# Regional Nursing Meeting Virginia Department of Behavioral Health & Developmental Services

# December 2022

# **Office of Integrated Health Health Supports Network**

# The Office of Integrated Health – Health Supports Network Regional Community Nursing Meetings

"A safe space for nurses to discuss challenges, experiences, and ask questions."

#### Goals

- To ensure individuals with intellectual and developmental disabilities are receiving needed services.
- To provide a forum in which nurses (and others) can discuss ideas, challenges, policy needs (e.g. health policies, which affect individuals with IDD, to bring policy needs forward.
- To provide a forum for caregivers to interact with state agency representatives, to express concerns, develop educational tools and resources, and further enhance train-the-trainer models.

Region 1 – December 7, 2022 10am -12:00pm Register in advance for this meeting: https://dbhds-virginiagov.zoomgov.com/j/1614052663?pwd=S0x5 a3Y0enJFUHVOVWticzVgTWpkdz09 Community Nurse Leader: Kevyn Burn- kburn@wallresidences.com

Region 2 – December 21, 2022 10am - 12:00pm Register in advance for this meeting: **CANCELED DUE TO HOLIDAY** 

Community Nurse Leader: Beatrice Claiborne - bclaiborne@mycri.org

December	Meetings	Dates

**Consistent with VDH and CDC** guidance for gatherings which recommend utilizing best practices for infection control and holding outdoor events as possible, Regional Nursing Meetings will continue to be virtual.

**Region 3** – December 16, 2022 10am - 12:00pm Register in advance for this meeting: https://dbhdsvirginia.zoomgov.com/meeting/register/vJ Itce6przsqG7bcXVRZdd4wYND\_M5uJc-0 Community Nurse Leader: Teresa Berry - rnttb1@aol.com

Region 4 – December 12, 2022 11am - 1:00pm Register in advance for this meeting: https://virginiagov.zoomgov.com/meeting/register/vJlscggpzItHr1CP8Exf8S EG6gNW04cFQ Community Nurse Leader: Jeannette Gholson- jigholson.thc@gmail.com

**Region 5** – December 19, 2022 10am - 12:00pm Register in advance for this meeting: https://dbhds-virginiagov.zoomgov.com/meeting/register/vJItcO6r pisiHo4DvCOEfRnfiUjddB2Xht4 Community Nurse Leader: Marcia A. Lindsay-Brothers - mbrothers@chesapeakeibh.net

## **December 2022 Meeting Agenda**

### Virtual Meeting Platform:

 In cooperation with VDH Guidance on COVID-19 relating to group gatherings, the Regional Nursing Meetings will continue to be held in ZoomGov. The ZoomGov registration links are included in this agenda. You must register to receive the meeting URL link, password, and phone access to the meeting. Registering prior to the meeting date is recommended, to avoid technical issues on the day of the meeting.

#### Presentation:

 This month there will be a tour around the Department of Behavioral Health and Developmental Services (DBHDS) website, discussion regarding hybrid meetings, each region can make plans as to when a hybrid meeting would be best, along with discussions about the up-coming DSP meetings in the planning stages, and current care concerns.

### Issues and Concerns Relevant to each Region:

• Open Group Discussion. Please feel free to share general issues or concerns you may be having, to obtain suggestions, resources, and feedback from others. The meeting is a safe and supportive place for those providing care to individuals with IDD. Please do not share any personal health information about any individual.

### Monthly CNE Opportunity: OIH - HSN Health & Safety Alert Review and Discussion:

• There will be no CNE topic for the month of December. Beginning in 2023, there will be 10 monthly meetings yearly which review Health & Safety Alert topics with quiz/evaluation for CNEs. To receive 1 free CNE, you must attend the meeting and return the quiz/evaluation by email, fax, or text. Just scan or take a picture of your completed guiz with your smart phone, and text or email it to your regional RNCC, with your name and email address clearly displayed. Your CNE certificate will be emailed directly to you.

The Office of Integrated Health – Health Supports Network Registered Nurse Care Consultants

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# **Office of Integrated Health** Health Sunnorts Network

# The New Year is a Great Time to Schedule an Annual Physical or Wellness Exam!

Adult Medicaid members now receive coverage for preventive services as of July 1, 2022. Preventive services are defined as routine health care that includes screenings, check-ups, and patient counseling to prevent illnesses, disease, or other health problems. Preventive services can help people improve their health before something becomes a larger problem.

This new coverage for adult preventive services is a change. Prior to July 1, 2022, adult preventive services were authorized for the Medicaid Expansion population only. Some Medicaid members may have also received preventive services through their managed care health plan as an added benefit. This new coverage provided by DMAS for all adult Medicaid members is a proactive step to help improve the overall health of our members.

The following preventive services are now available at no cost to members:

- Adult wellness exam.
- Individual and group smoking cessation and alcohol counseling.
- Recommended vaccines, such as tetanus and diphtheria, shingles, hepatitis A and B, influenza, and human papillomavirus.
- Mammography, prostate, and other cancer screenings.
- Blood pressure and cholesterol screenings.
- Depression screenings.
- Nutritional Counseling.

Medicaid members should contact their primary care doctor to schedule one of these preventive services.

https://www.dmas.virginia.gov/for-members/benefits-and-services/adult-preventive-

services/#:~:text=Adult%20Medicaid%20members%20now%20receive,disease%2C%20or%20other%20health%20problems

# Winter 2023 OIH - HSN Training Sessions

### The Fatal Seven – Thursday January 12, 2022, between 10:00 a.m. – 12:30 p.m.

Everything you need to know the seven common diagnose which can be fatal for individuals with DD. Register in advance for this training: https://dbhds-virginia-gov.zoomgov.com/meeting/register/vJIsdOGhrjwuGK8Z2P h6EFhHrl66YZDrHc

### Choking and Nut Butters - Tuesday January 17, 2022, between 1:00 p.m. – 3:00 p.m.

Everything you need to know about the increased risks of choking related to dysphagia and eating nut butters. Register in advance for this training: https://dbhds-virginia-gov.zoomgov.com/meeting/register/vJltf-Cqrz4iGLDFhAFIFnezA3pkFdDNtMg

### Nutrition Part 1 - Thursday January 19, 2022, between 10:00 a.m. - 12:00 p.m.

Everything you need to know about basic nutrition, the essential nutrients, the 5 food groups, and how nutrition affects an individual's health. Register in advance for this meeting: https://dbhds-virginia-gov.zoomgov.com/meeting/register/vJltceuggjosExZj660b3FZI52eC3xiTVxA

# VDH Special Needs Oral Health - Tuesday January 10, 2022, between 10:00 a.m. – 12:30 p.m.

Everything you need to know about oral health and assisting an individual with DD with their oral health routine . Register in advance for this meeting: https://dbhds-virginia-gov.zoomgov.com/meeting/register/vJltceuqqjosExZj660b3FZI52eC3xiTVxA

### After you register and are approved to attend, you will receive a confirmation email with the link and password to join the training on the day of the course. The link should be added to a calendar for easy access the day of the training.

Don't forget many OIH-HSN training sessions are available 24 hours a day/7 days a week on the Virginia Commonwealth Learning Center (COVLC) website for "FREE". All Virginia state provider agencies, and their employees are eligible to create free accounts to access trainings. To request an account contact Kieana Bobbitt at kieana.bobbitt@dbhds.virginia.gov.

# The Office of Integrated Health – Health Supports Network Registered Nurse Care Consultants

Tammie Williams: Community Nursing and Education Lead- tammie.williams@dbhds.virginia.gov

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Department of Medical Assistance Services



