



**VIRGINIA HIGHLANDS LHRC
Southwestern Virginia Mental Health Institute
Learning Center - Dogwood Room
March 15, 2016**

ATTENDANCE

Committee:

Present: Denton Staley, Chair; Rachel Jones, Deidra Mathena, Willie McFarlane, Mark Fendig

Absent: Elvera McLees, Beverly Derian

Others Present:

Mr. Doug Keen, Wellmont's Ridgeview Program Director; Cheryl Veselik, Executive Administrative Assistant to Cynthia McClaskey, Ph.D., SWVMHI Facility Director; Robyn Anderson, Community Services Director; Phil Jones, QM Director; BJ McKnight, Human Rights Advocate and Patricia Evans, CAP, Administrative Assistant

CALL TO ORDER

The meeting was called to order at 12:23 p.m.

PUBLIC COMMENT

There were no public comments.

APPROVAL OF AGENDA

Ms. Mathena moved to approve the LHRC Meeting agenda for March 15, 2016.
Ms. McFarlane seconded the motion and it was unanimously approved by Committee.

APPROVAL OF MINUTES

Ms. McFarlane moved to approve the LHRC Meeting Minutes of July 21, 2015 (regular meeting) and September 1, 2015 (regular meeting) and February 9, 2016 (special meeting).
Ms. Jones seconded the motion and it was unanimously approved by Committee.



RIDGEVIEW PAVILION

3rd and 4th Quarterly Report, Annual Report & Facility Updates:

Mr. Doug Keen, Wellmont's Ridgeview Program Director, presented and reviewed the CHRIS reports for Ridgeview Pavilion for the 3Q 2015 (July-Sep) and 4Q2015 (Oct-Dec) and 2015 Annual Report.

Mr. Keen reported plans to open an Outpatient ECT Clinic at Wellmont on the TN side. They are awaiting final approval and additional funding for an ECT Suite from the Executive Committee. If things go well, they hope to start ECT treatments in late March and later to extend the clinic to the VA side of Bristol.

Ms. Mathena moved to accept the reports presented by Mr. Keen. Ms. Jones seconded the motion, and it was unanimously approved by Committee.

CLOSED SESSION

Ms. Jones moved that the LHRC go into closed session pursuant to VA Code §2.2-3711.A. (4) and (15) for the purpose of protecting the privacy of individuals in personal matters not related to public business and the discussion of medical and mental records, namely to conduct a review of informed consent related to treatment with Electroconvulsive Therapy (ECT). The Chair requested all in favor to signify by saying "Yes" and all those opposed indicate by saying, "No." The motion carried.

Ms. Mathena moved that each member certify that to the best of their knowledge only matters lawfully exempted from open meetings requirements were heard, discussed, or considered. Each member replied "I so certify." All members signified by stating, "I so certify" and the Chairman opened the meeting.

OPEN SESSION

Motion regarding the Review of Informed Consent to ECT. Having heard the testimony from Dr. Kelly McKinell; Ms. Zina Worley, MSW and Mrs. Jennifer Tuell, MSW, and reviewed the material evidence including but not limited to the record appointing the Authorized Representative and the written informed consent, the LHRC finds that Southwestern Virginia Mental Health Institute has obtained informed consent in accordance with the Human Rights Regulations for the proposed Electroconvulsive Therapy (ECT) on Patient #1, and received update on Patient #2 being discharged and received a brief summary of a new patient to be presented either at or before the next scheduled LHRC Meeting.

The motion passed.



SWVMHI REPORTS

Barriers to Discharge Report: Ms. Robyn Anderson reviewed with the Committee the current Ready for Discharge and Barriers to Discharge Reports for patients within SWVMHI for the 3Q 2015 (July-Sep) and 4Q2015 (Oct-Dec) and 2015 Annual Report. Ms. Anderson provided the Committee with the team, unit, and CSB breakdown of individuals who are currently on the Ready for Discharge and Extraordinary Barriers Lists. She reviewed types of barriers but more importantly the complexity of discharge planning. She noted that although the numbers do not vary much, they do represent different individuals as they continually are moving off of the lists as new individuals are added.

Seclusion/Restraint Review: Mr. Phil Jones reviewed with the Committee the Seclusion/Restraints Reports for the periods of the 3Q 2015 (July-Sep) and 4Q2015 (Oct-Dec) and 2015 Annual Report. Mr. Jones provided thorough explanation of the detailed graphs reviewed with the Committee and responded to the members' questions. He feels the numbers are driven by a few individual patients who have multiple episodes.

Report & Facility Updates: Ms. Cheryl Veselik, Administrative Assistant to Cynthia McClaskey, Ph.D., Director, presented the Committee with the reports for 3Q 2015 (July-Sep) and 4Q2015 (Oct-Dec) and 2015 Annual Report.

Ms. Jones moved to accept the reports presented by SWVMHI Facility Staff, Ms. McFarlane seconded the motion, and it was unanimously approved by Committee.

REGIONAL ADVOCATE REPORT

Ms. McKnight reported that they have a Statewide Planning Meeting on March 23 and 24. There will be review of the Regulations with some changes. After the meeting the HR Advocate will update the committee at the next meeting of the changes.

Ms. Nan Neese's position was posted and interviews are expected to begin by the end of March. It was posted as open until filled so until the position is actually filled, it will remain posted.

NEXT MEETING DATE

The next LHRC meeting is scheduled to be held on **Tuesday, MAY 17, 2016**, at 12:00 Noon in the Dogwood Room of the Training Center.



ADJOURNMENT

Ms. Mathena made the motion to adjourn the meeting, Ms. Jones seconded the motion and the motion carried. The meeting was adjourned at 2:03 p.m.

Denton Staley, Chair