



LEADERSHIP FOR EMPOWERMENT AND ABUSE PREVENTION (LEAP) FOR TEENS

LEAP for Teens is a healthy relationships training created by the VCU Partnership for People with Disabilities for teens with intellectual and developmental disabilities.

Participants learn about:

- Healthy, unhealthy, and confusing relationships,
- Asking permission before touching,
- Public vs. private places,
- Correct names for body parts,
- Different ways to say “NO”,
- Identifying red flags to recognize abuse, and
- How to get help.

LEAP training:

- is FREE,
- occurs on-line using Zoom,
- occurs in small groups between 5-10 students,
- is three, 90 minute sessions, and
- is taught by a trainer with a disability and a co-trainer.

---- Upcoming Training Dates ----

Monday & Wednesday Series

Feb 27, Mar 1 & Mar 6
Mar 13, Mar 15, Mar 20
Mar 22, Mar 27, Mar 29
Apr 12, Apr 17, Apr 19

Tuesday & Thursday Series

Feb 21, Feb 23 & Feb 28
Mar 2, Mar 7 & Mar 9
Mar 21, Mar 23 & Mar 28
April 11, April 13 & April 18

Register Now!



Saturday Series

Feb 18, Feb 25 & Mar 4
Mar 11, Mar 18, Mar 25

Register Now!



VCU

School of Education
Partnership for People
with Disabilities



For more information, contact the LEAP
team at ppdleap@vcu.edu.