



The Office of Integrated Health Supports Network (OIHSN) at the Department of Behavioral Health and Developmental Services (DBHDS) offers virtual trainings for caregivers of individuals with intellectual and developmental disabilities (DD).

- ★ Pre-registration is required for all virtual training sessions.
- ★ After registering a link will be sent via email to add to your calendar with the link needed to enter the training on the day of.
- ★ Attendees of each OIHSN training sessions will receive a certificate of participation, and a .pdf copy of the PowerPoint presentation along with any other educational materials where applicable.

OIHSN Trainings are also available on the Commonwealth of Virginia Learn Center (COVLC) at no cost to provider agencies.

- ★ To set-up an account go to dbhdscovlchelpdesk@dbhds.virginia.gov
- ★ Follow the instructions to complete the COVLC account set-up <https://dbhds.virginia.gov/wp-content/uploads/2023/09/COVLC-INSTRUCTIONS.09.23.02.pdf>
- ★ Available 24 hours a day – 7 days a week.
- ★ Each staff-member/caregiver can have their own account connected to an email.
- ★ Provider agencies can track employee progress.
- ★ Downloadable resources and certificate of completion available with each training.

Training Title	Description	Date and Time	Registration Link
Skilled Nursing/ Private Duty Nursing	This training covers allowable activities, required initial documentation for submission to initiate nursing services, supporting documentation necessary for the continuation of nursing services, service limitations, the implementation process, and helpful hints to support the individual, providers and case managers.	Thursday April 18, 2024, 1:00 p.m. – 3:00 p.m.	https://events.gcc.teams.microsoft.com/event/cdba8ba4-6c26-4bae-80f6-b988b5e23fb5@620ae5a9-4ec1-4fa0-8641-5d9f386c7309
Dysphagia & Modified Diets	Signs, symptoms, and risks related to dysphagia. The effects on individual's quality of life. The connection to aspiration pneumonia and choking. Identify how mealtime behaviors, medications, and some foods increase risk dysphagia. How dysphagia is diagnosed, tests and the physicians involved. How different food and liquid textures affect an individual's ability to swallow.	Thursday , April 25, 2024, 10:00 a.m. – 12:00 p.m.	https://events.gcc.teams.microsoft.com/event/840e64ae-bb82-4ce1-81ea-a8b5d40be5f1@620ae5a9-4ec1-4fa0-8641-5d9f386c7309
COVLC Sepsis	How to recognize the signs and symptoms of sepsis, and how vital signs can indicate there is a problem. What role the direct care staff play in reducing the seriousness of sepsis, and recognizing the need to get help immediately if sepsis is suspected in an individual with DD.	24 hours a day - 7 days a week	dbhdscovlchelpdesk@dbhds.virginia.gov to set-up an account
VDH Special Needs Oral Health	Learn strategies to support individuals to improve oral care and prevent diseases of the mouth. Participants will have the information and tools to share with other staff in their agencies and improve overall staff training.	Tuesday May 21, 2024, 10:00 a.m. – 12:30 p.m.	https://us06web.zoom.us/meeting/register/tZMrf-qhqTMsEtaV6JnFc3MHHgIXjn2PbNc2
COVLC My Care Passport & Advocacy Tip Sheets	Training will review the background of the Passport concept, how to complete the Microsoft fillable file, types of information to include in each section, and how the My Care Passport along with the Advocacy Tip Sheets can be used to bridge the communication gap between the community caregiver and the staff in acute care settings to improve care and outcomes for the individual with DD.	24 hours a day - 7 days a week.	dbhdscovlchelpdesk@dbhds.virginia.gov to set-up an account
Urinary Tract Infection (UTI)	The training will review the prevalence of UTI in the DD population, the different types UTI's, the risk factors associated with UTI, signs & symptoms of UTI, treatment, care considerations and possible complications related to a urinary tract infection. When to seek medical health, how to get a clean catch urine sample, and how to handle urine specimens, and how UTI can lead to sepsis.	Thursday June 6, 2024, 1:00 p.m. – 3:00 p.m.	https://events.gcc.teams.microsoft.com/event/ad07768f-d96f-42c4-8358-4cee3911a546@620ae5a9-4ec1-4fa0-8641-5d9f386c7309
Diabetes – Part 1	Diabetes is defined, Pre-diabetes, Type 1, and Type 2. A review of risk factors which contribute to diabetes, hyperglycemia, hypoglycemia. Learn how to identify carbohydrates and the role they play, medical complications, who is at higher risk for developing diabetes and interventions to promote self-management of diabetes.	Thursday June 13, 2024, 10:00 a.m. – 12:00 p.m.	https://events.gcc.teams.microsoft.com/event/90f94bf5-ec57-4c81-a33d-a8186a5fe042@620ae5a9-4ec1-4fa0-8641-5d9f386c7309
COVLC Falls & Individuals with DD	Review the accepts of Falls relating to the intellectual and developmentally disabled population (I/DD). It will cover information on what percentage of individual's with I/DD fall annually, what might cause an individual with I/DD to fall, what medications increase the chances of falls, what to do if a fall occurs and when to seek medical help after a fall.	24 hours a day - 7 days a week.	dbhdscovlchelpdesk@dbhds.virginia.gov to set-up an account