

My Care Passport & Advocacy Tip Sheets



The **Office of Integrated Health – Health Supports Network (OIH-HSN)** collaborated with several stakeholders in Region 1 and Augusta Health to create the My Care Passport, and three one-page advocacy tip sheets in an effort to bridge the informational gap between community caregivers and staff at acute care settings.

The primary use of the My Care Passport is aimed at improving the quality of care received by individuals with intellectual and developmental disabilities (IDD) in acute care settings because it is the most likely site of a preventable death based on the evidence (1, 2, 3).

The Advocacy Tip Sheets

The **Consent Tip Sheet** was designed to inform acute care staff on the differences related to treatment consent for the individual with IDD. It covers:

- Medical Power of Attorney.
- Legal Guardianship.
- Next of Kin.
- Authorized Representatives.
- Designate Direct Support Professionals.
- Community Agency Care Providers.

Definition	Person who can give consent	Person who can give consent
Medical Power of Attorney A legal document that allows a person to give consent for medical treatment on behalf of another person.	Yes	Yes
Legal Guardianship A court appointed order that allows a person to give consent for medical treatment on behalf of another person.	Yes	Yes
Next of Kin The person who is closest to the individual in terms of family relationship.	Yes	Yes
Authorized Representative A person who is authorized to give consent for medical treatment on behalf of another person.	Yes	Yes
Designate Direct Support Professional A person who is designated to give consent for medical treatment on behalf of another person.	Yes	Yes
Community Agency Care Provider A person who is designated to give consent for medical treatment on behalf of another person.	Yes	Yes

The **Discharge Requirements Tip Sheet** was created to assist with discharge instructions for individuals with IDD residing in DBHDS licensed setting where they may be supported by laypersons. It includes requirements on:

- Prescriptions.
- PRN medications.
- Psychotropic medications.
- Care Requirements.
- Therapies.
- Durable medical equipment.

Prescriptions • All individuals beginning discharge into the community require a written order for each medication, including over-the-counter medications, when a licensed provider prescribes.	PRN Medication Requirements • Specific instructions must be written to include all of the above and: • Full strength to take • Clear instructions for administration (frequency, time of day, route, etc.) • Specific instructions for storage (refrigeration, etc.) • Specific instructions for handling (e.g., do not crush, do not chew, etc.) • All over-the-counter (OTC) medications have the same requirements as prescriptions.
Psychotropic Medication • All psychotropic medications require a signed order and a written prescription.	Discharge Medical Requirements • All prescriptions should include a diagnosis and reason for treatment. • Patient history and/or previous treatment needs to be included for the provider.

The **Medicaid Waiver Tip Sheet** is meant to educate acute care staff on the state/federal waiver support system for individual with IDD, to include:

- Community living (CL).
- Family and individual supports (FIS).
- Building independence (BL).
- Commonwealth community care plus (CCC+).

What is a Waiver? • It is a contract between the state and a local government to provide support services for individuals with disabilities who are eligible for Medicaid. • These services are provided to individuals who are eligible for Medicaid and who are also eligible for a waiver program. • These services are provided to individuals who are eligible for Medicaid and who are also eligible for a waiver program.	Waiver Options • Community Living Waiver (CLW) - provides support services for individuals who are eligible for Medicaid and who are also eligible for a waiver program. • Family and Individual Supports Waiver (FIS) - provides support services for individuals who are eligible for Medicaid and who are also eligible for a waiver program. • Building Independence Waiver (BIW) - provides support services for individuals who are eligible for Medicaid and who are also eligible for a waiver program.
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My Care Passport

It is a fillable Microsoft Office Word document.

The **first page** holds basic information about the individual.

- Their photo.
- Their name.
- Nick name.
- Consent information.
- Important people.
- Allergies and adverse reactions.
- Provider agency information.
- Signature of person completing the “My Care Passport”.

The **second page** holds the “Things you need to know about me”.

This section is in **RED** to indicating highest importance.

- Communication.
- Pain.
- Eating & drinking.
- How medications are taken.
- Support during medical treatments.
- Vision & hearing.
- Safety.
- Behaviors.

The **third page** holds “Things you should know about me” in **YELLOW**.

- Toileting.
- Personal care needs.
- Mobility needs.
- Sleeping.

Then in **GREEN** are the “Things that are important to me”.

- Likes.
- Dislikes.
- Typical behavior.

The **fourth page** is for additional information.

- Passport Updates in **BLUE**.
- Additional notes in **PURPLE**.

References

- 1) Appelgren, M., Bahstevani, C., Persson, K., & Borglin, G. (2018). Nurses' experiences of caring for patients with intellectual developmental disorders: a systematic review using a meta-ethnographic approach. BMC Nursing, 17(1), 1-19. <https://doi.org/10.1186/s12912-018-0316-9.pdf>
- 2) Bobbette, N., Ouellette-Kuntz, H., Tranter, J., Lysaght, R., Uholz, L. A., & Donnelly, C. (2020). Adults with intellectual and developmental disabilities and interprofessional, team-based primary health care: A scoping review. JBI Evidence Synthesis, 18(7), 1470-1514.
- 3) Hensley, B., Balandin, S., & Worrall, L. (2011). The “Big 5” and beyond: Nurses, paid carers, and adults with developmental disability discuss communication needs in hospital. Applied Nursing Research, 24, 51-58. doi: 10.1016/j.apnr.2010.09.001 http://secure.tutorsglobe.com/Atten_files/338_The-Big-5-and-Beyond.pdf



App of the Month



The first mobile app of its kind, the United Nations Convention on the Rights of Persons with Disabilities - CRPD app - supports disability advocacy and participation in global governance by providing ready access to the structure and contents of the UN Convention on the Rights of Persons with Disabilities (CRPD), the Optional Protocol, and its States Parties. (App of the Month is not endorsed by DBHDS Office of Integrated Health. User accepts full responsibility for utilization of app).

DentaQuest

Beginning July 1, 2021, all adult **Medicaid members** will have access to dental services and provider choices through DentaQuest, <https://dentaquest.com/> or call 1-888-912-3456.

Covered Dental Services for Adults Enrolled in Medicaid will include:

- Cleanings and preventive care
- X-Rays and exams
- Fillings
- Dentures
- Root canals
- Gum-related treatment
- Oral surgeries
- And more!

Children and pregnant individuals enrolled in Medicaid, FAMIS and FAMIS MOMS are already eligible to receive dental care.

Step One: Find a Dentist

- Contact a DentaQuest representative at 1 (888) 912 – 3456.
- To find a dentist and learn more about the new dental benefit for adults enrolled in Medicaid.

Step Two: Call and make an appointment

- Be sure to tell the dental office that you are a Medicaid member.
- Remember to write down the date and time of the appointment.
- On the day of the appointment, bring your blue and white Medicaid card or your managed care health plan ID card. The dentist needs to see this card at every visit.
- You should visit your dentist every six months to make sure your teeth stay healthy.

Step Three: Get a ride

- Transportation services are available to Medicaid members for their dentist appointments.
- Visit the Virginia Medicaid website to make a reservation for transportation.

Step Four: Sign up for the DentaQuest

Newsletter here <https://whatsnew.dentaquest.com/>

ABA Snippets ...

A 'Plan for Training' in Behavior Plans

Regulations that govern therapeutic consultation behavioral services, as well as the associated DBHDS/DMAS Practice Guidelines for Behavior Support Plans (hereafter referred to as *Practice Guidelines*), outline the requirement of a plan for training for supporters. The basic purposes for such a plan are to improve treatment and data collection integrity, as well as to promote generalization of skills for the person receiving behavioral services across community environments and with people that support the person. Investigation of the *Practice Guidelines* will reveal that incorporating a behavioral skills training (BST) approach into the plan for training is recommended as a means to give supporters an opportunity to practice what is expected of them in plan implementation. For readers unfamiliar with BST, it is an evidence-based training approach used to teach "performance skills" (as opposed to "verbal skills"), which typically consists of instructions, modeling, rehearsal, and feedback provided to the trainee(s) until a new skill is mastered (2) (3) (6). While a didactic training approach may promote learning for verbal skills (such as answering questions accurately about a topic), it is less likely to be effective for job performance skills (1). In a "plan for training" for behavior support plans created under the therapeutic consultation behavioral service, practitioners should include and implement a behavioral skills training-like approach to increase the likelihood of training effectiveness, and also clearly outline how often data will be collected and analyzed by the behaviorist. A training record must also be maintained by the behaviorist to document those that have been trained on the behavior support plan.

References:

- (1) Gardner, J. M. (1972). Teaching behavior modification to nonprofessionals. *Journal of Applied Behavior Analysis*, 5, 517–521.
- (2) Miles, N. I., & Wilder, D. A. (2009). The effects of behavioral skills training on caregiver implementation of guided compliance. *Journal of Applied Behavior Analysis*, 42, 405–410.
- (3) Parsons, M.B., Rollyson, J.H., & Reid, D.H. (2012). Evidence-based staff training: A guide for practitioners. *Behavior Analysis in Practice*, 5(2), 2-11.
- (4) Therapeutic consultation service. Code of Virginia, 12VAC30-122-550. (2021). <https://law.lis.virginia.gov/admincode/title12/agency30/chapter122/section550/>
- (5) Virginia Department of Behavioral Health and Developmental Services, Virginia Department of Medical Assistance Services (2021, May). Practice guidelines for behavior support plans. https://www.townhall.virginia.gov/L/GetFile.cfm?File=C:\TownHall\docroot\GuidanceDocs\602\GDMS_DMAS_7024_v1.pdf
- (6) Ward-Horner, J., & Sturmey, S. (2012). Component analysis of behavior skills training in functional analysis. *Behavioral Interventions*, 27, 75–92.

The My Care Passport and Advocacy Tip Sheets Training

Thursday February 24, 2022 between 1:00 p.m. – 2:00 p.m.

Register in advance for this training:

<https://virginia.gov.zoomgov.com/meeting/register/vJltcQuorTstE5P0t7Inrs50SAoCarGM9uk>