# January 2022

## **Office of Integrated Health Health Supports Network**

### The Office of Integrated Health – Health Supports Network Regional Community Nursing Meetings

"A safe space for nurses to discuss challenges, experiences, and ask questions."

#### Goals

- To ensure individuals with intellectual and developmental disabilities are receiving needed services.
- To provide a forum in which nurses (and others) can discuss ideas, challenges, policy needs (e.g. health policies, which affect individuals with IDD, to bring policy needs forward.
- To provide a forum for caregivers to interact with state agency representatives, to express concerns, develop educational tools and resources, and further enhance train-the-trainer models.

**Region 1** – January 5, 2022 10am -12:00pm Register in advance for this meeting: https://dbhdsvirginia.zoomgov.com/meeting/register/vJIscmtrD0sGYOs7lkNg uvZoMnd9lSGBA Community Nurse Leader: Kevyn Burn- kburn@wallresidences.com

Region 2 – January 19, 2022 10am - 12:00pm Register in advance for this meeting: https://dbhdsvirginia.zoomgov.com/meeting/register/vJltc-grj0tE6oc46hxXkaOfA0XrwJeyHI Community Nurse Leader: Beatrice Claiborne - bclaiborne@mycri.org

#### **January Meetings Dates**

Consistent with VDH and CDC guidance for gatherings which recommend 6 ft. social distancing and outdoor events, **Regional Nursing Meetings will** continue to be virtual.

Region 3 – January 21, 2022 10am - 12:00pm https://dbhdsvirginia.zoomgov.com/meeting/register/vJIt ce6przsqG7bcXVRZdd4wYND\_M5uJc-0 Community Nurse Leader: TBD

Region 4 – January 10, 2022 11am - 1:00pm Register in advance for this meeting: https://dbhdsvirginia.zoomgov.com/meeting/register/vJlsf-CtgjovG3iWwFYxDPWhgoA2T4o1r90 Community Nurse Leader: Jeannette Gholson- jigholson.thc@gmail.com

Region 5 – January 24, 2022 10am - 12:00pm Register in advance for this meeting: https://dbhds.zoomgov.com/meeting/register/vJlt cOghgDsoEz6XDp26bDOYieUasXR-z1s Community Nurse Leader: Marcia A. Lindsay-

Brothers - mbrothers@chesapeakeibh.net

#### January 2022 Meeting Agenda

#### Virtual Meeting Platform:

 In cooperation with VDH Guidance on COVID-19 relating to group gatherings, the Regional Nursing Meetings will continue to be held in ZoomGov or by WebEx until further notice. The ZoomGov registration links are included in this agenda. You must register to receive the meeting URL link, password, and phone access to the meeting. Registering prior to the meeting date is recommended, to avoid technical issues on the day of the meeting.

#### **Presentation:**

• This month our guest speaker is, Mr. Leland Hite, owner of 911ready.org. He will be discussing emergency preparedness for the home, individual's medical data, 911 addressing, fire hydrant locations, key holders, sirens & lights, and utility signage.

#### Issues and Concerns Relevant to each Region:

 Open Group Discussion. Please feel free to share general issues or concerns you may be having, to obtain suggestions, resources and feedback from others. The meeting is a safe and supportive place for those providing care to individuals with IDD. Please do not share any personal health information about any individual.

#### Monthly CNE Opportunity: OIH - HSN Health & Safety Alert Review and Discussion:

 A Health & Safety Alert with guiz/evaluation will be reviewed each month during the meeting. This month's CNE topic is Emergency Preparedness Part 1: Planning tips & Recourses. To receive 1 free CNE, you must attend the meeting and return the quiz/evaluation by email, fax or text. Just scan or take a pic of your completed guiz with your smart phone, and text or email it to your regional RNCC, with your name and email address clearly displayed. Your CNE certificate will be emailed directly to you.

NOTE: Anyone can attend the Regional Nurses Meeting of their choice. You do not have to attend the Regional Nursing Meeting where you work

#### The Office of Integrated Health – Health Supports Network Registered Nurse Care Consultants

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### Office of Integrated Health Health Supports Network

## Key Things to Know About COVID-19 Vaccines (CDC, Nov. 30, 2021)

- Everyone ages 5 and older can get vaccinated against COVID-19. Learn how to find a COVID-19 vaccine.
- COVID-19 vaccines are effective at helping protect against severe disease and death from the virus that causes COVID-19, including known variants currently circulating (e.g., Delta variant).
- The benefits of COVID-19 vaccination outweigh the known and potential risks, which are rare.
- The benefits of COVID-19 vaccination outweigh the known and potential risks, which are rare.
- People who are fully vaccinated can resume many activities they did before the pandemic. However, people should wear a mask indoors in public if they are in an area of substantial or high transmission.
- If you received a Pfizer-BioNTech (ages 12 and older) or Moderna (ages 18 and older) mRNA COVID-19 vaccine primary series and have a moderately to severely compromised immune system, you should receive an additional primary dose of the same mRNA COVID-19 vaccine at least 28 days after the second dose.
- Everyone ages 18 years and older who is fully vaccinated is eligible to receive a booster shot.
- Unlike many medications, COVID-19 vaccine dosage does not vary by patient weight but by age on the day of vaccination.
- People can get a COVID-19 vaccine and other vaccines, including flu vaccine, at the same time.

## Winter 2022 OIH - HSN Training Sessions Schedule

VDH Special Needs Oral Health Caregiver Training - Tuesday January 11, 2022 between 10:00 a.m. – 12:30 p.m. Everything you need to know about special needs oral care. Register in advance for this training at: <u>https://us06web.zoom.us/meeting/register/tZMvf-yrpzIsG9H5VvkZOhHi0FpyIJWx7CdK</u>

Mobile Rehab Engineering Team Services, Durable Medical Equipment and Assistive Technology How to Request MRE Team Services - The Process for New DME & AT - Emergency Evacuations for Non-Ambulatory Individuals Thursday January 13, 2022 between 1:00 p.m. – 3:00 p.m. Register in advance for this meeting: <u>https://dbhds-virginia.zoomgov.com/meeting/register/vJIsdu-rqT4oHMKPeT8-EGOQC6cEIPU7I11</u>

*NEW Emergency Preparedness Part 1: Caregiver Tips & Resources* - Thursday January 20, 2022 between 10:00 a.m. – 12:00 p.m. Everything you need to know about being prepared for an emergency situation. Register in advance for this training: https://dbhds-virginia.zoomgov.com/meeting/register/vJltcO-gpzsvE5Y3CJISQa6g18w8e9nYmdQ

Urinary tract Infections (UTI) - Tuesday February 8, 2022 between 10:00 a.m. - 12:00 p.m.

Everything you need to know about urinary tract infections. Register in advance for this training session: <u>https://dbhds-virginia.zoomgov.com/meeting/register/vJlsfuugpjwvG2YYKEi-</u> 5xogv81pugU5Kho

After you register and are approved to attend, you will receive a confirmation email with a link to join the training on the day of the course. If the course capacity has been met, you will receive an email with an alternate course date. So, register early!



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