

**VIRGINIA HIGHLANDS LHRC**  
**SWVMHI Learning Center - Dogwood Room**  
**340 Bagley Circle, Marion, VA 24354**  
**DATE (12/4/18) & TIME (12:00 PM)**  
**APPROVED MINUTES**

LIST MEMBERS PRESENT: Gardner Umbarger, Vice Chairperson; Barbara Bartnik, Secretary; Michelle Debord; Deidra Mathena

LIST MEMBERS ABSENT: E. Denton Staley, Chairperson

OTHERS PRESENT: Brandon Rotenberry, Human Rights Advocate; Cynthia McClaskey, PhD; Nancy W. Munsey

**CALL TO ORDER**

Gardner Umbarger (Vice Chair) called the meeting to order at 12:13 PM. Introductions were made at this time.

**PUBLIC COMMENTS**

No public comments were made.

**APPROVAL OF THE AGENDA**

The agenda was motioned to be approved by Michelle Debord seconded by Barbara Bartnik and unanimously approved by committee members in attendance.

**APPROVAL OF THE MINUTES**

The October 16, 2018 minutes were motioned to be approved by Barbara Bartnik seconded by Michelle Debord and unanimously approved by committee members in attendance.

**SHRC MEMBER VISIT**

- Mr. David Boehm, SHRC Member, discussed his professional background in the SWVA region and experience thus far with the SHRC. Mr. Boehm discussed a focus of the SHRC members to visit LHRC meetings within their regional area. Mr. Boehm thanked LHRC members for their important work.

**ADVOCATE UPDATE**

- Regional training for community providers in Blacksburg on 12/12/18 regarding fast track regulation that was effective 11/1/18, dignity and freedom rights/restrictions, behavior treatment plans and seclusion/restraint/timeout. More trainings are planned in other parts of the region in 2019.
- LHRC recruitment and information posters to be placed in community provider locations.
- LHRC Review form in progress for providers to have all needed information as well as to have a document the LHRC Chairperson can sign at the meeting.
- LHRC membership update.
- LHRC Trainings in 2019

## SOUTHWESTERN VIRGINIA MENTAL HEALTH INSTITUTE

- Facility Updates provided by Director Cynthia McClaskey, PhD:
  - Regional training by provided OAG Office in October regarding commitment laws.
  - First round of executive level planning meetings with CSB leadership and SWVMHI leadership now complete and showing positive outcomes.
  - Census update.

CLOSED (EXECUTIVE) SESSION - Upon a motion made by Gardner Umbarger seconded by Deidra Mathena, the committee entered closed session at 12:45 PM pursuant to Virginia Code §2.2-3711, a.15 and §2.2-37.05.5 for the purpose of discussion of medical record / treatment plans.

- Review of Restrictions - SWVMHI (Sections 50 and 100)
  - Upon return to open session, these restrictions were unanimously accepted as presented without recommendations.

RETURN TO OPEN SESSION - Upon reconvening in open session at 1:15 PM, all members of the Local Human Rights Committee certified that to the best of each ones' knowledge, only public business matters lawfully exempt from statutory open meeting requirements, and only public business matters identified in the motion to convene the closed session were discussed in closed session.

## ANNUAL FOIA TRAINING

- Annual FOIA training was reviewed with members in attendance during the break time and time for questions was provided. Document was emailed to Chairperson, who was unable to attend this meeting.

## BREAK

CLOSED (EXECUTIVE) SESSION - Upon a motion made by Michelle Debord seconded by Deidra Mathena, the committee entered closed session at 2:00 PM pursuant to Virginia Code §2.2-3711, a.15 and §2.2-37.05.5 to protect the privacy of an individual in personal matters not related to public business namely to conduct an interview with a LHRC applicant.

- Interview of Prospective LHRC Member
  - Upon return to open session, Nancy W. Munsey was unanimously recommended for appointment by all members in attendance. Relevant documents will be sent to the SHRC by the advocate.

RETURN TO OPEN SESSION - Upon reconvening in open session at 2:26 PM, all members of the Local Human Rights Committee certified that to the best of each ones' knowledge, only public business matters lawfully exempt from statutory open meeting requirements, and only public business matters identified in the motion to convene the closed session were discussed in closed session.

#### INTERVIEW OF PROSPECTIVE LHRC MEMBER

- Mark Fendig was unable to attend this scheduled meeting for his interview, but plans to attend the next meeting for interview.

#### ADJOURNMENT

The meeting was adjourned at 2:30 PM.

The next meeting will be held on February 12, 2019.

These Minutes were transcribed by Brandon Rotenberry, MSW, Human Rights Advocate.