

Western State Hospital  
Staunton, Virginia

***Local Human Rights Committee Meeting Minutes  
Jeffreys Building, Room 95 at 12:30 p.m.  
July 23, 2007***

Present: Debbie Harris, Karen Cochran, Ski Washington, Linda Thumma, Rev. David Reed; Committee Members; Susan Frushour, Director's Liaison; Brenda Coleman, VOPA; Mark Seymour, Advocate, CCCA  
Absent: Randy Urgo, WSH Advocate; Chuck Collins, Regional Advocate; Zachary DeVore, VOPA

Debbie Harris, Chair, called the meeting of the Local Human Rights Committee to order on July 23, 2007. A quorum of members was present. Minutes of the June meeting were reviewed and approved.

Ms. Harris requested a change in the starting time of meetings in the future to 2:30 p.m. due to her work schedule. The Committee will try this schedule and re-evaluate later in the year.

A1/A2 staff gave an overview of the program description to the Committee. Those attending were William Fox, M.D., (A1), Herb Stewart (A1), Jeff Phillips (A2), Carolyn Vines (A1), and Suzanne Roberts (A1).

Herb Stewart, Ph.D., and Jody Wagner, RNC, presented a review of the Smoking Cessation Program as WSH will go smoke-free on October 10, 2007. They have been getting input from clients and staff regarding concerns going smoke-free. Dr. Stewart stated a Tobacco-free Task Force has been meeting also. He stated a resident from UVA will be doing research on the Facility going smoke-free.

Ben Smoke, Cheri Wasserman and Clyde Hoy gave a presentation on the recovery activities program that focuses on wellness and self-management by the clients. In August, an outreach program will be started from local areas.

The Committee reviewed the Advocate's Report and Mark Seymour was present to answer any questions. Mr. Seymour reported a draft version of The Regs was sitting on the Governor's desk. Mr. Seymour stated he will need to find out more on travel and lodging expenses to attend the presentation of The Regs.

Ms. Harris shared a memo from the Director that stated starting in August his office will provide information on the informal process with regard to complaints.

Ms. Frushour reported on C.E.'s waiver slot. She also reported on transformation monies. Ms. Coleman will call Pat Higgins on M.H. Mr. Frushour will report on E.P. at the next meeting.

There being no further business, the meeting was adjourned.

**APPROVED:**

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Margaret Bowman  
Secretary, LHRC

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Debbie Harris  
Chair,