



## Caregiver Training Schedule

The Office of Integrated Health Supports Network (OIHSN) at the Department of Behavioral Health and Developmental Services (DBHDS) offers training for caregivers of individuals with intellectual and developmental disabilities (IDD).

- ★ Pre-registration is required for all training sessions.
- ★ After registering a link will be sent which should be added to your calendar to show the alphabetical passcode needed to enter the training.
- ★ Attendees of each OIHSN training sessions will receive a certificate of participation, and a .pdf copy of the PowerPoint presentation along with any other educational materials where applicable.

Please find below the Fall 2023 training schedule list:

Training Title	Description	Date and Time	Registration Link
<b>Transfers Training</b>	Define transfers, common pieces of durable medical equipment (DME), prepare to perform a transfer, how to lower the risk of injury to oneself or the individual during a transfer and the different methods which can be used to perform a transfer. Review the steps involved in a safe transfer and become familiar with resources involved in repairing durable medical equipment.	<b>Tuesday</b> <b>October 3, 2023,</b> 10:00 a.m. – 12:00 p.m.	<a href="https://dbhds-virginia.gov.zoomgov.com/meeting/register/vJlceihqT4gGP97rFPynlh2gNbDEThJFI">https://dbhds-virginia.gov.zoomgov.com/meeting/register/vJlceihqT4gGP97rFPynlh2gNbDEThJFI</a>
<b>Falls &amp; Individuals with Developmental Disabilities</b>	This training will review the accepts of Falls relating to the intellectual and developmentally disabled population (I/DD). It will cover information on what percentage of individual's with I/DD fall annually, what might cause an individual with I/DD to fall, what medications increase the chances of falls, what to do if a fall occurs and when to seek medical help after a fall.	<b>Tuesday</b> <b>October 10, 2023,</b> 1:00 p.m. – 3:00 p.m.	<a href="https://dbhds-virginia.gov.zoomgov.com/meeting/register/vJlscd-CrrT0pGEfpRwi8LBSB7-b6rRxlls">https://dbhds-virginia.gov.zoomgov.com/meeting/register/vJlscd-CrrT0pGEfpRwi8LBSB7-b6rRxlls</a>
<b>Wheelchair Transitioning Training</b>	This training will cover wheelchair safety guidelines, the WC-19 wheelchair safety label and requirements, and how to avoid injury to self or an individual during wheelchair transfers. How to operate vehicle wheelchair left systems, wheelchair tie-downs systems for safe vehicle transportation and safe versus unsafe loading procedures.	<b>Thursday</b> <b>October 12, 2023,</b> 10:00 a.m. – 12:00 p.m.	<a href="https://dbhds-virginia.gov.zoomgov.com/meeting/register/vJlfsu-tpzkoEssoue5TsWL_HzDgPzbZeh4">https://dbhds-virginia.gov.zoomgov.com/meeting/register/vJlfsu-tpzkoEssoue5TsWL_HzDgPzbZeh4</a>
<b>Choking and Nut Butters</b>	This training will review reasons why individuals with DD choke while eating or drinking, how to recognize the signs and symptoms of dysphagia, and aspiration. The review of food textures, to include the dangers of nut butters related to choking death. When to seek an assessment by a Speech Language Pathologist (SLP) for a swallow study, and what individuals may need mealtime protocols to ensure safety and reduce risk of choking.	<b>Tuesday</b> <b>October 24, 2023,</b> 1:00 p.m. – 3:00 p.m.	<a href="https://dbhds-virginia.gov.zoomgov.com/meeting/register/vJlsceiopz4sHqpMFAdmoSwVhtOcgcp47p8">https://dbhds-virginia.gov.zoomgov.com/meeting/register/vJlsceiopz4sHqpMFAdmoSwVhtOcgcp47p8</a>
<b>SEPSIS</b>	This training will cover factors which can result in sepsis, how to recognize the signs and symptoms of sepsis, and how vital signs can indicate there is a problem. What role the direct care staff play in reducing the seriousness of sepsis, and recognizing the need to get help immediately if sepsis is suspected in an individual with DD.	<b>Thursday</b> <b>October 26, 2023,</b> 1:00 p.m. – 3:00 p.m.	<a href="https://dbhds-virginia.gov.zoomgov.com/meeting/register/vJltdu2urjotGLtEMNX1D6kPu7zo8e6tCOM">https://dbhds-virginia.gov.zoomgov.com/meeting/register/vJltdu2urjotGLtEMNX1D6kPu7zo8e6tCOM</a>



## Caregiver Training Schedule

Training Title	Description	Date and Time	Registration Link
<b>My Care Passport &amp; Advocacy Tip Sheets</b>	This training will review the background of the Passport concept, how to complete the Microsoft fillable file, what types of information to include in each section, and how the My Care Passport along with the Advocacy Tip Sheets can be used to bridge the communication gap between the community caregiver and the staff in acute care settings to improve care and outcomes for the individual with DD.	<b>Thursday November 9, 2023, 10:00 a.m. – 12:00 p.m.</b>	<a href="https://dbhds-virginia.gov.zoomgov.com/meeting/register/vJlftuCggjsrGzwNYdmc0-a8TQY6w-PjeOI">https://dbhds-virginia.gov.zoomgov.com/meeting/register/vJlftuCggjsrGzwNYdmc0-a8TQY6w-PjeOI</a>
<b>The Fatal Seven</b>	Learn about the seven highest risk health conditions which can lead to a fatal outcomes within the DD population. Review the signs and symptoms of dehydration, constipation, pressure injuries, falls, aspiration pneumonia, seizures, and sepsis. Learn how to recognize the physical signs and symptoms of each of these conditions, when to seek medical treatment, and when emergency medical care is needed.	<b>Thursday, November 16, 2023, 1:00 p.m. – 3:00 p.m.</b>	<a href="https://dbhds-virginia.gov.zoomgov.com/meeting/register/vJltdOipriwsHiaCNX7WiG_g76cw5lzB7qM">https://dbhds-virginia.gov.zoomgov.com/meeting/register/vJltdOipriwsHiaCNX7WiG_g76cw5lzB7qM</a>
<b>Emergency Preparedness Fire Emergencies</b>	This training will review how individuals with disabilities are at great risk for injury and death during a fire emergency. This training will provide an overview of fire emergencies and help develop a well thought out plan to lower risk of injury for individual's with IDD and their caregivers during a fire emergency situation. Preparation and planning are key when faced with a fire emergency.	<b>Thursday November 30, 2023, 1:00 p.m. – 3:00 p.m.</b>	<a href="https://dbhds-virginia.gov.zoomgov.com/meeting/register/vJlsc2tpjlpHsd1I3lvXzQAKNu1K9Vwoky">https://dbhds-virginia.gov.zoomgov.com/meeting/register/vJlsc2tpjlpHsd1I3lvXzQAKNu1K9Vwoky</a>
<b>Dysphagia &amp; Modified Diets</b>	Become familiar with the signs, symptoms, and risks related to dysphagia. How it affects an individual's quality of life. The connection to aspiration pneumonia and choking. Identify how mealtime behaviors, medications, and some foods increase risk dysphagia. Learn how dysphagia is diagnosed, the tests and the physicians involved. Understand how different food and liquid textures affect an individual's ability to swallow.	<b>Tuesday December 5, 2023, 10:00 a.m. – 12:00 p.m.</b>	<a href="https://dbhds-virginia.gov.zoomgov.com/meeting/register/vJlstd-uspjgvH7NRoyr5Up1aaCN0ECiFKcE">https://dbhds-virginia.gov.zoomgov.com/meeting/register/vJlstd-uspjgvH7NRoyr5Up1aaCN0ECiFKcE</a>
<b>VDH Special Needs Oral Health</b>	Learn strategies to support individuals to improve oral care and prevent diseases of the mouth. Participants will have the information and tools to share with other staff in their agencies and improve overall staff training. Receive a certificate, the PowerPoint presentation, and additional educational materials.	<b>Tuesday December 12, 2023, 10:00 a.m. – 12:30 p.m.</b>	<a href="https://us06web.zoom.us/j/6trjkvHNSeGh2pW8Kh21FP48jXoE68">https://us06web.zoom.us/j/6trjkvHNSeGh2pW8Kh21FP48jXoE68</a>
<b>Diabetes Part 1</b>	Diabetes is defined, Pre-diabetes, Type 1, and Type 2. A review of risk factors which contribute to diabetes, hyperglycemia, hypoglycemia. Learn how to identify carbohydrates and the role they play, medical complications, who is at higher risk for developing diabetes and interventions to promote self-management of diabetes.	<b>Thursday December 14, 2023, 1:00 p.m. – 3:00 p.m.</b>	<a href="https://dbhds-virginia.gov.zoomgov.com/meeting/register/vJltc-CrqDljEy1wNfx6OzdijoDo4pgTXrw">https://dbhds-virginia.gov.zoomgov.com/meeting/register/vJltc-CrqDljEy1wNfx6OzdijoDo4pgTXrw</a>
<b>Diabetes Part 2</b>	This training will review Diabetes management and complications. It will cover dietary strategies for managing diabetes, super foods, and treatments. Types of physical activities best for diabetics, and barrier to physical activity for individuals with IDD. It will discuss the healthcare professional on the care team, foot care tips., skin care tips, and eye care tip.	<b>Tuesday December 19, 2023, 1:00 p.m. – 3:00 p.m.</b>	<a href="https://dbhds-virginia.gov.zoomgov.com/meeting/register/vJltdO6hrTsvG1LIFQx0k4XoYhNZkhClujE">https://dbhds-virginia.gov.zoomgov.com/meeting/register/vJltdO6hrTsvG1LIFQx0k4XoYhNZkhClujE</a>