



**VIRGINIA HIGHLANDS LHRC  
Southwestern Virginia Mental Health Institute  
Learning Center - Dogwood Room  
May 17, 2016**

**ATTENDANCE**

Committee:

Present: Denton Staley, Chair; Beverly Derian, Deidra Mathena, Willie McFarlane, Mark Fendig

Absent: Rachel Jones

Others Present:

Mr. Doug Keen, Wellmont's Ridgeview Program Director; Cynthia McClaskey, Ph.D., SWVMHI Facility Director; Robyn Anderson, Social Work Director; Laura Campbell, Community Services Director; Phil Jones, QM Director; Russ McGrady, Clinical Director; Barbara Honaker, Social Worker; Jennifer Tuell, Social Worker; Dwayne Lynch, OHR; Jennifer Kovack, Regional Human Rights Manager and Patricia Evans, CAP, Administrative Assistant

**CALL TO ORDER**

The meeting was called to order at 12:17 p.m.

**INTRODUCTIONS**

Introductions were given.

**PUBLIC COMMENT**

There were no public comments.

**APPROVAL OF AGENDA/MINUTES**

Ms. Mathena moved to approve the LHRC Meeting agenda for May 17, 2016 and the meeting minutes of March 16, 2016 (regular meeting) and March 22, 2016 (special meeting).

Ms. McFarlane seconded the motion and it was unanimously approved by Committee.



## REGIONAL ADVOCATE REPORT

Mr. Lynch reported attending the Statewide Planning Meeting on March 23 and 24. The proposed Human Rights Regulations were reviewed and it is expected to become finalized and be effective by the end of the year. The coverage area for Region 3 has changed and it will be more align with the Office of Licensing. Region 3 has expanded to include the Danville, Martinsville, and South Boston areas. With the proposed regulations the current 78 LHRC's to be reduced to 10 will probably not be as drastic, and I would anticipate it being around 20-25 with LHRCs being centered around state facilities. Mr. Lynch reiterated this are all proposals. The final decision is to be made the SHRC. The SHRC meets next month in June, and we anticipate to have further guidance at the point. Mr. Lynch discussed with the proposed regulation changes, the LHRC members will no longer review quarterly reports of complaints and abuse cases. They will instead concentrate on reviews of the ECT treatment requests, Behavioral Treatment Plans, restrictions, next friend request, appeal hearings, and other requests that will need approval immediately before implementation can begin per the Human Rights Regulations. This change would include state facilities and community based providers. As the area of coverage is increased and consolidation begins, the membership will be addressed at that time for the final LHRC's.

Mr. Lynch introduced Jennifer Kovack, the Regional Human Rights who was recently hired as Nan's replacement.

## RIDGEVIEW PAVILION

### 1st Quarterly Report & Facility Updates:

Mr. Doug Keen, Wellmont's Ridgeview Program Director, presented and reviewed the CHRIS reports for Ridgeview Pavilion for the 1Q 2016 (Jan-Mar).

Mr. Keen reported staying busy with full capacity. Staff competencies are assessed on an ongoing basis. This year's goals focus on expansion of psychiatric services with the addition of two psychiatrists. They plan to expanded telepsychiatry, outpatient clinics and further exploration of providing ECT services.

Ms. McFarlane moved to accept the reports presented by Mr. Keen. Ms. Derian seconded the motion, and it was unanimously approved by Committee.

## CLOSED SESSION

Ms. Mathena moved that the LHRC go into closed session pursuant to VA Code §2.2-3711.A. (4) and (15) for the purpose of protecting the privacy of individuals in personal matters not related to public business and the discussion of medical and mental records, namely to receive updates on two patients previously reviewed for treatment with Electroconvulsive Therapy (ECT) and to review Telephone and/or Mail Restrictive Plans.



The Chair requested all in favor to signify by saying “Yes” and all those opposed indicate by saying, “No.” The motion carried.

Ms. Derian moved that each member certify that to the best of their knowledge only matters lawfully exempted from open meetings requirements were heard, discussed, or considered. Each member replied “I so certify.” All members signified by stating, “I so certify” and the Chairman opened the meeting.

## OPEN SESSION

Motion regarding the Review of Informed Consent to ECT. Having heard the testimony from Ms. Barbara Honaker, MSW and Mrs. Jennifer Tuell, MSW, and Russ McGrady, MBA/MA, receiving the update on the two patients receiving treatment with Electroconvulsive Therapy (ECT) and having reviewed the Telephone and/or Mail Restrictive plans, the LHRC finds that Southwestern Virginia Mental Health Institute has obtained informed consent in accordance with the Human Rights Regulations for the proposed Electroconvulsive Therapy (ECT) and Telephone and/or Mail Restrictive Plans.

The motion passed.

## SWVMHI REPORTS

Barriers to Discharge Report: Ms. Robyn Anderson reviewed with the Committee the current Ready for Discharge and Barriers to Discharge Reports for patients within SWVMHI for the 1Q 2016 (Jan-Mar). Ms. Anderson provided the Committee with the team, unit, and CSB breakdown of individuals who are currently on the Ready for Discharge and Extraordinary Barriers Lists. She reviewed types of barriers but more importantly the complexity of discharge planning. She noted that although the numbers do not vary much, they do represent different individuals as they continually are moving off of the lists as new individuals are added.

Seclusion/Restraint Review: Mr. Phil Jones reviewed with the Committee the Seclusion/Restraints Reports for the periods of the 1Q 2015 (Jan-Mar). Mr. Jones provided thorough explanation of the detailed graphs reviewed with the Committee and responded to the members’ questions. He feels the numbers are driven by a few individual patients who have multiple episodes.

Report & Facility Updates: Cynthia McClaskey, Ph.D., Director, presented the Committee with the reports for 1Q 2016 (Jan-Mar).

Dr. McClaskey announced the EHR (Electronic Health Record) went live last week on the Geriatric and ERS Units. It will go live this coming Wednesday for the Admissions Units. There was extensive training provided to staff, live support while implementing and a helpdesk for further assistance.



Ms. Mathena moved to accept the reports presented by SWVMHI Facility Staff, Mr. Fendig seconded the motion, and it was unanimously approved by Committee.

### **NEXT MEETING DATE**

The next LHRC meeting is scheduled to be held on **Tuesday, JULY 19, 2016**, at 12:00 Noon in the Dogwood Room of the Training Center.

### **ADJOURNMENT**

Ms. Derian made the motion to adjourn the meeting, Mr. Fendig seconded the motion and the motion carried. The meeting was adjourned at 2:20 p.m.

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Chair