

March 2024

Office of Integrated Health Supports Network

The Office of Integrated Health – Health Supports Network Regional Community Nursing Meetings

“A safe space for nurses to discuss challenges, experiences, and ask questions.”

Goals

- To ensure individuals with intellectual and developmental disabilities are receiving needed services.
- To provide a forum in which nurses (and others) can discuss ideas, challenges, policy needs (e.g. health policies, which affect individuals with IDD, to bring policy needs forward.
- To provide a forum for caregivers to interact with state agency representatives, to express concerns, develop educational tools and resources, and further enhance train-the-trainer models.

Region 1 – March 6, 2024

10am -12:00pm

<https://events.gcc.teams.microsoft.com/event/t/e8c1b62e-809c-4091-8a12-05c593bb5569@620ae5a9-4ec1-4fa0-8641-5d9f386c7309>

Community Nurse Leader:

Kevyn Burn- kburn@wallresidences.com

Region 2 – March 20, 2024

10am - 12:00pm

<https://events.gcc.teams.microsoft.com/event/t/c2d1916b-c5e5-4bea-b7bd-a159979a030c@620ae5a9-4ec1-4fa0-8641-5d9f386c7309>

Community Nurse Leader:

Beatrice Claiborne - bclaiborne@mycri.org

Meetings Dates

**Regional Nursing Meetings
will continue to be held
virtually until further notice.**

Region 3 – March 15, 2024

10am - 12:00pm

<https://events.gcc.teams.microsoft.com/event/78daf319-afe5-4339-a3ff-33852542f3e0@620ae5a9-4ec1-4fa0-8641-5d9f386c7309>

Community Nurse Leader:

Teresa Berry - rnttb1@aol.com

Region 4 – March 11, 2024

11am - 1:00pm

<https://events.gcc.teams.microsoft.com/event/964a06ab-4620-473b-bb8b-9468cdecacab@620ae5a9-4ec1-4fa0-8641-5d9f386c7309>

Community Nurse Leader:

Jeannette Gholson- jjgholson.thc@gmail.com

Region 5 – March 25, 2024

10am - 12:00pm

<https://events.gcc.teams.microsoft.com/event/964a06ab-4620-473b-bb8b-9468cdecacab@620ae5a9-4ec1-4fa0-8641-5d9f386c7309>

Community Nurse Leader: Marcia A. Lindsay-

Brothers - mbrothers@chesapeakeibh.net

Virtual Meeting Platform:

- As of November 1st, 2023, the Regional Nursing Meetings will be conducted in the Microsoft Office TEAMS Webinar virtual platform. Registration will continue to be required to receive the meeting URL link, password, and phone access to each meeting. Registering using the URL link prior to the meeting date is recommended to avoid technical issues the day of the meeting.

Presentation:

- This month our guest speaker will be Sara Thompson, DBHDS Supported Decision-Making Community Resource Consultant. She will be doing a presentation on the importance of Supported Decision-Making to the individual with intellectual and developmental disabilities.

Issues and Concerns Relevant to each Region:

- Open Group Discussion. Please feel free to share general issues or concerns you may be having, to obtain suggestions, resources and feedback from others. The meeting is a safe and supportive place for those providing care to individuals with IDD. Please do not share any personal health information about any individual.

Monthly CNE Opportunity: OIH - HSN Health & Safety Alert Review and Discussion:

- This month's CNEs topic is Healthcare Advocacy Health & Safety Alert with quiz/evaluation. To receive **1 FREE CNE**, you must attend the meeting and return the quiz/evaluation by email, fax, or text. Just scan or take a picture of your completed quiz with your smart phone, and text or email it to your regional RNCC, with your name and email address clearly displayed. Your CNE certificate will be emailed directly to you.

NOTE: Anyone can attend the Regional Nurses Meeting of their choice. You do not have to attend the Regional Nursing Meeting where you work or reside. Simply register with the link provided to attend.

The Office of Integrated Health Supports Network Registered Nurse Care Consultants

Tammie Williams: Community Nursing Education Lead- tammie.williams@dbhds.virginia.gov

Christine Kocher: christine.kocher@dbhds.virginia.gov

Jessa Sprouse: jessa.sprouse@dbhds.virginia.gov

Joy Richardson: joy.richardson@dbhds.virginia.gov

Katherine Rice: katherine.rice@dbhds.virginia.gov

Marylou Bryan: marylou.bryan@dbhds.virginia.gov

Melissa Blevins: melissa.blevins@dbhds.virginia.gov

March 2024

Office of Integrated Health Supports Network

Supported Decision-Making 2024 Virtual Training Schedule



Supported Decision-Making in Virginia: An Overview for CSBs and Providers

Gain a general understanding of the history of supported decision-making and the difference between supported decision-making and supported decision-making agreements. Learn about Virginia's Supported Decision-Making Agreement, the roles and responsibilities of those involved, and tools that can help someone in creating their own supported decision-making agreement.

Who should attend? People working at CSBs in developmental services, waiver providers, or anyone in the community who works or interacts with people with developmental disabilities (educators, those in the fields of law, medicine, or finance, etc.) who are interested in learning more about supported decision-making agreements.

Time: 9:00am – 11:00am

Dates: [Tuesday, April 16th](#) [Tuesday, July 16th](#) [Tuesday, October 15th](#)

Supported Decision-Making in Virginia: An Overview for People with DD and Their Families

Hear about the history of supported decision-making and Virginia's laws related to supported decision-making. Learn more about the Virginia Supported Decision-Making Agreement template, discovery tools, and how to create your own agreement.

Who should attend? People with developmental disabilities and their family members who are interested in learning more about Supported Decision-Making and the steps Virginia is taking to create a Supported Decision-Making Agreement.

Time: 6:00pm- 7:30pm

Dates: [Tuesday, May 21st](#) [Tuesday, August 20th](#) [Tuesday, November 19th](#)

The Spectrum of Decision-Making Options in Virginia: Supported Decision-Making to Guardianship & Everything In Between

Learn about the decision-making options available to those with intellectual and developmental disabilities in Virginia. Learn about the difference between capacity, competency, and consent, as well as how people can get help with making decisions from the least restrictive options (i.e. supported decision-making) to the most restrictive options (i.e. legal guardianship).

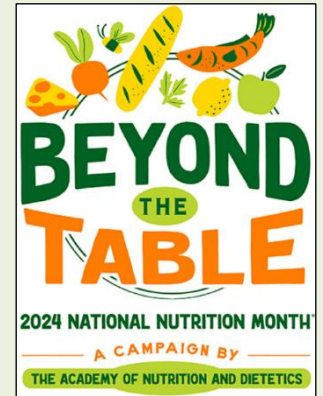
Who should attend? People with DD, their families, people working at CSBs in developmental services, waiver providers, or anyone in the community who works or interacts with people with developmental disabilities (educators, those in the fields of law, medicine, or finance, etc.) are interested in learning more about Virginia's decision-making options.

Time: 9:00am- 11:00am

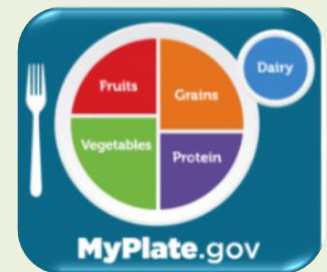
Dates: [Tuesday, June 18th](#) [Tuesday, September 17th](#)
[Tuesday, December 17th](#)

March is Nutrition Month

Every March, the Academy of Nutrition and Dietetics sponsors [National Nutrition Month](#) to help people make informed food choices and develop positive eating habits.



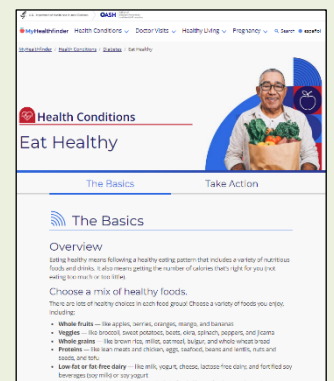
Join the conversation by using the [Academy's social media toolkit](#), [U.S. Department of Agriculture's MyPlate resources](#), or [U.S Food & Drug Administration's nutrition education materials](#).



Be sure to also take a look at the HHS health.gov [Dietary Guidelines toolkit for professionals](#) in both English and Spanish.



Finally, check out the consumer-friendly [MyHealthfinder nutrition resources](#) and [Move Your Way healthy eating stories](#).



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