Alcohol and Aging Awareness Group (AAAG)
Alcohol, Medication and Older Adults related Resources

**Books**

Alcohol, Medications and Older Adults: How to Get Help
Hazelden and AARP 1995

Alcoholism in the Elderly: Diagnosis, Treatment, Prevention 1997
American Medical Association

Substance Abuse Among Older Adults
Blow, Frederic C.

Alcohol and Aging
By Thomas P. Beresford, Edith Lisansky Gomberg-Psychology-1995

Alcohol Problems and Aging
Edited by Edith S. Lisansky Goldberg, Andre M. Hegedus, Robert A. Zucker-Psychology 2000

Women and Alcohol: Contemporary and Historical Perspectives
By Moira Plant-Psychology-1997

Aging and Addition: Helping Older Adults Overcome Alcohol or Medication
By Carol Colleran, Debra Jay-self help-2002

Under the Influence: Alcohol and Human Behavior
By John Jung-Psychology-1994

Encyclopedia of Aging
By Richard Schulz-Medical-2006

**Consumer Literature**

Caring and Coping: For Family Members of Older Adults in Recovery
Walker, B.
1989 Center City, MN Hazelden

How to Talk to an Older Person Who has a Problem with Alcohol or Medications
Hazelden Center City, MN Hazelden

Messages of Concern: Alcoholism and the Older Adult
Osgood, N.
Richmond, VA Medical College of Virginia, VCU

Messages of Hope: For Older Adult Alcoholics
Osgood, N.
Richmond, VA Medical College of Virginia, VCU

Problems with Alcohol and Medications Among Older Adults, The Early Recovery Workbook, Session One: Denial and Session Two: Shame
Halzelden and AARP
Center City, MN Hazelden

Websites

- What is Substance Abuse Treatment? A Booklet for Families

- Recovery and the Military: Treating Veterans and Their Families (Alcohol and Substance Abuse)

- www.niaaa.nih.gov/publications/aa40-text.htm

- www.seniornavigator.com

- www.mayohealth.org

- www.samhsa.gov