# Regional Nursing Meeting Virginia Department of Behavioral Health & Developmental Services

# **August 2023**

## Office of Integrated Health -**Health Supports Network**

#### The Office of integrated Health – Health Supports Network Regional Community Nursing Meetings

"A safe space for nurses to discuss challenges, experiences, and ask questions."

#### Goals:

- To ensure individuals with intellectual and developmental disabilities are receiving needed services.
- To provide a forum in which nurses (and others) can discuss ideas, challenges, policy needs (e.g., health policies, which affect individuals with IDD, to bring policy needs forward.
- To provide a forum for caregivers to interact with state agency representatives, to express concerns, develop educational tools and resources, and further enhance train-the-trainer models.

#### Region 1 – August 2, 2023 10am -12:00pm https://dbhds-virginiagov.zoomgov.com/meeting/register/vJltfuhrTssHHs4gtVzw6DL4dl8j-jfgnc Community Nurse Leader: Kevyn Burn- kburn@wallresidences.com

Region 2 – August 16, 2023 10am - 12:00pm https://dbhds-virginiagov.zoomgov.com/meeting/register/vJlscqurT4oH9OZ7N4i4zrZ3UWfxQJ2YDk Community Nurse Leader: Beatrice Claiborne - bclaiborne@mycri.org

#### **August Meetings Dates**

**Regional Nursing Meetings** will continue to be held virtually until further notice. Hybrid meetings are currently in the planning process for each region.

Region 3 – August 18, 2023 10am - 12:00pm https://dbhdsvirginia.zoomgov.com/meeting/register /vJItce6przsgG7bcXVRZdd4wYND M 5uJc-0 Community Nurse Leader: Teresa Berry - rnttb1@aol.com

Region 4 – August 14, 2023 11am - 1:00pm https://dbhds-virginiagov.zoomgov.com/meeting/register/vJIscOsqzovHYspiZX5AMGwX3qnQI6D1qI Community Nurse Leader: Jeannette Gholson- jigholson.thc@gmail.com

Region 5 - August 28, 2023 10am - 12:00pm https://dbhds-virginiagov.zoomgov.com/meetina/reaister/vJIsd-GrrT8oGe2F5gTSSMqVIOXpSCH-Zos Community Nurse Leader: Marcia A. Lindsay-Brothers - mbrothers@chesapeakeibh.net

### August 2023 Meeting Agenda

#### Virtual Meeting Platform:

 The Regional Nursing Meetings will continue to be held virtually in ZoomGov. Registration is required to receive the meeting URL link, password, and phone access to each meeting. Registering using the links above prior to the meeting date is recommended to avoid technical issues the day of the meeting. Tentative hybrid meetings are in the planning stages for each region which will be discussed and announced at the meetings.

#### **Presentation:**

 This month the guest speaker is Kirsten Kelley, M.S., Associate Executive Director of Field Marketing at Radford University, who will be giving a presentation on Radford University's continuing nursing education programs. Also, there will be a review of the OIH-HSN Annual Healthcare Visit Toolkit by the regional RNCC.

#### Issues and Concerns Relevant to each Region:

• Open Group Discussion. Please feel free to share general issues or concerns you may be having, to obtain suggestions, resources, and feedback from others. The meeting is a safe and supportive place for those providing care to individuals with IDD. Please do not share any personal health information about any individual.

#### Monthly CNE Opportunity: OIH - HSN Health & Safety Alert Review and Discussion:

 This month's CNE topic is the Medication Reconciliation Health & Safety Alert with quiz/evaluation. To receive 1 FREE CNE, you must attend the meeting and return the quiz/evaluation by email, fax, or text. Just scan or take a picture of your completed quiz with your smart phone, and text or email it to your regional RNCC, with your name and email address clearly displayed. Your CNE certificate will be emailed directly to you.

#### NOTE: Anyone can attend the Regional Nurses Meeting of their choice. You do not have to attend the Regional Nursing Meeting where you work or reside. Simply register with the link provided to attend.

#### The Office of Health & Safety Network Supports (HSNS) Registered Nurse Care Consultants

Tammie Williams: Community Nursing Education Lead- tammie.williams@dbhds.virginia.gov Christine Kocher: christine.kocher@dbhds.virginia.gov Katherine Rice: Katherine.rice@dbhds.virginia.gov Marylou Bryan: marylou.bryan@dbhds.virginia.gov

Jessa Sprouse: jessa.sprouse@dbhds.virginia.gov

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#### **Choking is an EMERGENCY situation!**

Especially for individuals with developmental disabilities (DD). It is important for all provider agency staff and caregivers to be trained and prepared to immediately respond to a choking emergency.

It can mean life or death for the individual with DD depending on how a caregiver responds during a choking emergency.

Regular practice and review of the correct response to a choking emergency has been shown to save lives.

The following links to the American Red Cross YouTube videos are good reviews on how to response in a choking emergency:

https://www.voutube.com/watch?v=OISCcAMoafQ&pp=vaUxd W5jb25zY2lvdXMgb2JzdHJ1Y3RIZCBhaXJ3YXk7IGFtZXJpY2 FulHJIZCBicm9zcw%3D%3D

https://www.youtube.com/watch?v=83wY3uCNsrs&pp=ygUxd W5jb25zY2lvdXMgb2JzdHJ1Y3RIZCBhaXJ3YXk7IGFtZXJpY2 FulHJIZCBjcm9zcw%3D%3D

All individuals with DD, who have the ability, should be taught the universal sign for choking, which can help them communicate if they experience a choking emergency.



**Register NOW for the 4th** 

# **Annual Statewide Nursing** Conference

Conference Theme:

The Role of Nurse in the Community: Improving The Plan of Care for Individuals at Risk for Choking

## When: Wednesday, October 18, 2023, between 8:30 am - 4:30 pm

Where: Petersburg Public Library, 201 W. Washington St, Petersburg, VA 23803

**Registration Link:** https://www.eventbrite.com/e/4th-annualstatewide-nursing-conference-tickets-609747199287



Conference Cost: \$35.00

No Refunds - Ticket is transferable.

Conference cost includes a light breakfast, coffee, tea, water, & lemonade, a Taco bar for lunch with a selection of gourmet desserts, several educational presentations, an interactive case study on choking, an open vendor room, door prizes, tours of the OIH-HSN mobile Dental unit and Mobile Rehab Engineering unit plus 6 CNE credits. This is a great opportunity to learn how to recognize and respond to choking emergencies, along with networking with others who support individuals with developmental disabilities in the community.

#### The Office Health & Safety Network Supports (HSNS) Registered Nurse Care Consultants Tammie Williams: Community Nursing and Education Lead- tammie.williams@dbhds

Jessa Sprouse: jessa.sprouse@dbhds.virginia.gov Marylou Bryan: marylou.bryan@dbhds.virginia.gov