



**VIRGINIA HIGHLANDS LHRC
Southwestern Virginia Mental Health Institute
Learning Center - Dogwood Room
November 15, 2016**

ATTENDANCE

Committee:

Present: Denton Staley, Chair; Deidra Mathena, Mark Fendig

Absent:

Others Present:

Cynthia McClaskey, Ph.D., SWVMHI Facility Director; Laura Campbell, Community Services Director; Phil Jones, QM Director; Brandon Rotenberry, HR Advocate; Jennifer Kovack, Regional Human Rights Manager and Patricia Evans, CAP, Administrative Assistant; Gardner Umbarger, Prospective LHRC Member

CALL TO ORDER

The meeting was called to order at 12:15 p.m.

INTRODUCTIONS

Introductions were given.

PUBLIC COMMENT

There were no public comments.

APPROVAL OF AGENDA/MINUTES

Ms. Mathena moved to approve the LHRC Meeting agenda and minutes from July 19, 2016. Mr. Fendig seconded the motion and it was unanimously approved by the Committee.

ADVOCATE'S REPORT

Jennifer Kovack, Regional Advocate introduced the newly appointed SWVMHI Advocate, Brandon Rotenberry. The Human Rights Regs are in the Executive Branch for review, on the Governor's desk. The SHRC has given approval to proceed with the consolidation once the Governor approves/signs the changes.



Plans are for the SW LHRC and the Virginia Highlands LHRC to combine and meet at SWVMHI. The goal is to have 9 members consisting of at least 2 consumers and 1 healthcare provider along with any other members. At the time of the merge, membership will be determined and then training will be provided on the new roles.

Dwayne Lynch, Catawba Advocate, has moved into a licensing position in the Roanoke area. Interviewing for this position will take place in December.

Feel free to contact Jennifer or Brandon with any questions.

RIDGEVIEW PAVILION

Facility Updates:

Mr. Doug Keen, Wellmont's Ridgeview Program Director, presented and reviewed the CHRIS reports for Ridgeview Pavilion for the 2Q (Apr-Jun) and 3Q 2016 (July-Sep).

State licensure survey was completed and license renewed to June 30, 2019 with no restrictions, no citations. The Restraint Policy is being combined from the different organizations to become one policy for all.

They hired three new Nurse Practitioner but one psychiatrist is out indefinitely due to illness. The admissions are down 20% as a result. They are actively recruiting.

Ms. Mathena moved to accept the reports presented by Mr. Keen. Mr. Fendig seconded the motion, and it was unanimously approved by Committee.

USE OF SPIT HOODS AT SWVMHI

Ellen Bear, RN, Geriatric Nurse Coordinator reported on the increased need for protection against patients who spit. She showed a spit hood to the committee and explained when/how it would be used. There must be a doctor's order to use the hood and it is only used until the patient can be calmed down or placed in an area where they are no longer able to spit on anyone.

SWVMHI REPORTS

Barriers to Discharge Report: Ms. Laura Campbell reviewed with the Committee the current Ready for Discharge and Barriers to Discharge Reports for patients within SWVMHI for the 2Q (Apr-Jun) and 3Q 2016 (July-Sep). Ms. Campbell provided the Committee with breakdown of individuals who are currently on the Ready for Discharge and Extraordinary Barriers Lists. She reviewed current types of barriers as being the need for guardians for some patients and difficulty finding placement for patients with Intellectual Disabilities.



Seclusion/Restraint Review: Mr. Phil Jones reviewed with the Committee the Seclusion/Restraints Reports for the periods of the 2Q (Apr-Jun) and 3Q 2016 (July-Sep). Mr. Jones provided thorough explanation of the detailed graphs reviewed with the Committee and responded to the members' questions. He feels the numbers are driven by a few individual patients who have multiple episodes.

Report & Facility Updates: Cynthia McClaskey, Ph.D., Director, presented the Committee with the reports for 2Q (Apr-Jun) and 3Q 2016 (July-Sep).

Dr. McClaskey announced the implementation of the EHR (Electronic Health Record) has been a success but overall has also been a challenge for staff. The admissions have increased, acuity has increased, risks have increased, patient aggressive behaviors have increased, staff have been injured, staff have had increased overtime hours and some have left employment. SWVMHI has been 6-7 patients over capacity. Over all, it is a difficult time. New staff has to be interviewed and trained and currently we are down two psychiatrist and 12-13 RN staff.

Mr. Fendig moved to accept the reports presented by SWVMHI Facility Staff. Ms. Mathena seconded the motion, and it was unanimously approved by Committee.

The regular session of the LHRC meeting concluded at 1:40 p.m.

CLOSED SESSION

The LHRC went into closed session pursuant to VA Code §2 .2-3711. A. (1) and (4) for the purpose of protecting the privacy of individuals in personal matters not related to public business namely to conduct an interview with a LHRC applicant.

OPEN SESSION

Motion was made, seconded and carried that each member certified to the best of their knowledge only matters lawfully exempted from open meetings requirements were heard, discussed, or considered.

Having heard the testimony of Dr. Gardner Umbarger who personally appeared and agreed to accept the responsibilities as LHRC Member, the LHRC finds the he be recommended for LHRC membership.

NEXT MEETING DATE

The next LHRC meeting is scheduled to be held on **Tuesday, January 24, 2017**, at 12:00 Noon in the Dogwood Room of the Training Center.



ADJOURNMENT

The LHRC meeting concluded and was adjourned at 2:07 p.m.

Chair