

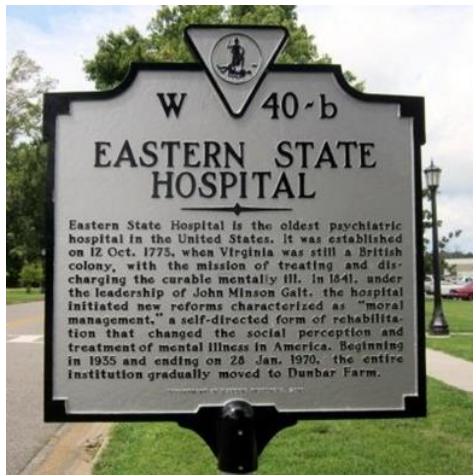
About ESH

Eastern State Hospital (ESH) is the nation's first public mental health hospital, claiming the slogan "the first to care." The hospital was founded in 1773, with an emphasis on community-focused mental health care. In the past 250+ years, we have made continuous efforts to improve the care we provide.

The current hospital campus situated on 500 acres & consists of two patient care buildings, & a staff of over 900 to care for up to ~300 patients.

ESH is accredited by The Joint Commission & offers active treatment to residents of southeastern Virginia.

A short drive from Washington DC, Virginia Beach, & Richmond Virginia, Eastern State Hospital (ESH) is located 3 miles west of Colonial Williamsburg, our region is easily accessible & extremely diverse.



Mission Statements

At ESH, our mission is to partner with those we serve to promote personal independence. Our vision is to continuously pursue the highest quality services that empower individuals in their recovery. Our virtues are to demonstrate & encourage compassion, self-determination, empowerment, honesty, integrity, cooperation, teamwork, & respect.

The Psychology Department is committed to excellence in clinical & forensic assessment, case formulation, & therapeutic interventions. Psychology utilizes research to inform all aspects of clinical practice at ESH, including psychological assessment & treatment, program design & implementation, consultation to improve the environmental milieu, & collaboration with other disciplines. We uphold our principles & commitment to facilitating autonomy & empowerment, so we may foster a culture of recovery from serious mental illness.



HPSA
Health Professions
Society of America



Virginia Department of
Behavioral Health &
Developmental Services

Eastern State Hospital | 4601 Ironbound Road, Williamsburg, Virginia 23188
Phone (757) 253-5161 | Fax (757) 253-5065 | esh.dbbhs.virginia.gov

Eastern State Hospital Psychology Counseling Practicum and Internship 2024-2025



Eastern State Hospital
4601 Ironbound Rd
Williamsburg, VA 23188

Our Patient Population

Age. Our hospital treats emerging adults, adults, & older adults, & so placement at our site involves exposure to much of the lifespan (age 18+).

Presenting Problems. We primarily serve adults with severe & persistent mental illness. However, much of our population experiences co-occurring intellectual disabilities, developmental disabilities, personality disorders, trauma symptoms, substance use disorders, neurocognitive decline, & physical health problems.

Legal Status. Increasingly ESH's patient population has become more legally involved. We do serve civilly committed patients without legal involvement, but also jail transfers hospitalized for temporary stabilization, competency restoration, initial evaluations of competency/sanity; & insanity acquittees working through the graduated privileging system.

Socioeconomic Status. As a state facility, many of the patients in our care are indigent.

Veteran Status. With proximity to U.S. Army, Navy, & Air Force hubs in particular, many of our patients are veterans, & at times are active-duty military personnel.

Additional Cultural & Demographic Factors. The hospital serves the southeastern region of Virginia, & reflects the local demographics with respect to race, ethnicity, gender identity, sexuality, religion, etc.

*Students are encouraged to communicate any specialized interests in case those can be accommodated

Our Training Program

Our training year runs from September to May (2+ days on site)

Clinical Responsibilities. One on one individual restoration psychoeducation sessions, one to one individual therapy (longer term patients), brief and support interventions, treatment team collaboration, and group treatment.

For internship: Opportunities for supervise psychological testing training and supervised administration on an inpatient basis (e.g., malingering, neurocognitive, etc)

Communication. Experience in clinical documentation, individual and group progress notes, & communicating with staff of other disciplines verbally & in writing.

Observation. Exposure to as many inpatient hospital functions as possible, with opportunities to observe in formal forensic evaluations (e.g., competency), clinical assessments (e.g., intake assessments, suicide risk), treatment team meetings, etc.

Supervision. We will offer supervision by a Licensed Professional Counselor and group supervision led by Psychology Post-Doctoral Fellow and/or LPC, to allow for exposure to a range of supervision styles.

Didactic Training. In-person trainings, recommended webinars, & the weekly DBHDS forensic seminar.

Research. Research opportunities can also be made available to those with interest.

Our Training Philosophy

Our psychology counseling training program operates in tandem with our established postdoctoral fellowship, & our psychology doctoral training program. We aim to train strong clinicians & future colleagues, with interest in gaining experience with a largely underserved population.

We encourage application of theoretical knowledge, & understanding of evidence-based practices, in clinical practice. All ESH services must meet appropriate national standards of care & have proven outcomes of safety & effectiveness.

How to Apply

Please submit application materials via email to the ESH Psychology Counseling Training Director:

Stephanie Ellison MS, LPC, NCC

stephanie.ellison@dbhds.virginia.gov

Office Phone: (757) 208-7287

Required Materials:

- Cover Letter
- Resume

Application Deadline: July 19th 2024

Interviews: July/August 2024 (exact dates TBD)

Acceptance Information: We look forward to offering placements to at least 2 qualified counseling trainees