



COMMONWEALTH of VIRGINIA

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Office of Integrated Health Health & Safety Alert/Information **Lower Risk of a Fatal Opioid Overdose with REVIVE! Training**

Opioids

What are opioids?

Opioids are a class of drug that alters the perception of pain. Some common opioid drugs are heroin, synthetic fentanyl, and prescription pain medications including:

- Hydrocodone.
- Oxycodone.
- Fentanyl.
- Codeine.
- Methadone.
- Buprenorphine.

For a more complete list of opioids (generic, brand, and street names) click [here](#). Or use this link: <https://www.hopkinsmedicine.org/health/treatment-tests-and-therapies/opioids>

Opioid Overdose

What is an opioid overdose?

- Opioids can cause a person's breathing to slow down and or stop, this is considered an overdose.

What is at highest risk of an opioid overdose?

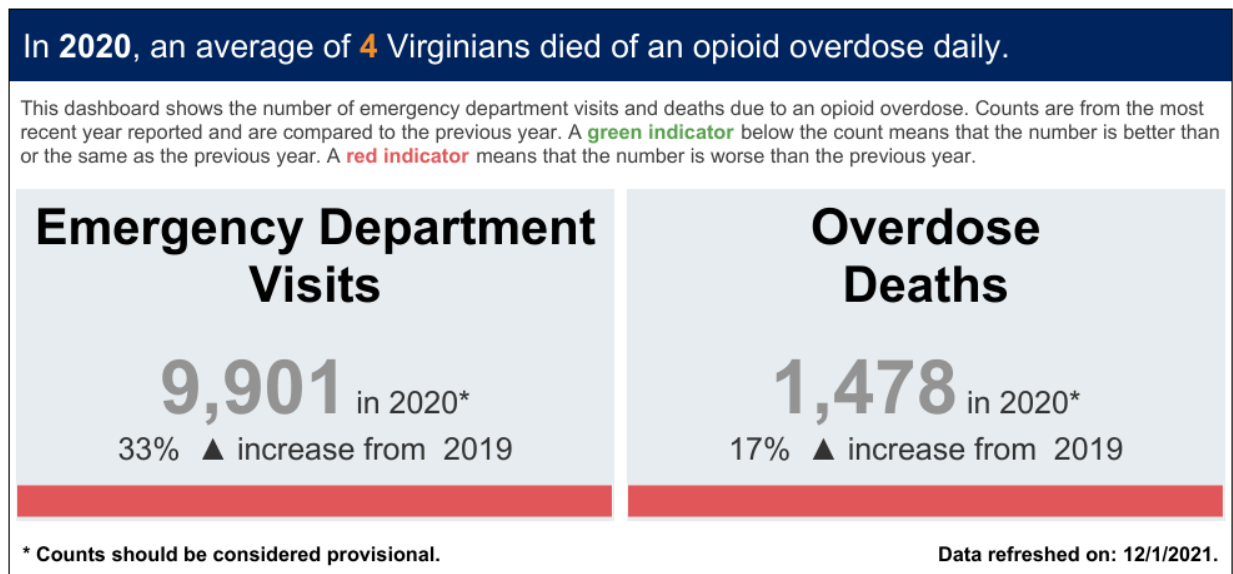
Any individual who:

- Has recently received emergency care for an opioid overdose.
- Has a reduced opioid tolerance due to a recent discharge from a drug treatment program, detox, incarceration, or an abstinence-based drug treatment program.
- Is currently enrolled in a drug treatment program.

- Is in active substance abuse.
- Is currently prescribed an opioid or a combination of opioids, sedative hypnotics, benzodiazepines, Carisoprodol or Tramadol.

Opioid Addiction and Overdose in Virginia

The increasing trend of drug addiction in Virginia is contributing to multiple adverse public health effects, including increasing numbers of blood borne pathogen infections (e.g., Hepatitis C) overdoses requiring emergency care, and deaths (Virginia Department of Health, 2021). [In 2016, a public health emergency in Virginia was declared.](#) You can find the 2022 Virginia State Health Commissioner's standing order for the administration of Naloxone, to reduce the risk of a fatal overdose, at the following link: [Virginia's Naloxone Standing Order \(PDF\).](#)



Lowering Risk of a Fatal Opioid Overdose

How can I lower the risk of a fatal opioid overdose for someone?

- Learn how to administer the drug Naloxone.

What is Naloxone?

- Naloxone is a drug which temporarily blocks the effects of opioids and can reverse the effects of an opioid overdose.
- Naloxone is a lifesaving medication that can reverse the effects of an opioid overdose.

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- Naloxone is available as a generic drug or under the brand names NARCAN® and EVZIO®.

Does Naloxone work on any other type of overdose?

- No, Naloxone only works if opioids are in the body and has no effect on an overdose from alcohol or other drugs.

How can I learn how to administer Naloxone?

- Attend a REVIVE! training.

How can I obtain Naloxone in Virginia?

- Attend a REVIVE! training. Many local health districts and community services boards dispense Naloxone at [REVIVE! training](#) events, during walk-in clinic hours and at other community events.
- Contact your [Local Health District](#) or [Community Services Board](#) to determine how you may be able to obtain Naloxone at no cost.
- All Virginians can get Naloxone at a Virginia pharmacy without a prescription. Naloxone is available under the [State Health Commissioner's Standing Order](#). [Learn more about Naloxone and how to obtain it in Virginia.](#)
- The standing order serves as a prescription written for the general public, rather than specifically for an individual.
- It is up to each individual's pharmacy to decide whether to dispense Naloxone under the statewide standing order.
- If you are a caregiver, talk to the individual's healthcare provider if the individual has a prescription for an opioid medication. If unsure, you can find a list of opioids and their brand and generic names [here](#).

REVIVE! Training

What is REVIVE! Training?

- REVIVE! is a free Opioid Overdose and Naloxone educational training program for the Commonwealth of Virginia. REVIVE! provides training for laypersons and first responders on how to recognize an opioid overdose, and how to reduce risk of a fatality due to an opioid overdose by administering emergency naloxone.

What will I learn in a REVIVE! Training?

How to...

- Recognize those at highest risk for an overdose.
- Recognize the signs and symptoms of an overdose.
- Seek help for someone experiencing an overdose.
- Care for an individual experiencing an overdose.
- Administer Naloxone, which reverses the effects of an opioid overdose.

Why is REVIVE! Training so urgently needed now?

- To reduce the epidemic number of fatalities in Virginia due to opioid overdose.
- Virginia law [18VAC85-21-70](#) is now requiring all physicians to include Naloxone nasal spray with all long-term prescriptions of:
 - Opioids.
 - Sedative hypnotics.
 - Benzodiazepines.
 - Carisoprodol.
 - Tramadol.
 - Or any combination of the above.

Who should participate in a REVIVE! Training?

- All caregivers for individuals who are prescribed opioids.
- All individuals who are prescribed opioids (if cognitively able).
- Anyone in Virginia who wants to lower the risk of a fatality for anyone experiencing an opioid overdose, whether the opioid is prescribed or taken without a prescription (accidental administration, drug error, drug abuse, etc.)

How do I take a free REVIVE! Training at DBHDS?

There are two options:

1. There is a Narrated REVIVE! Training on the COVLC.

- You can take the DBHDS narrated virtual REVIVE! training on the Commonwealth of Virginia Learning Center (COVLC) website.

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- Licensed DBHDS provider agencies can access the COVLC’s virtual REVIVE! training, 24 hours a day, seven days a week for free.
 - The Commonwealth is currently updating the COVLC website. In November, OIH will be sending new instructions for setting up a COVLC account via the DD Listserv.
 - Follow the instructions and set up an account on the COVLC.
 - Log onto the COVLC and type REVIVE in the search bar.
 - Take the REVIVE Training and print out your certificate.
- 2. There is a virtual, live training conducted by the DBHDS Substance Abuse Services Team.**
- You can sign up for the DBHDS live virtual REVIVE! training by contacting: Tiana Vazquez at: tiana.vazquez@dbhds.virginia.gov

Types of **REVIVE!** Trainings offered within the Commonwealth

Basic Lay Rescuer Training Class

- The basic Lay Rescuer training class is between 1-1.5 hours long. The training covers understanding opioids, how opioid overdoses happen, risk factors for opioid overdoses, and how to respond to an opioid overdose emergency with the administration of Naloxone.

Lay Rescuer Training of Trainers Class

- The Lay Rescuer Training of Trainers class includes the basic level “Lay Rescuer training” and prepares you to become a REVIVE! instructor. This course is 3 hours long and covers the administrative requirements to lead and conduct REVIVE! Trainings independently.

Basic First Responder Training Class

- This training certifies attendees to administer Naloxone in the event of an overdose emergency. The training is between 1-1.5 hours long, and covers understanding opioids, how opioid overdoses happen, risk factors for opioid overdoses, and how to respond to an opioid overdose emergency with the administration of Naloxone.

First Responder Train the Trainer Class

- Successful completion of this training program is required to become a Certified Trainer of the REVIVE! Basic Training. This training program is approximately 2-3

hours long and covers understanding opioids, how opioid overdoses happen, risk factors for opioid overdoses, how to respond to an opioid overdose emergency with the administration of Naloxone, and the administrative requirements to independently conduct REVIVE! trainings.

REVIVE! Training Schedules in the Commonwealth

REVIVE! Trainings are being scheduled throughout the Commonwealth of Virginia by many different agencies. How Can I Access the REVIVE! Training Schedules or inquire about a class in my area?

- Contact Tiana Vazquez at: tiana.vazquez@dbhds.virginia.gov for any inquiries about REVIVE! Trainings throughout Virginia.
- Contact a Community Services Board to inquire about REVIVE! Trainings they may offer at this [link](#).
- View a list of scheduled trainings, at the Virginia Association of Chiefs of Police and Foundation, Inc (VACP) [here](#).
- To request a training in your area and/or if you have questions about REVIVE! trainings, please contact the VACP Program Manager, Stephanie Diaz, at stephanie@vachiefs.org.
- Contact a Virginia Health Department for information on REVIVE! Trainings in your area at this [link](#).

Additional Opioid Overdose Training Programs

Are there any other Opioid overdose training programs available?

Yes. Both the American Heart Association and the American Red Cross offer opioid overdose trainings. However, neither training has been approved by the Virginia General Assembly. The REVIVE! Training program is the only opioid overdose training approved by the Virginia General Assembly.

Resources

Additional REVIVE! Training Resources

- Lay Rescuer Training PowerPoint (updated as of February 2022) [English/Spanish/Chinese](#).
- “How-To” Guide for Trainers (updated as of April 2022) [English/Spanish/Chinese](#)
- Lay Rescuer Training Guide (updated as of April 2022) [English/Spanish/Chinese](#)

- Rapid REVIVE! Essential Talking Points(5-10 minute training) [English/Spanish](#)
- Rapid REVIVE! Handout [English/Spanish](#)
- Sign-In Sheet [English/Spanish](#)
- REVIVE! Brochure [English/Spanish/Chinese](#)
- Opioid Safety Flyer [English/Spanish/Chinese](#)

REVIVE! Trainer Resources

Each time you lead a training you must complete the REVIVE! Trainer's Report of Training: <https://www.surveymonkey.com/r/ST9Y7T5>.

To request a registration link: <https://www.surveymonkey.com/r/FVVXHMF>

Please fill out the evaluation form: <https://www.surveymonkey.com/r/FDTBDNH>

If you would like a certificate, please complete a Certificate

Request: <https://www.surveymonkey.com/r/REVIVECertificateRequest>.

To place orders for REVIVE! kits: <https://www.surveymonkey.com/r/3K6WFX3>.

Please contact Tiana Vazquez at: tiana.vazquez@dbhds.virginia.gov for any inquiries about REVIVE!

Please contact Tiffani Wells at: tiffani.wells@dbhds.virginia.gov for inquiries about Harm Reduction.

Resources for Pharmacists

Pharmacists can find more information about dispensing naloxone at the [Virginia Pharmacists Association website](#).

Virginia Opioid Resources

Learn more about opioid addiction in Virginia [here](#) (VDH, 2021).

Resources on Naloxone

- [Frequently Asked Questions About Naloxone \(FAQ\) – English](http://www.vdh.virginia.gov/content/uploads/sites/3/2019/09/Naloxone-FAQs-August-2019-Final.pdf) (VDH, 2019) - www.vdh.virginia.gov/content/uploads/sites/3/2019/09/Naloxone-FAQs-August-2019-Final.pdf
- [Frequently Asked Questions About Naloxone \(FAQ\) – Spanish](http://www.vdh.virginia.gov/content/uploads/sites/3/2019/11/Naloxone-FAQs-August-2019-Spanish-Final.pdf) (VDH, 2019) - www.vdh.virginia.gov/content/uploads/sites/3/2019/11/Naloxone-FAQs-August-2019-Spanish-Final.pdf
- [How to Use NARCAN® \(Naloxone\) Nasal Spray](http://www.narcan.com/frequently-asked-questions/#:~:text=Hold%20the%20device%20with%20your,dose%20into%20the%20patient's%20nose) (Emergent Devices Inc., 2022) - www.narcan.com/frequently-asked-questions/#:~:text=Hold%20the%20device%20with%20your,dose%20into%20the%20patient's%20nose

State Health Departments' Resource Guide - Get Naloxone Now

<https://www.getnaloxonenow.org/#getnaloxone> (Get Naloxone Now, 2022).

Safe Disposal of Opioids Resources

- [Safe Opioid Disposal - Remove the Risk Outreach Toolkit - www.fda.gov/drugs/safe-disposal-medicines/safe-opioid-disposal-remove-risk-outreach-toolkit](https://www.fda.gov/drugs/safe-disposal-medicines/safe-opioid-disposal-remove-risk-outreach-toolkit)
- [Safety Measures for Immediate Release \(IR\) Opioids - www.fda.gov/drugs/information-drug-class/new-safety-measures-announced-immediate-release-ir-opioids](https://www.fda.gov/drugs/information-drug-class/new-safety-measures-announced-immediate-release-ir-opioids)
- [Safety Measures for Extended-release and Long-acting \(ER/LA\) Opioids - www.fda.gov/drugs/information-drug-class/new-safety-measures-announced-extended-release-and-long-acting-opioids](https://www.fda.gov/drugs/information-drug-class/new-safety-measures-announced-extended-release-and-long-acting-opioids)
- [Safety Measures for Opioid Analgesics, Prescription Opioid Cough Products, and Benzodiazepines - www.fda.gov/drugs/information-drug-class/new-safety-measures-announced-opioid-analgesics-prescription-opioid-cough-products-and-benzodiazepines](https://www.fda.gov/drugs/information-drug-class/new-safety-measures-announced-opioid-analgesics-prescription-opioid-cough-products-and-benzodiazepines)
- [Search and Rescue: Connecting prescribers to resources to help prevent drug misuse and abuse in their practices - https://searchandrescueusa.org/](https://searchandrescueusa.org/)

Information About Opioid Overdose at the CDC

<https://www.cdc.gov/drugoverdose/index.html>

FDA's Managing the Benefits and Risks of Medicines Resources

<https://www.fda.gov/drugs/information-consumers-and-patients-drugs/think-it-through-managing-benefits-and-risks-medicines>

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