#### Supporting the Commonwealth's Vision for Future Service Delivery

The Department of Behavioral Health and Developmental Services (DBHDS) engaged in a major transformation initiative to replace Virginia's historic emphasis on institutionally based care to one with a service system that promotes opportunities for individuals to fully participate in community life. Accordingly, SEVTC has been involved in a multi-year downsizing and rebuilding project. A new neighborhood was completed in 2012 culminating in support for up to 75 individuals in residence at the new 'Steppingstones At Greenbrier' community. While the Department has invested in services that enable many individuals with complex needs to remain close to their homes and natural supports, SEVTC will continue to be an essential component of Virginia's community integration initiative.



# SEVTC

Southeastern Virginia Training Center is an Intermediate Care Facility which provides highly structured habilitation services including life in a residential neighborhood, care support/training, and learning opportunities in areas such as employment, communication, language, self-care, independent living, socialization, recreation, leisure, music, academic skills and motor development for individuals with intellectual and developmental disabilities.

All applications for admission are made through the community service board (CSB) in the locality where the applicant currently resides. Applications are considered by Health Planning Regional Admission and Discharge Committees based on the applicant's home location. Discharge planning begins upon admission and is integral to our community integration initiative.

SEVTC supports individuals from across the state of Virginia who have intellectual and developmental disabilities including those with behaviorally complex needs. SEVTC provides a full range of residential and professional services. Individuals live in fifteen five-bedroom homes in the Steppingstones at Greenbrier neighborhood. The homes have fully equipped kitchens, living and dining rooms with open floor plan, family rooms, activity and learning spaces, single bedrooms, and specially equipped bathrooms. The homes were designed and constructed in 2012 with universal design principles in mind and meet the latest in residential LEED standards for energy efficiency.

Each person has a personal support team (PST) including professional and direct support personnel as determined by individual interests, needs, and preferences and as reflected in their support plan. The individual, authorized representative, family, community case manager, and other members of the team work together to complete comprehensive and specialized assessments; to develop a person-centered plan; to set priorities for daily activities, basic care, and on-going learning; to implement and monitor plans and experiences; and, to support a chosen lifestyle. In addition, the personal support team identifies essential supports necessary for the individual to successfully integrate into a community of their choice and works with DBHDS and CSB partners to facilitate a smooth transition to community living.



## **Our Mission**

Our mission is to provide quality, person-centered services for individuals with intellectual and developmental disabilities and their families in partnership with a community-based system of supports.

### **Our Vision**

We envision SEVTC as a center of excellence providing specialized supports that enable successful community living for individuals with intellectual, developmental and behavior challenges across the state of Virginia.

#### **Our Values**

Our values reflect a commitment to ensure:

- 1. Individuals lead self-determined lives that focus on empowerment, dignity and respect.
- 2. Employees are valued and appreciated as our most important asset.
- 3. Individuals and employees live, work and play in an environment that is safe and free from harm.
- 4. Collaboration with DBHDS, community partners, and family members is welcomed and fostered.
- 5. Resources are utilized in a thoughtful and efficient manner.



#### **Travel Directions to SEVTC**

**From Richmond/Williamsburg/Peninsula**: Take Interstate 64 East through the Hampton Roads Bridge Tunnel and continue to Chesapeake. Exit at Greenbrier Parkway North exit. Turn right onto Military Highway. Turn right at Smith Avenue. Continue to end of the street to enter the campus.

**From Suffolk/Franklin/Emporia**: Take Route 58 East to 64 West. Continue on 64 West to Chesapeake. Exit at Greenbrier Parkway North exit. Turn right onto Military Highway. Turn right at Smith Avenue. Continue to end of the street to enter the campus.

> SEVTC 2100 Steppingstone Sq Chesapeake Virginia 23320



## Southeastern Virginia Training Center 2100 Steppingstone Sq. Chesapeake Virginia 23320 (757) 424 8240 Heather Fisher, RN, BSN, MPA Facility Director http://www.sevtc.dbhds.virginia.gov/