



Caregiver Training Schedule

The Office of Integrated Health Supports Network (OIHSN) at the Department of Behavioral Health and Developmental Services (DBHDS) offers virtual trainings for caregivers of individuals with intellectual and developmental disabilities (DD).

- ★ Pre-registration is required for all virtual training sessions.
- ★ After registering a link will be sent via email to add to your calendar with the link needed to enter the training on the day of.
- ★ Attendees of each OIHSN training sessions will receive a certificate of participation, and a .pdf copy of the PowerPoint presentation along with any other educational materials where applicable.

OIHSN Trainings are also available on the Commonwealth of Virginia Learn Center (COVLC) at no cost to provider agencies.

- ★ To set-up an account go to dbhdscovlchelpdesk@dbhds.virginia.gov
- ★ Follow the instructions to complete the COVLC account set-up <https://dbhds.virginia.gov/wp-content/uploads/2023/09/COVLC-INSTRUCTIONS.09.23.02.pdf>
- ★ Available 24 hours a day – 7 days a week.
- ★ Each staff-member/caregiver can have their own account connected to an email.
- ★ Provider agencies can track employee progress.
- ★ Downloadable resources and certificate of completion available with each training.

Training Title	Description	Date and Time	Registration Link
Transfers Training	Define transfers, common pieces of equipment, how to prepare to perform a transfer, how to lower the risk of injury to yourself or the individual during a transfer and the different methods which can be used to perform a transfer.	Thursday January 4, 2024, 10:00 a.m. – 12:00 p.m.	https://events.gcc.teams.microsoft.com/event/57664153-0c96-496d-a226-ba6bab945f67@620ae5a9-4ec1-4fa0-8641-5d9f386c7309
Choking & Nut Butters	Review the reasons why an individuals with DD might choke while eating or drinking, how to recognize the signs and symptoms of dysphagia, and aspiration. Review of food textures, and the dangers of nut butters related to choking death. When to seek an assessment by a Speech Language Pathologist (SLP), and what individuals may need mealtime protocols.	Thursday, January 11, 2024, 10:00 a.m. – 12:00 p.m.	https://events.gcc.teams.microsoft.com/event/8e003a40-5755-4392-aa19-e9a4f84e34f7@620ae5a9-4ec1-4fa0-8641-5d9f386c7309
Choking & Airway Obstruction COVLC	If you missed the January Choking & Nut Butters training, check out the Choking & Airway Obstruction training available on the COVLC.	24 hours a day - 7 days a week	dbhdscovlchelpdesk@dbhds.virginia.gov to set-up an account
Wheelchair Transitioning Training	This training will cover wheelchair safety guidelines, the WC-19 wheelchair safety label and requirements, and how to avoid injury to self or an individual during wheelchair transfers. How to operate vehicle wheelchair lift systems, wheelchair tie-downs systems for safe vehicle transportation and safe versus unsafe loading procedures.	Thursday February 1, 2024, 1:00 p.m. – 3:00 p.m.	https://events.gcc.teams.microsoft.com/event/bd1c74c2-b047-4a18-9c47-5a69e68de898@620ae5a9-4ec1-4fa0-8641-5d9f386c7309
VDH Special Needs Oral Health	Learn strategies to support individuals to improve oral care and prevent diseases of the mouth. Participants will have the information and tools to share with other staff in their agencies and improve overall staff training.	Tuesday February 20, 2024, 10:00 a.m. – 12:30 p.m.	Coming Soon
Vital Signs COVLC	February is Heart Health Month! Check out the OIH-HSN Vital Signs training on the COVLC to learn more about how to take a set of vital signs and the importance of regularly monitoring vital signs for improved heart health.	24 hours a day - 7 days a week.	dbhdscovlchelpdesk@dbhds.virginia.gov to set-up an account
The Fatal Seven	Learn about the seven highest risk health conditions which can lead to a fatal outcomes within the DD population. Review the signs and symptoms of dehydration, constipation, pressure injuries, falls, aspiration pneumonia, seizures, and sepsis.	Thursday March 7, 2024, 1:00 p.m. – 3:00 p.m.	https://events.gcc.teams.microsoft.com/event/e7fdedab-6177-4319-a88d-6948a0f8ad2d@620ae5a9-4ec1-4fa0-8641-5d9f386c7309
Skin Integrity & Pressure Injuries	Learn about the factors which can cause skin breakdown, how to provide good skin care while bathing, positioning, and changing individuals with high personal care needs. What healthcare professionals are involved in treatment, how caregivers can help prevent pressure injury, and documenting pressure injury with skin breakdown, and when to report.	Tuesday March 19, 2024, 1:00 p.m. – 3:00 p.m.	https://events.gcc.teams.microsoft.com/event/b14eef0d-b6d5-4823-a7e4-5a0ea0c5600b@620ae5a9-4ec1-4fa0-8641-5d9f386c7309
REVIVE! COVLC	Celebrate National Durg and Alcohol Facts Week March 20 – 26 th ! Learn about narcotics and reducing deaths due to overdose!	24 hours a day - 7 days a week.	dbhdscovlchelpdesk@dbhds.virginia.gov to set-up an account