

**Facility Comprehensive Plan
Recovery Plan**
Progress Update October 1, 2014

Facility: Eastern State Hospital

Goal: (1) Increase Patient Involvement in Recovery Initiatives and Treatment

Plan: Increase resident participation in recovery treatment, improve satisfaction surveys, increase the ability of patients to make choices, and improve collaborative relationships in the hospital and community

Objectives	Responsible Person	Process/ Measures	Timeline	Progress Update
1. Increase the choices available to patients and increase patient participation in their quality of life while in the hospital.	Peer Support Specialists, Recovery Committee; Recovery Coordinator	minutes relating to specific requests from patients; patient recovery/satisfaction survey	ONGOING	Patient concerns and comments forum held quarterly with the peer support specialists next scheduled meeting October 16 th . Patient satisfaction surveys were completed in September 2014. 73 surveys were returned. Survey results were forwarded to ESH Executive Board and Clinical Leaderships and will be presented in October to Leadership team.
2. Improve the trusting, supportive relationship between patients and staff.	Executive Board	Use the revised patient complaint data to identify areas where there is need for increased Recovery Education and participation.	ONGOING	Patient complaint data reviewed quarterly at Executive Board meeting. Patients created a video on dignity for staff training. Video won a DBHDS award.

Goal: (2) **To Initiate Peer Workforce Development and Enhance Helping Relationships**

Plan: a) Increase the number of volunteer positions for patients and b) increase support systems of patients both in the hospital and in the community

Objectives	Responsible Person	Process/Measures	Timeline	Progress Update
1. Educate staff and patients regarding new volunteer and paid opportunities for patients.	Volunteer Services Coordinator, Recovery Coordinator	Increased volunteer participation	ONGOING	During 2014 30 patients actively participated in volunteer activities, to include: Dream Shop, Master Gardening, Meals on Wheels, religious services and Patient Library
2. Increase the number of patients with WRAP plans	Peer Support Specialists, Recovery Coordinator	WRAP groups conducted and plans completed	ONGOING	During 2013-14, 23 patients had an opportunity to participate in WRAP class, all of who completed their plan, under the guidance of two Peer Support Specialists (certified WRAP trainers). Peer Support Specialists continued to work 1:1 with those patients who needed individual assistance with WRAP completion.
3. Provide opportunities for patients to develop their network of supports (e.g. staff, friends, community resources) to enhance the ability to make and maintain healthy and meaningful relationships.	Peer Support Specialists, Recovery Coordinator	Patient recovery/satisfaction surveys	ONGOING	<p>Held 2 Discharge Ready Parties for those patients who are on the discharge ready list as a means of increasing the visibility of the recovery message for patients. Former patient(s) are invited for motivational speaking, discussion of community resources and encouragement.</p> <p>Held 2 former patient reunions one in September. 2013 and one in September 2014. Former and current patients were able to make connections that day. Former patients rated ESH 4.2 out of 5 for satisfaction in 2013 survey .In 2014 ESH was rated 4.45 out of 5 for satisfaction by former patients.</p> <p>September 2014 surveys completed hospital wide.</p>

Goal: (3) **To Improve and Facilitate Recovery Initiatives in the Community**

Plan: To provide for a more successful transition of patients so as to increase tenure and continuity of their Recovery in the community

Objectives	Responsible Person	Process/Measures	Timeline	Progress Update
1. Share services with CSB for specialized treatments.	Peer Support Specialists; Recovery Coordinator	Participation on Region V Consumer Advocacy Committee, BRSS-TACS	ONGOING	Recovery Coordinator continues to attend CAC meetings monthly to actively participate in the Region V Consumer Advocacy Committee (CAC) and BRSS-TACS meetings.
2. Provide opportunities for patients to develop their network of supports (e.g. staff, friends, community resources) to enhance the ability to make and maintain healthy and meaningful relationships.	Peer Support Specialists, Recovery Coordinator			<p>Patients continue to regularly attend Community Clubhouse Programs (48 visits patients throughout the year) and Spirit works Program (2 patients throughout the year). They are transported by our transportation department.</p> <p>NAMI, AA and NA are offered weekly in the community being transported by ESH rehab staff, recovery coordinator, substance abuse counselors and peer support specialists.</p> <p>Continue to partner with the community Master Gardeners. The Master Gardeners work with the hospital Master Gardener providing education and opportunities for patients to develop gardens, plants and vegetables. The Master Gardeners come to the hospital 2x/month and work with adult and geriatric patients.</p>

Goal: (4) **Improved Staff Workforce Development to incorporate Recovery Paradigm and Increase staff Involvement in Recovery Initiatives**

Plan: Increase support for and staff involvement in Recovery initiatives

Objectives	Responsible Person	Process/Measures	Timeline	Progress Update
1. Reinforce and improve knowledge of Recovery Principles.	Recovery Committee	Ensure that all staff receives training in recovery principles and are able to demonstrate Recovery principles.	ONGOING	<p>The Recovery Committee meets at least monthly, focusing on tangible initiatives and results that assist in the ongoing recovery of patients.</p> <p>The Recovery Coordinator receives a monthly listing of any staff who never received recovery training and works with supervisors to ensure training is completed.</p> <p>Recovery Principles in New Employee Orientation was revised and is currently being taught by Peer Support Specialists.</p>
2. Improve individualized treatment planning and documentation (person-centered planning).	Hospital Clinical Leadership	Trainings and in-services.	ONGOING	Treatment Plan reviews is ongoing. The committee is reviewing the team process and will provide team training and documentation training in October 2014. Treatment plans continue to be reviewed

ONGOING RECOVERY PROJECTS

Planning for discharge ready party, former patient reunion, implementing survey results.