a motion to adjourn that was seconded by Senator Barber. The motion was passed on a voice vote and the meeting adjourned.

Respectfully submitted,

Kate Marshall
Staff to the Council