

Western State Hospital
Staunton, Virginia
Local Human Rights Committee Meeting Minutes
Staff Development Offices, Room A1085 at 12:30
February 22, 2016

- Present:** Heidi Campbell, Committee Chair, Karen Cochran, Secretary, Teri Sumey and Cheryl Talley, committee members; Erin Haw, dLCV Advocate; Becky Shaw, Liaison to WSH Director; Glenda Sheffer, WSH Administrative Support
- Absent:** Kathy Belcher, Vice Chair; John Beghtol, Ski Washington, committee member, An Advocate representing the Office of Human Rights was not present
- Guests:** Dr. Jon Anderson, Medical Director; Dr. Jeff Phillips, Director of Psychology; Dr. Caroline Bill, Dogwood; Dr. Jason Stout, 1 Pine; Dr. Mike Shuttly, 1 Oak; patients LM, BB, DA, JG and MG

The Local Human Rights Committee was called to order on February 22, 2016, by Ms. Campbell, Committee Chair. A quorum of members was present. The minutes from the December 7, 2016 meeting were reviewed and approved with a motion by Ms. Cochran, second by Ms. Talley, and a vote of the committee. The agenda was approved as written.

During the Public Comment time several patients addressed the committee with concerns regarding personal care and hygiene products issued by the hospital. Those individuals were LM, BB, DA, JG and MG. They would like to use their own products for multiple reasons, such as, body wash does not lather, baby shampoo makes hair unmanageable, and the deodorant is sticky when applied. They had attempted to contact Cassie Purtlebaugh without success. The committee asked that a representative from the hospital attend the March meeting to address these concerns.

Also during the public comment time, the committee expressed their concerns regarding the lack of a patient advocate at WSH. They are concerned that patients' rights may be violated and they have no representation to assist them with the complaint process. Heidi will contact the Office of Human Rights regarding the lack of an advocate for the hospital. Ms. Haw indicated she will contact Deb Lockhart regarding the lack of an advocate at WSH LHRC meetings.

Dr. Caroline Bill and Dr. Lane Baggett presented the Unit Rules for Dogwood PCU. There have been no changes made since the committee approved the rules last year. The committee approved the Unit Rules as written.

Upon a motion made by Ms. Cochran, the committee entered closed session pursuant to Virginia Code §2.2-3711, a.15 and §2.2-37.05.5 for the purpose of discussion of medical record / treatment plans.

Dr. Caroline Bill requested the committee's review and approval of documentation to continue Electroconvulsive Treatment for Ms. TL. Ms. L has not responded to the treatments as well as had been expected. The committee approved the documentation.

Dr. Jason Stout presented the treatment plan for Mr. DC. The committee approved the plan and requested that quarterly reviews be continued.

Dr. Mike Shuttly presented the treatment plan for Mr. SM. The committee approved the plan and requested that quarterly reviews be continued.

Western State Hospital
Staunton, Virginia
Local Human Rights Committee Meeting Minutes
Staff Development Offices, Room A1085 at 12:30
February 22, 2016

Upon reconvening in open session, all members of the Local Human Rights Committee certified that to the best of each ones' knowledge, only public business matters lawfully exempt from statutory open meeting requirements, and only public business matters identified in the motion to convene the closed session were discussed in closed session.

For the Advocate's Report it was noted that Virginia Regulatory Town Hall meetings will be conducted to gather information regarding the proposed changes in the Human Rights Regulations.

Dr. Jon Anderson, Medical Director and Dr. Jeff Phillips, Director of Psychology, addressed the committee regarding efforts being made by the hospital to reduce the use of seclusion and restraint. A few of the actions mentioned were establishing a permanent committee to develop strategies for reducing seclusion and restraint, a Safety Plan is completed for each patient, the use of Sensory Carts or Comfort Rooms to provide a calm environment for patients in distress, and a team from WSH contacted a psychiatric hospital in North Carolina regarding their "0 Seclusion / Restraint Plan."

The December Patient Complaints Report and the Extraordinary Barriers List were reviewed.

There were no comments regarding Community Connections.

The next meeting will be held March 28, 2016, at 9:00 a.m. in Room B1031 of the Webb Learning Center. Committee members will gather in the lobby to be escorted to the meeting room.

With no further business to discuss, the meeting was adjourned.

APPROVED:

Heidi Campbell
Chair

Glenda D. Sheffer
WSH Administrative Support