

Regional Nursing Meeting



November 2022

**Office of Integrated Health
Health Supports Network**

The Office of Integrated Health – Health Supports Network Regional Community Nursing Meetings

“A safe space for nurses to discuss challenges, experiences, and ask questions.”

Goals

- To ensure individuals with intellectual and developmental disabilities are receiving needed services.
- To provide a forum in which nurses (and others) can discuss ideas, challenges, policy needs (e.g. health policies, which affect individuals with IDD, to bring policy needs forward.
- To provide a forum for caregivers to interact with state agency representatives, to express concerns, develop educational tools and resources, and further enhance train-the-trainer models.

Region 1 – November 2, 2022

10am - 12:00pm

Register in advance for this meeting:

https://dbhds-virginia.gov.zoomgov.com/meeting/register/vJltfuqugDwsEgd6NFdxH5M84kZK5vY_R4

Community Nurse Leader:

Kevyn Burn- kburn@wallresidences.com

November Meetings Dates

Consistent with VDH and CDC guidance for gatherings which recommend utilizing best practices for infection control and holding outdoor events as possible, Regional Nursing Meetings will continue to be virtual.

Region 4 – November 14, 2022

11am - 1:00pm

Register in advance for this meeting:

https://virginia.gov.zoomgov.com/meeting/register/vJlsc-ggpzltHr1CP8Exf8S_EG6gNW04cFQ

Community Nurse Leader:

Jeannette Gholson- jgholson.thc@gmail.com

Region 2 – November 16, 2022

10am - 12:00pm

Register in advance for this meeting:

<https://virginia.gov.zoomgov.com/meeting/register/vJlsc-qurT4oH9OZ7N4i4zrZ3UWfxQJ2YDk>

Community Nurse Leader:

Beatrice Claiborne - bclaiborne@mycri.org

Region 3 – November 18, 2022

10am - 12:00pm

Register in advance for this meeting:

https://dbhds-virginia.zoomgov.com/meeting/register/vJltce6prsqG7bcXVRZdd4wYND_M5uJc-0

Community Nurse Leader:

Teresa Berry - rnttb1@aol.com

Region 5 – November 28, 2022

10am - 12:00pm

Register in advance for this meeting:

<https://virginia.gov.zoomgov.com/meeting/register/vJltdeygrzktGxf3mJ9h83ZcdOGdsHYIKHo>

Community Nurse Leader: Marcia A. Lindsay-

Brothers - mbrothers@chesapeakeibh.net

November 2022 Meeting Agenda

Virtual Meeting Platform:

- In cooperation with VDH Guidance on COVID-19 relating to group gatherings, the Regional Nursing Meetings will continue to be held in ZoomGov. The ZoomGov registration links are included in this agenda. You must register to receive the meeting URL link, password, and phone access to the meeting. Registering prior to the meeting date is recommended, to avoid technical issues on the day of the meeting.

Presentation:

- This month our guest speakers will be from the Office of Substance Abuse Services at DBHDS. They will be giving an overview of the current opioid overdose epidemic, introducing the new regional SA behavioral consultants, and discussing what you can expect to learn from the REVIVE! Training.

Issues and Concerns Relevant to each Region:

- Open Group Discussion. Please feel free to share general issues or concerns you may be having, to obtain suggestions, resources and feedback from others. The meeting is a safe and supportive place for those providing care to individuals with IDD. Please do not share any personal health information about any individual.

Monthly CNE Opportunity: OIH - HSN Health & Safety Alert Review and Discussion:

- A Health & Safety Alert with quiz/evaluation will be reviewed each month during the meeting. This month's CNE topic is Substance Use Disorder (SUD) and the Individual with DD. To receive 1 free CNE, you must attend the meeting and return the quiz/evaluation by email, fax, or text. Just scan or take a pic of your completed quiz with your smart phone, and text or email it to your regional RNCC, with your name and email address clearly displayed. Your CNE certificate will be emailed directly to you.

The Office of Integrated Health – Health Supports Network Registered Nurse Care Consultants

Tammie Williams: Community Nursing and Education Lead- tammie.williams@dbhds.virginia.gov

Christine Kocher: christine.kocher@dbhds.virginia.gov

Jessa Sprouse: jessa.sprouse@dbhds.virginia.gov

Joy Richardson: joy.richardson@dbhds.virginia.gov

Katherine Rice: katherine.rice@dbhds.virginia.gov

Marylou Bryan: marylou.bryan@dbhds.virginia.gov

Melissa Blevins: melissa.blevins@dbhds.virginia.gov

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The U.S. Drug Enforcement Administration (DEA) offers a Drug Take Back Day Twice a Year in April and October.

The drug overdose epidemic in the United States is a clear and present public health, public safety, and national security threat.

DEA's National Prescription Drug Take Back Day reflects DEA's commitment to Americans' safety and health, encouraging the public to remove unneeded medications from their homes as a measure of preventing medication misuse and opioid addiction from ever starting.

If you missed the last "Drug Take Back Day" on October 29th there are other opportunities to dispose of unneeded medications. For a list of approved take back pharmacies follow this link

<https://www.dhp.virginia.gov/pharmacy/destructionsites.asp>

Then look for a marked container similar to the one pictured and dispose of your unneeded medications.

- It's anonymous and free.
- Prescription and over-the-counter medications will be accepted.
- No intravenous solutions, injectables, or needles should be disposed of in the container.

The Attorney General of Virginia also offers some great resources on their website on "Keeping and Disposing of Drugs Safely: Prescription Drug Take-Back Program". You can find a tip card with directions for the proper disposal of prescription drugs and the "Prevent Prescription Drug Abuse" tip card at <https://www.oag.state.va.us/programs-initiatives/drug-take-back-program>.



Fall 2022 OIH - HSN Training Sessions



SEPSIS – Tuesday, November 15, 2022, between 10:00 a.m. – 12:00 p.m.

Everything you need to know about identifying signs and symptoms of Sepsis, and when to seek medical treatment.

Register in advance for this training: <https://virginia-gov.zoomgov.com/meeting/register/vJlscuggpi8jExe-C8W8uFRIS-3Dqb6bGvg>

Diabetes Part 1- Thursday November 17, 2022, between 1:00 p.m. – 3:00 p.m.

Everything you need to know about the basic diagnoses of Diabetes, signs, and symptoms of hyper and hypo glycemia.

Register in advance for this training: https://virginia-gov.zoomgov.com/meeting/register/vJlscdeuppz8vEj_PtadHPyGvT1G-qfvSC6A

Diabetes Part 2- Tuesday November 22, 2022, between 1:00 p.m. – 3:00 p.m.

Everything you need to know about management of Diabetes, to include medication, complications, and treatments.

Register in advance for this meeting: <https://virginia-gov.zoomgov.com/meeting/register/vJlsc6hqd4tH0HVvMO78achG3LLc03qDVU>

After you register and are approved to attend, you will receive a confirmation email with the link and password to join the training on the day of the course. The link should be added to a calendar for easy access the day of the training.

Don't forget many OIH-HSN training sessions are available 24 hours a day/7 days a week on the Virginia Commonwealth Learning Center (COVLC) website for "FREE". All Virginia state provider agencies, and their employees are eligible to create free accounts to access trainings. To request an account contact Kieana Bobbitt at kieana.bobbitt@dbhds.virginia.gov.

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