

# A Person-Centered Approach Toward Better Health for Adults with IDD

FREE

ONLINE WEBINAR

December 6, 2023

1:00 p.m.



People with disabilities experience substantially poorer health outcomes than their non-disabled peers. This webinar is designed for professionals and family members who would like to learn how to become a person-centered health partner and empower someone to become more involved in their healthcare decisions. Participants will learn how to use person centered approaches to become a responsible health partner and to develop a one page health profile to be shared with medical staff.

## Topics covered will include:

- Determining health priorities
- Communicating the best ways to share information
- Making healthcare decisions
- Creating a positive healthcare experience

## Presenters:

### Molly Dellinger-Wray, MS Ed.

Molly is part of the VCU Partnership for People with Disabilities and was part of a team that developed CHAT: Communication and Health Advocacy Training. She has been a certified Person Centered Thinking trainer since 2011.

### Kelly Hickok

Kelly is the Community Services Manager for Resources for Independent Living, a non-profit agency that provides services to people with disabilities in the Richmond area.

Kelly uses a mobility aid herself and assists individuals with disabilities to advocate for their rights in all aspects of community living. She also works with community partners to ensure that services are accessible and is passionate about equal access to healthcare.

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