

ISP Fact Sheet: Integrated Community Involvement



What is Integrated Community Involvement (ICI)?

- It is when an individual participates in the larger community in which they live. It is more than just being present. ICI means individuals are included and involved in activities that they are interested in and available to everybody.
- **Defining Integrated Community Involvement for the Individualized Support Plan (ISP):** Outcomes that support community involvement in any setting at no more than 1:3 ratio (one staff person to three individuals). For example, community engagement or in-home support services. ICI is not solely about the ratio. It is about the actual involvement with community members!

How does DBHDS measure Integrated Community Involvement (ICI)?



- DBHDS has a Performance Measure Indicator (PMI) which measures the percent of individuals receiving DD Waiver case management services from the CSB whose ISP, developed or updated at the annual ISP meeting, contained Integrated Community Involvement (ICI) outcomes.

Which Life Area to Use in the ISP Part V: Community Involvement or Community Living?



- The Integrated Community Involvement Life Area is appropriate if community involvement at any point by any provider has a ratio of no more than 1:3 (one staff to three individuals). The frequency is based on the needs and interests of the person.
- The Community Living Life Area is appropriate if involvement never occurs at a ratio of 1:3 and is always 1:4 (one staff to four individuals) or higher. The frequency is based on the needs and interests of the person.



Information For DD Waiver Providers

- **How many support activities must be present?** When the outcome is supported by a DD waiver provider, there must be one or more associated support activities in at least one service of no more than 1:3 (one staff to three individuals) to be considered integrated.
- **What does 'more integrated' mean?** Services and supports, regardless of the service or setting, that involve people in their community at a ratio of no more than 1:3 would be considered more integrated.
- **What if the provided support/service is only sometimes at a ratio of 1:3?** An outcome can go under Community Involvement if the plan is that, at least part of the time, the ratio is no more than 1:3.

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The Role of Natural Supports

- Can a friend or family member play a role in an ICI outcome?
- If a person is being supported to achieve their outcome by an unpaid person, friend or family, and it is an outcome that is about being part of their community, then it would still fall under the Integrated Community Involvement Life Area.



The Role of Residential Providers

- How can residential providers support an ICI outcome?
- Residential providers can support people to be involved in their community by supporting the person at a ratio of 1:3 or less, at least some of the time. For example, a Sponsored Residential provider supporting a person to take a class at the YMCA, or a group home provider supporting two individuals to go to the movies. Even though the group home may have 5 people living there, if there is one staff taking two people to the movies, this is considered to be ICI.



The Role of Day Support Providers

- How can day support providers support an ICI outcome?
- Group Day providers who have the ability to support people to be involved in their community at a ratio of 1:3 or less, at least part of the time, can support an ICI outcome. For example, if a group of 7 people and one staff go out 4 days a week, this is not ICI, but if small groups of 2 or 3 people go out with one staff every Friday, this is ICI. Community Engagement and Community Coaching are integrated services, by definition.

Examples of Integrated Community Involvement (ICI) Outcomes

Eric works out at the YMCA at least once a month. He participates in a fitness class, like yoga, or uses the machines for at least 30 minutes each time.

Lisa participates in the knitting group that meets at the local library every two weeks.

Seth goes to listen to music in local venues when there is a performance he is interested in.