

**VIRGINIA HIGHLANDS LHRC**  
**SWVMHI Learning Center - Dogwood Room**  
**340 Bagley Circle, Marion, VA 24354**  
**DATE (4/16/19) & TIME (12:00 PM)**  
**DRAFTED MINUTES**

LIST MEMBERS PRESENT: Gardner Umbarger, Vice Chairperson; Barbara Bartnik, Secretary; Michelle Debord; Deidra Mathena; Nancy Munsey

LIST MEMBERS ABSENT: None

OTHERS PRESENT: Brandon Rotenberry, Human Rights Advocate; Heather Oakes, Human Rights Advocate; Cynthia McClaskey, PhD; Matt Woodlee, LMFT; Morgian Presley; Heather Crookshank PBS-F; Shae Kleinschmidt, RN

**CALL TO ORDER**

Gardner Umbarger (Vice Chair) called the meeting to order at 12:15 PM. Introductions were made at this time.

**PUBLIC COMMENTS**

No public comments were made.

**APPROVAL OF THE AGENDA**

The agenda, submitted by Brandon Rotenberry, was motioned to be approved by Nancy Munsey seconded by Michelle Debord and unanimously approved by committee members in attendance.

**APPROVAL OF THE MINUTES**

The February 12, 2019 minutes were motioned to be approved by Deidra Mathena seconded by Barbara Bartnik and unanimously approved by committee members in attendance.

**ADVOCATE UPDATE**

- OHR Region 3 completed two training sessions about Fast Track/Restrictions in Blacksburg in January 2019.
- OHR Region 3 has two CHRIS training sessions scheduled in Abingdon at Highlands Community Services on April 25, 2019.
- LHRC Review Forms / Process
- Community Look Behinds update and explanation
- Facility Look Behinds explanation
- Denton Staley, Chair, will be rotating off of the community after June 18, 2019.
- OHR Deputy Director and SHRC Member will likely visit next LHRC meeting on June 18, 2019.

**SOUTHWESTERN VIRGINIA MENTAL HEALTH INSTITUTE**

- Facility Updates provided by Director Cynthia McClaskey, PhD:

- Key staffing vacancies and update on filled positions
- CCC+ explanations and new processes
- Unannounced geriatric survey and results
- Facility utilization data
- Census updates for facility and across the state

CLOSED (EXECUTIVE) SESSION - Upon a motion made by Gardner Umbarger seconded by Deidra Mathena, the committee entered closed session at 12:42 PM pursuant to Virginia Code §2.2-3711, a.15 and §2.2-37.05.5 for the purpose of discussion of medical record / treatment plans.

- Review of Restrictions - SWVMHI (Sections 50 and 100)
  - Upon return to open session, these restrictions were unanimously accepted as presented without recommendations

RETURN TO OPEN SESSION - Upon reconvening in open session at 1:17 PM, all members of the Local Human Rights Committee certified that to the best of each ones' knowledge, only public business matters lawfully exempt from statutory open meeting requirements, and only public business matters identified in the motion to convene the closed session were discussed in closed session.

BREAK

CLOSED (EXECUTIVE) SESSION - Upon a motion made by Gardner Umbarger seconded by Barbara Bartnik, the committee entered closed session at 1:40 PM pursuant to Virginia Code §2.2-3711, a.15 and §2.2-37.05.5 for the purpose of discussion of medical record / treatment plans.

- Review of Behavior Treatment Plan with Chemical Restraint – Creative Family Solutions (Sections 105 and 110)
  - Upon return to open session, this plan was unanimously accepted as presented with recommendations to consider a gynecological exam for the individual and to provide an update on the frequency of the PRN medication administration for the next meeting.

RETURN TO OPEN SESSION - Upon reconvening in open session at 1:57 PM, all members of the Local Human Rights Committee certified that to the best of each ones' knowledge, only public business matters lawfully exempt from statutory open meeting requirements, and only public business matters identified in the motion to convene the closed session were discussed in closed session.

SECLUSION, RESTRAINT, TIMEOUT TRAINING

Brandon Rotenberry provided training to the committee on regulatory sections on seclusion, restraint and time out.

ADJOURNMENT

The meeting was adjourned at 2:40 PM.

The next meeting will be held on June 18, 2019.

These Minutes were transcribed by Brandon Rotenberry, MSW, Human Rights Advocate.