Mental Health Myths & Facts Quiz

1. On average, mental health consumers are:

- a. much more likely to be violent than the general population
- b. about as likely to slightly more likely to be violent as the general population
- c. less likely to be violent than the general population

2. On average, compared to the general population, mental health consumers are:

- a. more likely to be the victim of violent crime
- b. about as likely to be the victim of violent crime
- c. less likely to be the victim of violent crime

3. On average, compared to the general population, consumers with a serious mental illness will:

- a. live about 5 years less
- b. live about 10 years less
- c. live about 25 years less

4. For any adult living in the United States, the chance of suffering from a diagnosable mental disorder in a given year is:

- a. about 1 in 100 (1%)
- b. about 1 in 20 (5%)
- c. about 1 in 4 (25%)
- d. about 1 in 2 (50%)
- 5. True or False: Mental disorders are the leading cause of disability in the U.S. and Canada fir ages 15-44.