

June 2024

Office of Integrated Health Supports Network

The Office of Integrated Health – Health Supports Network Regional Community Nursing Meetings

“A safe space for nurses to discuss challenges, experiences, and ask questions.”

Goals

- To ensure individuals with intellectual and developmental disabilities are receiving needed services.
- To provide a forum in which nurses (and others) can discuss ideas, challenges, policy needs (e.g. health policies, which affect individuals with IDD, to bring policy needs forward.
- To provide a forum for caregivers to interact with state agency representatives, to express concerns, develop educational tools and resources, and further enhance train-the-trainer models.

Region 1: June 5, 2024

10am - 12:00pm

<https://events.gcc.teams.microsoft.com/event/t/815551e2-e002-4a9d-89fe-d706a511b463@620ae5a9-4ec1-4fa0-8641-5d9f386c7309>

Community Nurse Leader:

Kevyn Burn- kburn@wallresidences.com

Region 2: June 19, 2024

10am - 12:00pm

Meeting Cancelled Due to State Holiday

Feel free to attend another regional meeting in June which might fit your schedule.

Community Nurse Leader:

Beatrice Claiborne - bclaiborne@mycri.org

Meetings Dates

**Regional Nursing Meetings
will continue to be held
virtually until further notice.**

Region 3: June 21, 2024

10am - 12:00pm

<https://events.gcc.teams.microsoft.com/event/062922a6-7395-4049-8061-b9c268131e39@620ae5a9-4ec1-4fa0-8641-5d9f386c7309>

Community Nurse Leader:

Teresa Berry - rnttb1@aol.com

Region 4: June 10, 2024

11am - 1:00pm

<https://events.gcc.teams.microsoft.com/event/ed6bb6a9-2ba1-493f-840b-b6e398de0ca5@620ae5a9-4ec1-4fa0-8641-5d9f386c7309>

Community Nurse Leader:

Jeannette Gholson- jjgholson.thc@gmail.com

Region 5: June 24, 2024

10am - 12:00pm

<https://events.gcc.teams.microsoft.com/event/72d84909-a9b2-4b8d-82fe-d8ce6e89f27c@620ae5a9-4ec1-4fa0-8641-5d9f386c7309>

Community Nurse Leader: Marcia A. Lindsay-

Brothers - mbrothers@chesapeakeibh.net

Virtual Meeting Platform:

- As of November 1st, 2023, the Regional Nursing Meetings will be conducted in the Microsoft Office TEAMS Webinar virtual platform. Registration will continue to be required to receive the meeting URL link, password, and phone access to each meeting. Registering using the URL link prior to the meeting date is recommended to avoid technical issues the day of the meeting.

Presentation:

- This month we will not have a guest speaker. The topic for open discussion will be on free summer time activities for individuals with IDD.

Issues and Concerns Relevant to each Region:

- Open Group Discussion. Please feel free to share general issues or concerns you may be having, to obtain suggestions, resources and feedback from others. The meeting is a safe and supportive place for those providing care to individuals with IDD. Please do not share any personal health information about any individual.

Monthly CNE Opportunity: OIHSN Health & Safety Alert Review and Discussion:

- This month there will not be a CNEs topic. FREE CNE topics will resume in July 2024. To receive **1 FREE CNE**, you must attend the meeting and return the quiz/evaluation by email, fax, or text. Just scan or take a picture of your completed quiz with your smart phone, and text or email it to your regional RNCC, with your name and email address clearly displayed. Your CNE certificate will be emailed directly to you.

NOTE: Anyone can attend the Regional Nurses Meeting of their choice. You do not have to attend the Regional Nursing Meeting where you work or reside. Simply register with the link provided to attend.

The Office of Integrated Health Supports Network Registered Nurse Care Consultants

Tammie Williams: Community Nursing Education Lead- tammie.williams@dbhds.virginia.gov

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ALZHEIMER'S ASSOCIATION®

June is Alzheimer's and Brain Awareness Month

Each June, Alzheimer's and Brain Awareness Month is recognized as a time to raise awareness about Alzheimer's disease and other dementias.

On June 21st people around the world will be joining in fundraising activities to fight the darkness of Alzheimer's disease. The name of the campaign is the "Longest Day" held on the summer solstice which is the longest day of sunlight each year.



To find out more go to the Alzheimer's Association at <https://www.alz.org/abam/overview.asp#takeActionBox>

Dementia in adults with intellectual and developmental disabilities will generally be the result of Alzheimer's disease, but they may also have dementia due to other causes.

Early signs may include changes in health, with the possibility of developing later-age seizures. Other changes may include the loss of skills for dressing, self-care, and completing multiple-step tasks. Loss of language skills and memory are other signs that changes may be connected to dementia.

Speak to the individual's primary care provider (PCP) about any changes in condition which might be dementia related.

Some helpful links:

- The U.S. Department of Health and Human Services (HHS) - [health.gov](https://www.health.gov).
- The U.S. Department of Health and Human Services My Health Finder - <https://www.health.gov/myhealthfinder>
- Healthy People 2030 - <https://www.health.gov/healthypeople>

Announcing a NEW COVLC Training

Recognizing Changing or Declining Health & Medical Emergencies Among Individuals with DD

Email dbhdscovlchelpdesk@dbhds.virginia.gov
to set up a FREE Commonwealth of Virginia Learning Center Account

Please join OIHSN in welcoming our three new Registered Nurse Care Consultants to the RNCC Team:



Brenett Dickerson – Region 2

Carrie Browder – Region 3

Bridget Kopf – Region 4



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Tammie Williams: Community Nursing Education Lead- tammie.williams@dbhds.virginia.gov

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