

**RST Monthly Scheduled Meetings**

Western Region (1) – 2nd Mondays	Northern Region (2) – 1st Thursdays	Central Region (4) – 1st Mondays
Allegheny Highlands Harrisonburg-Rockingham Horizon Northwestern Rappahannock Area Rappahannock Rapidan Region Ten Rockbridge Area Valley	Alexandria Arlington Fairfax-Falls Church Loudoun Prince William	Chesterfield Crossroads District 19 Goochland-Powhatan Hanover Henrico Richmond
Southwestern Region (3) – 4th Tuesdays	Eastern Region (5) – 3rd Thursdays	Cross Regional Team – 3rd Wednesdays
Blue Ridge Cumberland Danville-Pittsylvania Dickenson Mt. Rogers Highlands New River Valley Piedmont Planning District One Southside	Chesapeake Colonial Eastern Shore Hampton-Newport News Middle Peninsula-NN Norfolk Portsmouth Virginia Beach Western Tidewater	<p><b>Office of Provider Network Supports</b></p> <p><b>Ronnitta Clements (RST Support, all regions)</b>  <b>804-382-2490</b>  <a href="mailto:Ronnitta.Clements@dbhds.virginia.gov">Ronnitta.Clements@dbhds.virginia.gov</a></p> <p><b>Ashley Painter (CRC, RST Coordination)</b>  <b>804-928-9532</b>  <a href="mailto:Rst.referrals@dbhds.virginia.gov">Rst.referrals@dbhds.virginia.gov</a>  <a href="mailto:A.painter@dbhds.virginia.gov">A.painter@dbhds.virginia.gov</a></p> <p><b>Eric Williams, Director</b>  <b>434-907-0072</b>  <a href="mailto:Eric.williams@dbhds.virginia.gov">Eric.williams@dbhds.virginia.gov</a></p>