Regional Nursing Meeting Virginia Department of Behavioral Health & Developmental Services



March 2023

Office of Integrated Health **Health Supports Network**

The Office of Integrated Health – Health Supports Network Regional Community Nursing Meetings "A safe space for nurses to discuss challenges, experiences, and ask questions."

Goals

- To ensure individuals with intellectual and developmental disabilities are receiving needed services.
- To provide a forum in which nurses (and others) can discuss ideas, challenges, policy needs (e.g., health policies, which affect individuals with IDD, to bring policy needs forward.
- To provide a forum for caregivers to interact with state agency representatives, to express concerns, develop educational tools and resources, and further enhance train-the-trainer models.

Region 1 – March 1, 2023

10am -12:00pm

https://dbhds-virginia-

gov.zoomgov.com/meeting/register/vJlscyppjwgEhsNi0tsnTm2VAFFXFurXbk

Community Nurse Leader:

Kevyn Burn- kburn@wallresidences.com

Region 2 – March 15, 2023

10am - 12:00pm

https://dbhds-virginia-

gov.zoomgov.com/meeting/register/vJlscqurT4oH9OZ7N4i4zrZ3UWfxQJ2YDk

Community Nurse Leader:

Beatrice Claiborne - bclaiborne@mycri.org

March Meetings Dates

Regional Nursing Meetings will continue to be held virtually until further notice. Hybrid meetings are currently in the planning process for each region.

Region 3 – March 17, 2023

10am - 12:00pm

https://dbhds-

virginia.zoomgov.com/meeting/register /vJltce6przsgG7bcXVRZdd4wYND M

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Community Nurse Leader: Teresa Berry - rnttb1@aol.com **Region 4** – March 13, 2023

11am - 1:00pm

https://dbhds-virginia-

gov.zoomgov.com/meeting/register/vJlsdO-

grTovHW JovE9lg0EB1j4DPk9bdo

Community Nurse Leader:

Jeannette Gholson- jigholson.thc@gmail.com

Region 5 - March 27, 2023

10am - 12:00pm

https://dbhds-virginia-

aov.zoomaov.com/meetina/register/vJltfumua

TksGrD-8ji6ELf12ZqJITOSe7g

Community Nurse Leader: Marcia A. Lindsay-Brothers - mbrothers@chesapeakeibh.net

March 2023 Meeting Agenda **Virtual Meeting Platform:**

 In cooperation with VDH Guidance on COVID-19 relating to group gatherings, the Regional Nursing Meetings will continue to be held in ZoomGov. You must register to receive the meeting URL link, password, and phone access to the meeting. Registering using the links above prior to the meeting date is recommended to avoid technical issues the day of the meeting. Tentative hybrid meetings are in the planning stages for each region.

Presentation:

 This month David Wilson, the OIH-HSN Physical Therapist (PT), Certified Wound Care Specialist (CWS) and Assistive Technology Professional (ATP) will be giving a presentation on how a PT, or an Occupational therapist (OT) can help with improving home safety for the individual with DD by performing a risk assessment, evaluating strength and balance to develop a physical activity plan, and how to recognize safety risks.

Issues and Concerns Relevant to each Region:

 Open Group Discussion. Please feel free to share general issues or concerns you may be having, to obtain suggestions, resources, and feedback from others. The meeting is a safe and supportive place for those providing care to individuals with IDD. Please do not share any personal health information about any individual.

Monthly CNE Opportunity: OIH - HSN Health & Safety Alert Review and Discussion:

 This month's CNEs topic is Home Health & Safety Alert with quiz/evaluation. To receive 1 FREE CNE, you must attend the meeting and return the quiz/evaluation by email, fax, or text. Just scan or take a picture of your completed quiz with your smart phone, and text or email it to your regional RNCC, with your name and email address clearly displayed. Your CNE certificate will be emailed directly to you.

NOTE: Anyone can attend the Regional Nurses Meeting of their choice. You do not have to attend the Regional Nursing Meeting where you work or reside. Simply register with the link provided to attend.

The Office of Integrated Health – Health Supports Network Registered Nurse Care Consultants

Tammie Williams: Community Nursing Education Lead-tammie.williams@dbhds.virginia.gov

Christine Kocher: christine.kocher@dbhds.virginia.gov Katherine Rice: Katherine.rice@dbhds.virginia.gov

Jessa Sprouse: jessa.sprouse@dbhds.virginia.gov Marylou Bryan: marylou.bryan@dbhds.virginia.gov

Joy Richardson: joy.richardson@dbhds.virginia.gov Melissa Blevins: melissa.blevins@dbhds.virginia.gov

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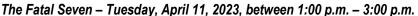
March 2023

Office of Integrated Health **Health Supports Network**



** * * * * Spring 2023 OIH - HSN Training Sessions * * * * * * *





Everything you need to know about common health conditions which can become fatal for individual with DD. Register in advance for this meeting:

https://dbhds-virginia-gov.zoomgov.com/meeting/register/vJltdO2sgTMsE9EWVZzMsPie6GxWeudZxHM

Vital Signs - Thursday, April 13, 2023, between 1:00 p.m. - 3:00 p.m.

Everything you need to know about taking a set of vital signs to include the blood pressure, temperature, pulse, and oxygen level.

Register in advance for this training: https://dbhds-virginia-gov.zoomgov.com/meeting/register/vJlsdOmggDksH1p7vTt-kd1JO c6-ZlsQSM

VDH Special Needs Oral Health - Tuesday, April 18, 2023, between 10:00 a.m. - 12:30 p.m.

Everything you need to know about dental care for individuals with developmental and intellectual disabilities.

Register in advance for this training: https://us06web.zoom.us/meeting/register/tZUqfu6urzljEtxliBPQmjWVaG9ltCZrKzO

Urinary Tract Infections (UTI's) - Thursday, April 20, 2023, between 1:00 p.m. - 3:00 p.m.

Everything you need to know about urinary tract infections (UTIs), signs & symptoms, treatments, and complications.

Register in advance for this meeting: https://dbhds-virginia-gov.zoomgov.com/meeting/register/vJlsceyhqzwoH9dBvkqhlxD7p5b9v_yx4V8

After you register and are approved to attend, you will receive a confirmation email with the link and password to join the training on the day of the course. The link should be added to a calendar for easy access the day of the training.

Don't forget many OIH-HSN training sessions are available 24 hours a day/7 days a week on the Virginia Commonwealth Learning Center (COVLC) website for "FREE". All Virginia state provider agencies, and their employees are eligible to create free accounts to access trainings. To request an account contact Kieana Bobbitt at kieana.bobbitt@dbhds.virginia.gov.

My Care Passport is a great tool for helping unfamiliar hospital staff, doctors, dentists, nurses, healthcare specialist, care staff, supervisors, and everyone else who needs to know more about an individual with intellectual and developmental disabilities (DD). This fillable Microsoft word document can be completed with everything from A to Z about the unique needs of an individual and carried with them to the hospital, and other appointments.





Waiver Tip Sheet which educates hospital staff about the Medicaid waiver system. The Discharge Tip Sheet which explains what is required by agency providers when an individual is discharged. And the Consent Tip Sheet which lets hospital staff know who they can share information with and why it's important for the health and safety of the individual with DD.

Other great tools for hospital admissions are the

Find all of these tools and more on the **DBHDS OIH-HSN website**

https://dbhds.virginia.gov/office-ofintegrated-health/



Now, it's easier for organizations to open and manage multiple ABLEnow accounts on behalf of eligible clients.

Group enrollment is available for providers that serve as the organizational representative pavee for eligible individuals. Alternatively, organizations have the option to establish Durable Limited Power of Attorney (POA) agreements for the specific management of ABLEnow accounts of clients with capacity

ABLEnow provides eligible individuals with disabilities a better way to save money for today's needs or invest for tomorrow. ABLEnow accounts:

- · Should not jeopardize eligibility for benefit programs, such as Medicaid and SSI.
- Are tax-advantaged, so earnings grow tax-free when used for qualified disability expenses
- · Can accept contributions from anyone.
- · Include online account management tools and a mobile app

The total annual contribution limit to an ABLE account increased to \$17,000 in 2023

ABLEnow accounts are a valuable tool that may eliminate the need to spend down funds to maintain eligibility. for benefits. With no enrollment fee and no minimum contribution, open an account today and see the difference ABLEnow can make.

https://www.ablenow.com/open-

account/?utm_source=DisabilityScoop&utm_medium=email&utm_campaign=Feb20 23&dclid=CJ-HuN-CmP0CFfEPcQodgUQlag

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