DRAFT MIDDLE PENINSULA-NORTHERN NECK LOCAL HUMAN RIGHTS COMMITTEE MINUTES OF APRIL 28, 2008

Chairman Frank Jewell called the regular meeting of the Middle Peninsula-Northern Neck Local Human Rights Committee to order at 1:10 p.m. on April 28, 2008, at the Middle Peninsula-Northern Neck Community Services Board Administrative offices in Saluda, Virginia. Board members in attendance were: Frank Jewell, Bill Reisner, Carl Gerster, Barbara Vest, and Judith Link. Agency representatives included: Paige O'Brien – Blue Ridge Residential Services, Douglas Walter, Ida Adams, and Felicia Tyler – Bridges, Mary Hayden and Terry Atkins – Heart Havens, Chuck Walsh – MP-NN CSB, Warren Nesbitt and Patrizia Nesbitt - Sola, Inc., Stacy Hardcastle – Brambles, and Shannon Rose – Puller Center. Willie Barnes, Human Rights Advocate, was also in attendance.

Approval of Minutes

Mr. Reisner moved that the minutes from the January 28, 2008 meeting be approved, as amended: page two, under the Blue Ridge Residential Services report, the sentence "The individual did not show that this was needed.", was removed. The sentence "The restrictive device was inappropriate for this client, in the opinion of Blue Ridge Services.", was added. On page four, under "Executive Session", the sentence was added "The Committee heard reports from Bridges and the Middle Peninsula-Northern Neck Community Services Board." Mr. Gerster seconded the motion which passed unanimously. Committee members requested that the minutes reflect which affiliates gave reports in Executive Session.

Program Presentation

Mr. Walsh welcomed the Committee to the (temporary) Administrative offices of the CSB. He explained that this Board was established on February 28, 1974. The Board is comprised of one individual from each of the ten counties served. Services are provided from birth to geriatric. There are 40 Community Services Boards in the state of Virginia. This Board, by population and budget, is 18th in the state. This CSB has 465 employees, and a \$18.5 million budget. Mr. Walsh said that one of the newest CSB programs provides gero-psychiatric services. He said that one of the programs he is most proud of is the consumer operated program, which provides work opportunities for our consumers.

Event Report Statistics

Bridges of RGH – Structured Outpatient Unit – Ms. Adams reported that there were no human rights complaints of a general nature. There are a daily average of 8.43 clients in the Bridges program. The staff to client ratio is 1:2. No restraints were used this quarter.

Bridges of RGH Inpatient Unit – Mr. Walter reported that there were seven complaints, seven seclusions, and two serious injuries reported this quarter.

Heart Havens – Ms. Hayden reported that eight clients were served (four in Kilmarnock and four in Colonial Beach). The staff to client ratio is 2:4 and 1:4. There were no restraints and no seclusions. There was one serious incident. There was one unannounced Human Rights visit.

Arc of the Peninsula – Puller Center - Ms. Rose reported that the staff to consumer ratio in the Waiver program is 2:9, and in Industrial Services 2:18. There were no program changes. The Puller Center plans to move into their new location at the end of May. There were no reportable incidents this quarter, no human rights complaints, and no incidents of seclusion or restraint.

Middle Peninsula-Northern Neck CSB – Mr. Walsh reported that 272 individuals were served in the MR Division, and 253 were served in the RISP division. The staff to client ratio is 1:1 to 1:7 (depending on an individual's needs) in the MR Day Support program, 1:2 to 1:5 in the residential programs, and 1:1 in the RISP program. The MR Division had two client to client abuse cases. It was determined that staff followed proper policy and procedures. There were no incidents of restraint and no program changes. There was one unannounced Human Rights visit. There were 2,866 individuals served in the MH/SA division. There was one peer on peer incident involving three individuals. It was determined that neglect did not occur. In the MH/SA division, one consumer filed three complaints, which were followed through the formal complaint process. The details concerning these complaints will be reported in Closed Session next quarter, as the resolution was not reached until the current quarter. There were no incidents of seclusion or restraint, and there were no program changes.

Sola, Inc. – Ms. Nesbitt reported that there are four persons receiving residential services at Sola, Inc. There were no human rights complaints this quarter. Sola was also visited by Human Rights.

The Brambles – Ms. Hardcastle reported that there was one serious illness reported this quarter, and one incident of peer to peer aggression. A mismanagement of a client's medication while on a home visit was also reported. The residential program has 14 clients. The staff to client ratio is 1:5 in the homes. The staff to client ratio at Day Support is 1:5. There are currently 13 clients three days per week, and 12 clients two days per week. There were no incidents of restraint or seclusion.

Ms. Hardcastle noted that she had spoken with the local pharmacist about teaching a class to train staff to become trainers themselves for medication management. The pharmacist was not sure he could do this. Ms. Hardcastle noted that she had contacted the Dept. of MHMRSAS, but had not gotten a response yet. Mr. Walsh noted that the whole issue of medication administration and distribution is being looked at, as the Dept. of MHMRSAS aligns itself more with Board of Pharmacy regulations.

Blue Ridge Residential Services – Ms. O'Brien reported that there were no program changes. There have been no human rights complaints. She noted that they had changed

neurologists, and no longer used the Dr. that previously prescribed a restrictive device for a client.

New Business

Mr. Walsh requested temporary affiliation for the Middle Peninsula-Northern Neck Community Services Board Therapeutic Day Treatment school program in Westmoreland County schools. The Committee previously approved affiliation for the Therapeutic Day Treatment program in Colonial Beach Schools. The program in Westmoreland Schools will operate under the same policies and procedures as in the Colonial Beach Schools. Mr. Gerster moved approval of granting temporary affiliation for the Therapeutic Day Treatment program in Westmoreland County Schools. Mr. Reisner seconded the motion which passed unanimously.

At the last LHRC meeting, Committee members asked Ms. Barnes to find out if LHRC members were permitted to visit affiliates. Ms. Barnes said that she had asked Mr. Daye, and he stated that he had not heard of this being done. The purpose of holding LHRC meetings at the various locations is so that members can see the site. Ms. Barnes will ask Ms. Margaret Walsh at the State Human Rights office, if LHRC members can visit affiliate sites while consumers are present.

Election of Officers – After discussion Mr. Jewell moved approval of the following slate of officers: Chair – Mr. Jewell, Vice Chair – Mr. Reisner, and Secretary – Ms. Link. Mr. Reisner seconded the motion which passed unanimously.

Meeting Locations for 2008-2009 – The following were chosen as LHRC meeting locations for 2008 – 2009: July 28, 2008 – Puller Center, October 27, 2008 – Brambles, January 26, 2009 – Bridges Outpatient, April 27, 2009 – MP-NN CSB Discovery II.

Member Vacancy – Dr. Vest's term on the Board is expiring. She is not eligible to serve an additional term. Mr. Walsh said that the CSB had placed an announcement in all the local newspapers stating that the LHRC was seeking a person to fill a vacancy on the committee. One response was received, however, the person was not a healthcare provider (as required by MPNN LHRC Bylaws), and was not interested in receiving the packet of information about the LHRC. Mr. Walsh said that he did have two people in mind who may be interested in serving on the committee. He will send them information. Ms. Barnes distributed information about the LHRC to the affiliates, in the event they knew of someone who may be interested in serving on the committee. Dr. Vest asked that all the providers help in finding a member.

Old Business

Mr. Walsh requested continued temporary affiliation for Middle Peninsula-Northern Neck Community Services Board Discovery II. Mr. Jewell moved approval of granting continued temporary affiliation until the next meeting for Middle Peninsula-Northern Neck Community Services Board Discovery II. Mr. Reisner seconded the motion which passed unanimously.

Ms. Hardcastle requested continued temporary affiliation for the Brambles fourth group home – the Hacienda. Mr. Jewell moved approval of granting continued temporary affiliation until the next meeting for the Brambles fourth group home – the Hacienda. Mr. Gerster seconded the motion which passed unanimously.

Mr. Reisner asked Ms. Hardcastle how Brambles got clients. She stated that they got clients through the CSB. Ms. Nesbitt of Sola, Inc., said that the CSB had not contacted them in over a year with any clients needing housing. Mr. Walsh said that he did not know why CSB Case Managers had not contacted Sola, but he would find out. He said that it was the client's decision as to where they chose to live. They are told about all the options. Dr. Vest suggested that Ms. Nesbitt contact the local newspaper to ask them to write an article about the availability of beds and services that the home provides.

Advocate Training

Ms. Barnes stated that she would like to wait until the new member was on the Committee before she did any further training.

Executive Session

On the motion of Mr. Reisner, seconded by Mr. Gerster, the LHRC voted to go into executive session per VA Code Section 2.2-3711A(4) for the protection of the privacy of individuals in personal matters not related to public business, namely for the purpose of hearing patient related information involving a complaint allegation. The Committee will hear reports from Bridges, Heart Havens, MPNN CSB, and Brambles.

Upon returning to public session, each member of the Committee certified that to the best of their knowledge, only matters lawfully exempted from open meeting requirements and only such matters for the protection of the privacy of individuals and their records in personal matters not related to public business were heard and discussed or considered.

There being no further business, the meeting adjourned.

Respectfully Submitted,

Gail Slaughter LHRC Administrative Support