



## Caregiver Training Schedule

The OIHSN Fall Training Schedule has been revised while DBHDS transitions from a ZOOMGOV platform for virtual meetings/trainings to the use of Microsoft Office TEAMS webinar platform.

A new schedule will be distributed at the end of November, beginning of December 2023.

If you are registered for any of the OIHSN trainings in October or November, you will receive an email with instructions.

*OIHSN sincerely apologizes for any inconvenience these postponements may cause.*

Training Title	Description	Date and Time	Registration Link
<b>Transfers Training</b>	Define transfers, common pieces of durable medical equipment (DME), prepare to perform a transfer, how to lower the risk of injury to oneself or the individual during a transfer and the different methods which can be used to perform a transfer. Review the steps involved in a safe transfer and become familiar with resources involved in repairing durable medical equipment.	<b>Tuesday October 3, 2023, 10:00 a.m. – 12:00 p.m.</b>	<b>POSTPONED</b>
<b>Falls &amp; Individuals with Developmental Disabilities</b>	This training will review the accepts of Falls relating to the intellectual and developmentally disabled population (I/DD). It will cover information on what percentage of individual's with I/DD fall annually, what might cause an individual with I/DD to fall, what medications increase the chances of falls, what to do if a fall occurs and when to seek medical help after a fall.		This training can be accessed on the Commonwealth of Virginia Learning Center (COVLC) <a href="https://covlc.virginia.gov/">https://covlc.virginia.gov/</a> 24 hours a day – 7 days a week. To set-up a FREE account to take this training contact <a href="mailto:dbhdscovlchelpdesk@dbhds.virginia.gov">dbhdscovlchelpdesk@dbhds.virginia.gov</a> .
<b>Wheelchair Transitioning Training</b>	This training will cover wheelchair safety guidelines, the WC-19 wheelchair safety label and requirements, and how to avoid injury to self or an individual during wheelchair transfers. How to operate vehicle wheelchair left systems, wheelchair tie-downs systems for safe vehicle transportation and safe versus unsafe loading procedures.	<b>Thursday October 12, 2023, 10:00 a.m. – 12:00 p.m.</b>	<b>POSTPONED</b>
<b>Choking and Nut Butters</b>	This training will review reasons why individuals with DD choke while eating or drinking, how to recognize the signs and symptoms of dysphagia, and aspiration. The review of food textures, to include the dangers of nut butters related to choking death. When to seek an assessment by a Speech Language Pathologist (SLP) for a swallow study, and what individuals may need mealtime protocols to ensure safety and reduce risk of choking.		This training can be accessed on the Commonwealth of Virginia Learning Center (COVLC) <a href="https://covlc.virginia.gov/">https://covlc.virginia.gov/</a> 24 hours a day – 7 days a week. To set-up a FREE account to take this training contact <a href="mailto:dbhdscovlchelpdesk@dbhds.virginia.gov">dbhdscovlchelpdesk@dbhds.virginia.gov</a> .
<b>SEPSIS</b>	This training will cover factors which can result in sepsis, how to recognize the signs and symptoms of sepsis, and how vital signs can indicate there is a problem. What role the direct care staff play in reducing the seriousness of sepsis, and recognizing the need to get help immediately if sepsis is suspected in an individual with DD.		This training can be accessed on the Commonwealth of Virginia Learning Center (COVLC) <a href="https://covlc.virginia.gov/">https://covlc.virginia.gov/</a> 24 hours a day – 7 days a week. To set-up a FREE account to take this training contact <a href="mailto:dbhdscovlchelpdesk@dbhds.virginia.gov">dbhdscovlchelpdesk@dbhds.virginia.gov</a> .



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<b>My Care Passport &amp; Advocacy Tip Sheets</b>	This training will review the background of the Passport concept, how to complete the Microsoft fillable file, what types of information to include in each section, and how the My Care Passport along with the Advocacy Tip Sheets can be used to bridge the communication gap between the community caregiver and the staff in acute care settings to improve care and outcomes for the individual with DD.	<p>This training can be accessed on the Commonwealth of Virginia Learning Center (COVLC) <a href="https://covlc.virginia.gov/">https://covlc.virginia.gov/</a> 24 hours a day – 7 days a week.</p> <p>To set-up a FREE account to take this training contact <a href="mailto:dbhdscovlchelpdesk@dbhds.virginia.gov">dbhdscovlchelpdesk@dbhds.virginia.gov</a>.</p>	
<b>The Fatal Seven</b>	Learn about the seven highest risk health conditions which can lead to a fatal outcomes within the DD population. Review the signs and symptoms of dehydration, constipation, pressure injuries, falls, aspiration pneumonia, seizures, and sepsis. Learn how to recognize the physical signs and symptoms of each of these conditions, when to seek medical treatment, and when emergency medical care is needed.	<p>This training can be accessed on the Commonwealth of Virginia Learning Center (COVLC) <a href="https://covlc.virginia.gov/">https://covlc.virginia.gov/</a> 24 hours a day – 7 days a week.</p> <p>To set-up a FREE account to take this training contact <a href="mailto:dbhdscovlchelpdesk@dbhds.virginia.gov">dbhdscovlchelpdesk@dbhds.virginia.gov</a>.</p>	
<b>Emergency Preparedness Fire Emergencies</b>	This training will review how individuals with disabilities are at great risk for injury and death during a fire emergency. This training will provide an overview of fire emergencies and help develop a well thought out plan to lower risk of injury for individual's with IDD and their caregivers during a fire emergency situation. Preparation and planning are key when faced with a fire emergency.	<p><b>Thursday</b>  <b>November 30, 2023,</b>  <b>1:00 p.m. – 3:00 p.m.</b></p>	<b>POSTPONED</b>
<b>Dysphagia &amp; Modified Diets</b>	Become familiar with the signs, symptoms, and risks related to dysphagia. How it affects an individual's quality of life. The connection to aspiration pneumonia and choking. Identify how mealtime behaviors, medications, and some foods increase risk dysphagia. Learn how dysphagia is diagnosed, the tests and the physicians involved. Understand how different food and liquid	<p><b>Tuesday</b>  <b>December 5, 2023,</b>  <b>10:00 a.m. – 12:00 p.m.</b></p>	A new OIHSN training schedule will be released at the end of November, beginning of December, with a new Microsoft Office TEAMS webinar registration link for this training.
<b>VDH Special Needs Oral Health</b>	Learn strategies to support individuals to improve oral care and prevent diseases of the mouth. Participants will have the information and tools to share with other staff in their agencies and improve overall staff training. Receive a certificate, the PowerPoint presentation, and additional educational materials.	<p><b>Tuesday</b>  <b>December 12, 2023,</b>  <b>10:00 a.m. – 12:30 p.m.</b></p>	<a href="https://us06web.zoom.us/j/6trikvHNSeGh2pW8Kh21FP48jXoE68">https://us06web.zoom.us/j/6trikvHNSeGh2pW8Kh21FP48jXoE68</a>
<b>Diabetes Part 1</b>	Diabetes is defined, Pre-diabetes, Type 1, and Type 2. A review of risk factors which contribute to diabetes, hyperglycemia, hypoglycemia. Learn how to identify carbohydrates and the role they play, medical complications, who is at higher risk for developing diabetes and interventions to promote self-management of diabetes.	<p><b>Thursday</b>  <b>December 14, 2023,</b>  <b>1:00 p.m. – 3:00 p.m.</b></p>	A new OIHSN training schedule will be released at the end of November, beginning of December, with a new Microsoft Office TEAMS webinar registration link for this training.
<b>Diabetes Part 2</b>	This training will review Diabetes management and complications. It will cover dietary strategies for managing diabetes, super foods, and treatments. Types of physical activities best for diabetics, and barrier to physical activity for individuals with IDD. It will discuss the healthcare professional on the care team, foot care tips., skin care tips, and eye care tip.	<p><b>Tuesday</b>  <b>December 19, 2023,</b>  <b>1:00 p.m. – 3:00 p.m.</b></p>	A new OIHSN training schedule will be released at the end of November, beginning of December, with a new Microsoft Office TEAMS webinar registration link for this training.

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