



Summer Parks & Rec Activities



The June newsletter is full of different types of parks and rec summer events, programs and activities in each of the 5 regions of the Commonwealth suitable for individuals with intellectual and developmental disabilities (IDD).

Region 1:



- Lynchburg Parks & Rec - <https://www.lyncburgparksandrec.com/>
- Therapeutic Recreation Wednesdays - <https://www.lyncburgparksandrec.com/programs-and-activities/therapeutic-recreation-wednesdays/>
- Harrisonburg Parks & Rec - <https://harrisonburgva.gov/parks-recreation>
- The Canteen - Recreational and social programs for teens 16 yrs. and adult individuals with IDD; 540-433-2474. <https://www.harrisonburgva.gov/special-programs>
- Wellness Matters is an all-inclusive group striving to build strong relationships through wellness activities. <https://harrisonburgva.gov/special-programs>

Region 2:



- Arlington - <https://www.arlingtonva.us/Government/Departments/Parks-Recreation>
- Arlington Therapeutic Recreation (TR) Programs - <https://www.arlingtonva.us/Government/Departments/Parks-Recreation/Programs/Therapeutic-Recreation/Current-TR-Programs>
- Fairfax Therapeutic Recreation Programs - <https://www.fairfaxcounty.gov/neighborhood-community-services/news/2023/0418a>
- Amazing National Air and Space Museum Udvar-Hazy Center in Virginia - <https://www.funifairfaxva.com/air-space-udvar-hazy-center-virginia/>
- Prince William County Parks - <https://parksandrec.pwcgov.org/wbWSC/webtrac.wsc/search?module=AR&category=ADAPTIVE>
- Fredericksburg Area Rappahannock Area YMCA's Special Needs program - <https://family-ymca.org/programs/special-needs/>



App of the Month



AccessNow is all about sharing accessibility information concerning places around the world. Search for specific places like a restaurant, hotel, or store, activities or browse the map to see what is nearby with the accessibility features which are needed for an individual. If info isn't already on the map this app allows the user to add and contribute accessibility information about their community. The map can be filtered by category and tags to find the accessibility that is needed for a particular disabilities. (App of the Month is not endorsed by DBHDS Office of Integrated Health-Health Supports Network. User accepts full responsibility for utilization of app).

Region 3:

- Allegheny County YMCAs offer activities and programming for individuals with disability <https://www.countyoffice.org/pa-allegheny-county-ymca/>
- William King Arts Museum: <https://www.williamkingmuseum.org/>
- Bristol: Birthplace of Country Music Museum: <https://birthplaceofcountrymusic.org/visit/>
- UVA Wise: Performing Arts: Free performances: <https://www.proartva.org/events>
- Marion: Free summer concerts: https://www.dcr.virginia.gov/state-parks/event?id=2023-02-28-14-51-56-403294-xpn&redirected_alread=yes
- Duffield: Daniel Boone Wilderness Trail: <https://danielboonetrail.com/education/>
- Virginia Tech Summer Performing Arts: <https://www.performingarts.vt.edu/summer-arts-festival.html>
- Radford University Performing Arts events: <https://www.radford.edu/content/cvpa/home/performance-season/cvpa-calendar.html>



Region 4:

- Henrico Residents swim for FREE! <https://www.ymcarichmond.org/locations/thornton-ymca-aquatic-center/>
- The Children's Museum: <https://www.childrensmuseumofrichmond.org/>
- Hopewell - Harbor Blast: Rock Out for Special Olympics https://allevents.in/mobile/amp-event.php?event_id=200021955934352
- Richmond War Memorial: <https://vawarmemorial.org/>
- VMFA Richmond Fine Arts Museum: <https://vmfa.museum/home-mobile/>
- Virginia Capital Trail: <https://www.virginiacapitaltrail.org/>
- Capitol Square: <http://www.vacapitol.org/square.htm>



Region 5:

- Free ferry ride across the James River - <https://www.virginiadot.org/travel/ferry-jamestown.asp>
- Colonial Williamsburg, Bruton Parish Church - <https://www.brutonparish.org/history>
- Freedom Park/Williamsburg Botanical Gardens - <https://williamsburgbotanicalgarden.org/>
- Grommet Island Park - <https://www.virginia.org/listing/jts-grommet-island-park/6992/>
- JT's Camp Grom - <https://www.ymcashr.org/camps/ymca-jts-camp-grom>



June 2023

Office of Health & Safety
Network Supports



ABA Snippets ...

Dignity

The BACB code of ethics and the Virginia Positive Behavior Support (VPBS) code of ethics both include dignity as a core principle/value. Dignity can be hard to define. Nobel laureate Bob Dylan's song, "Dignity" follows a narrator searching for dignity (4). Dylan neither defines nor shares how to find dignity. Luckily the ethics codes do, globally with core principles, as well as in specific standards (1)(7). Both codes require obtaining informed consent and assent prior to providing services and outline commitments to dignity and respect. Individual self-determination and the dignity of risk are key concepts that practitioners must be aware of with service delivery (6).

Consent is permission. It is important to know who is required to give consent. It may be the individual receiving services, or someone responsible for the individual.

When a person receiving services is unable to give consent then their assent is required, meaning somehow, they indicate "willingness to participate" (1). This may be more complicated if "resistance to routines and tasks is the precise reason for service." (2). When this is the case, clinical or company policy and mentorship may offer additional ethical guidance.

Informed almost always precedes consent throughout the aforementioned ethics codes, because consenting alone does not fulfill the ethical obligation. The consenting person must have knowledge of the treatment. Knowledge of treatment includes understanding "(a) all important aspects of the planned treatment, (b) all potential risks and benefits of the planned procedure or research protocols, (c) all potential evidence-based alternative treatments, and (d) the right to discontinue treatment at any time" (3).

When providing behavior services, a practitioner must value informed consent and assent. It is not always easy, but it is always important. If Mr. Dylan were a behaviorist, the final verse of "Dignity" may have been:

*I found someone while searching the nation,
Obsessing dignity became my obligation.
Consent and assent creating a framed relation.
Explaining how to reinforce functional communication,
Providing dignity*

This ABA Snippet was inspired by Hernandez & Matthews' presentation, "To Infinity and Beyond: Considerations for Adult Services.

You may contact DBHDS about these efforts via the following:
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References

1. Behavior Analyst Certification Board (2020). Ethics Code for Behavior Analysts. <https://www.bacb.com/wp-content/uploads/2020/11/Ethics-Code-for-Behavior-Analysts-2102010.pdf>
2. Bailey, J. S., & Burch, M. R. (2022). Ethics for behavior analysts. Routledge, an imprint of the Taylor & amp. Francis Group.
3. Cooper, J.O., Heron, T.E., & Heward, W.L. (2020). Applied behavior analysis: third edition. Pearson Education, Inc., p.4, pp. 40-41, pp. 55-58, pp. 641-643.
4. Dylan, B. (2006). Bob Dylan: Lyrics 1962-2001. Simon & Schuster.
5. Hernandez, L., & Matthews, E. (2023, May 3). To Infinity and Beyond: Considerations for Adult Services. Commonwealth Autism 21st Annual Conference "Navigating the Autism Journey", Richmond, VA.
6. Mental Health and Developmental Disabilities National Training Center (n.d.). Self-Determination & Dignity of Risk. <https://www.mhddcenter.org/wp-content/uploads/2020/07/Self-Determination-Dignity-of-Risk-Fact-Sheet>
7. VCU Virginia Positive Behavior Support (2016). Virginia Positive Behavior Support - Virginia Commonwealth University. Retrieved May 4, 2023, from <https://vapbs.vcu.edu/>

Special Olympics Virginia and VDAF Present:

Mini-MISSION OF MERCY

FREE DENTAL CARE
All are Welcome!



Saturday, June 10, 2023, 9am – 5pm
Univ. of Richmond, Mezzanine of Robins
Center 365 College Rd., Richmond, VA 23173

First Come, First Served –
No Appointments Necessary

Prepare to come early & stay all day –
Bring medications, food & drinks.

Dental Exams, Extractions, and Fillings.

Parking Information

No – Overnight Parking.

Parking will be available across the street, look
for signs.

Each person is medically triaged (health history,
BP) before evaluation by dental professionals.

For more information email rollins@vadental.org

Interested in Volunteering? Register online at
www.vdaf.org/mom-event-listingsor and/or contact Barbara
for more info at rollins@vadental.org or 804-620-4032

The 4th Annual Statewide Nursing Conference

Wednesday, October 18, 2023
between 8:30 am – 4:30 pm

Petersburg Public Library,
201 W. Washington St, Petersburg, VA 23803

The theme of the conference is:

**The Role of Nurse in the Community: Improving The
Plan of Care for Individuals at Risk for Choking**

Tickets on sale June 6, 2023 at the link below:

<https://www.eventbrite.com/e/4th-annual-statewide-nursing-conference-tickets-609747199287>