

Developmental Services Resource List



My Life My Community

Information about services for individuals with developmental disabilities (DD) in Virginia.



SCAN ME

www.mylifemycommunityvirginia.org



Individual and Family Support Program (IFSP)

Information about resources and supports for individuals with DD and their families across Virginia.



dbhds.virginia.gov/assets/MyLifeMyCommunity/Publications-and-Partner-Documents/IFSP%20First%20Steps.pdf



Navigating the Waiver

Information about the Developmental Disabilities Waiver (DD Waiver).



dbhds.virginia.gov/assets/MyLifeMyCommunity/Publications-and-Partner-Documents/Navigating%20the%20DD%20Waivers.pdf



Community Services Boards

Find contact information for your local Community Services Board or Behavioral Health Authority.



vacsb.org/csb-bha-directory/



Supported Decision Making

Information about getting help with making decisions while keeping your legal rights.



dbhds.virginia.gov/supported-decision-making-supported-decision-making-agreements/



Early Intervention (Part C)

Information about services for children ages birth to 3 years old.



dbhds.virginia.gov/developmental-services/early-intervention-for-infants-and-toddlers/



REACH

Crisis intervention services for people with developmental disabilities and mental health diagnoses.



dbhds.virginia.gov/developmental-services/Crisis-services/



Mental Health

Information on supports and services for children and adolescents with mental health and substance use diagnoses.



dbhds.virginia.gov/behavioral-health/office-of-child-and-family-services/



2-1-1 Virginia

Search for information, resources, and referrals for a variety of needs.



www.dss.virginia.gov/community/211.cgi



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**For questions or more assistance, contact your DBHDS
Community Resource Consultant:**

Constituent and Family Concerns: Michelle Guziewicz, 804-461-0254
Navigating the DD Waiver Questions: Ronnitta Clements, 804-382-2490